



CAMP ECHO LAKE TRAIL SUMMER 2013

As of May 15, there are 37 days until Summer 2013 begins at Camp Echo Lake!!!

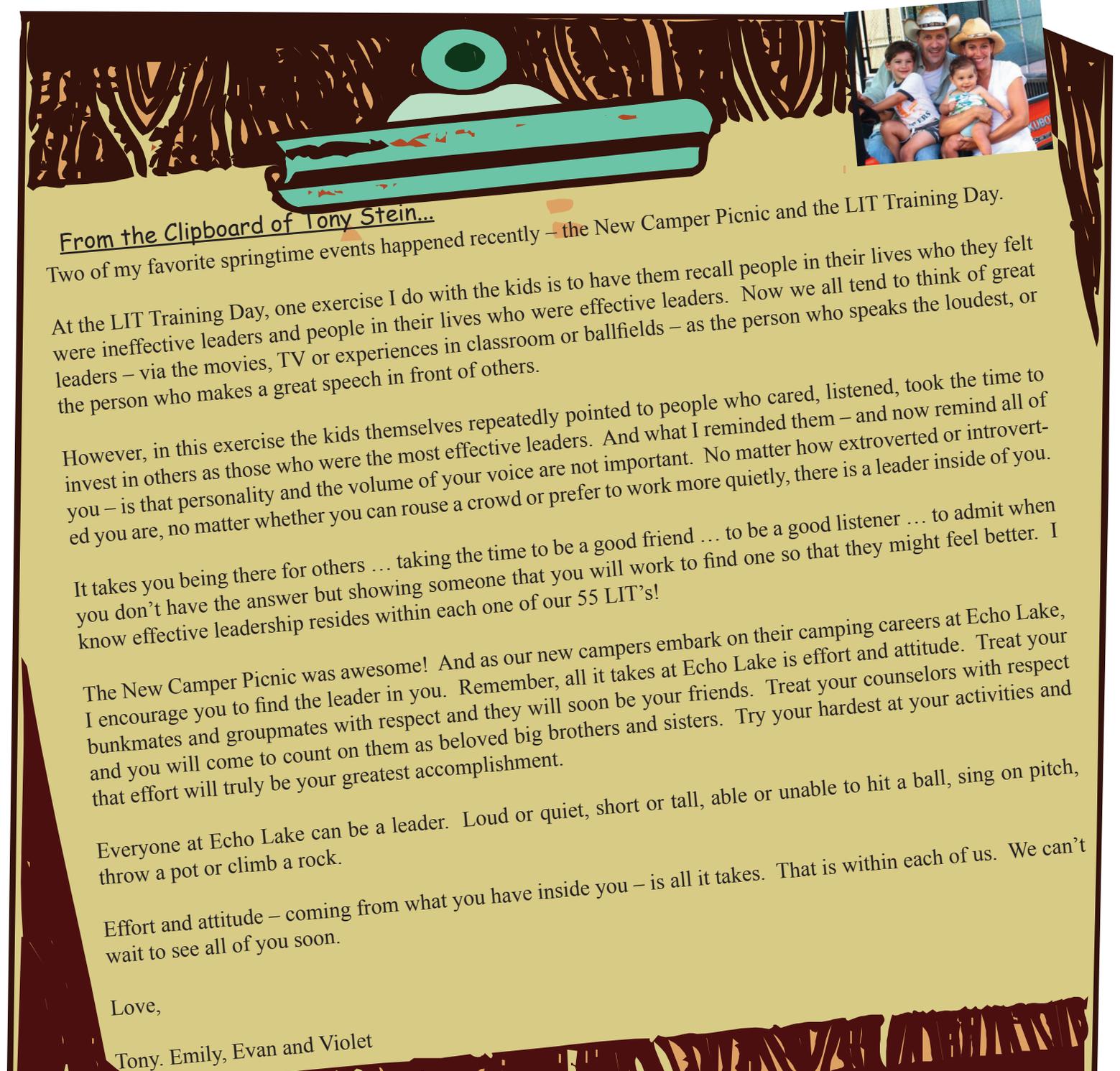


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From the Clipboard of Tony Stein...

Two of my favorite springtime events happened recently – the New Camper Picnic and the LIT Training Day.

At the LIT Training Day, one exercise I do with the kids is to have them recall people in their lives who they felt were ineffective leaders and people in their lives who were effective leaders. Now we all tend to think of great leaders – via the movies, TV or experiences in classroom or ballfields – as the person who speaks the loudest, or the person who makes a great speech in front of others.

However, in this exercise the kids themselves repeatedly pointed to people who cared, listened, took the time to invest in others as those who were the most effective leaders. And what I reminded them – and now remind all of you – is that personality and the volume of your voice are not important. No matter how extroverted or introverted you are, no matter whether you can rouse a crowd or prefer to work more quietly, there is a leader inside of you.

It takes you being there for others ... taking the time to be a good friend ... to be a good listener ... to admit when you don't have the answer but showing someone that you will work to find one so that they might feel better. I know effective leadership resides within each one of our 55 LIT's!

The New Camper Picnic was awesome! And as our new campers embark on their camping careers at Echo Lake, I encourage you to find the leader in you. Remember, all it takes at Echo Lake is effort and attitude. Treat your bunkmates and groupmates with respect and they will soon be your friends. Treat your counselors with respect and you will come to count on them as beloved big brothers and sisters. Try your hardest at your activities and that effort will truly be your greatest accomplishment.

Everyone at Echo Lake can be a leader. Loud or quiet, short or tall, able or unable to hit a ball, sing on pitch, throw a pot or climb a rock.

Effort and attitude – coming from what you have inside you – is all it takes. That is within each of us. We can't wait to see all of you soon.

Love,

Tony, Emily, Evan and Violet

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Hi team,

It has been a rather dastardly winter and May feels pretty delicious. As I look out my front door and see the forsythia and daffodils and magnolias I get very excited. Another happy harbinger of spring is our New Camper Picnic. If that doesn't rev me up nothing could. I see excited, sometimes slightly nervous first year campers and overjoyed moms and dads. Parents keep telling me how happy they are and how comfortable they feel that they chose Echo Lake for their precious offspring. Believe me, we feel very honored that they did. They enlarge our joyful family and make it even richer than it already is. Oh, what a feeling!

Factor in the faces of Echo Lake alums who are excited out of their minds (just like me) that their boys and girls are following in their footsteps. Sometimes "you can go home again." 68 years of the same family at the same stand! Oh, what a feeling!

In just a few weeks I will be up at camp laboring in the vineyard, so to speak, planting red, pink, yellow sprouts which will, with the blessings of some Adirondack sun, be ablaze with glory to greet campers new and old on June 22 and their parents new and old on Parents Day July 13. Oh, what a feeling!



I can hardly wait to see you all at the best place in the whole wide world!

Much love, Amy



I love this time of year. The world is waking up and things are coming to life. Buds appear on trees, songs on the radio make you want to sing and dance. At camp things are being built, painted, planted and cleaned. It's as if everything blossoms in excitement of the summer to come and you feel more connected to everything around you!

This time of year gets me thinking about connection: connection to our families, our friends, and of course to camp. One of the most important life skills a person can have is the ability to truly, authentically, genuinely connect with others. It is through connection that we learn empathy, allow ourselves to be vulnerable, and live in the reality that we are not alone in this world. A person's ability to make real connections with others is helpful in preventing anxiety, depression, and feelings of worthlessness. In Tim Elmore's blog he says, "76% of students acknowledged that they "tried harder" on projects when they knew the teacher liked them or knew them well. 47% reported they possess apathy toward assignments when they don't care about the teacher or feel the teacher doesn't care about them." Connection motivates us, grounds us, helps us learn about others, and teaches us about ourselves. It is crucial to the healthy, successful growth and development of every human being.

Connections do not always come easy. Making connections is a skill that must be practiced, observed, and improved on. Eye contact, reciprocal conversation, and finding common bonds are the building blocks of connections. If connections don't go well, you learn to try a different technique or to connect with a different person that might be a better friend fit for you. These are tasks that are much more successfully done face to face, and not through texting, Facebook, or the phone. It is such an important life skill that we must put attention on and intentionally practice the art of connecting with others.

Camp is a place built around the importance of connections and practicing the skills needed to form relationships. Our alumni will tell you that their closest and most impactful friendships came from camp. At Echo Lake we have beautiful facilities, stellar program, and tons of camp spirit but the keystone to our "Echo Lake magic" is focusing on the importance of creating connections. Everyone at Echo Lake spends the summer interconnected to the community of camp. It's all done live and in person too. This will not only make the summer incredibly fun but will also help teach the relationship building skills that we need to create connections. I can't wait for camp. I look forward to everything blooming, to showing spirit, to singing at a campfire, and to making connections. What an incredible way to spend the summer... Being part of a community where focus and attention is placed on the importance of connections and relationship building skills will make you happier all year round! That's the Warm Inner Glow of Echo Lake. In fact, it's the Warm Inner Glow of Life! Bring on summer!!!

Love, XOXO, and S'mores, Laurie

CEL PRIDE... WORLDWIDE!!!

In our newest edition of **CEL Pride... Worldwide** we have FOUR terrific examples of campers and staff showing their camp spirit. From Washington DC, to New Zealand, to Greenwich, CT, all the way to Montreal, Canada it is clear that love of the Lake knows no bounds! If you have any of your own submissions for this super section of the Trail please email them to matt@campecholake.com.

Who says don't play with your food! Check out **Sara Jewel** getting creative with some alphabet noodles around the dinner table in The greater DC area! What an awesome example of CEL Pride!!



New second generation camper **Paige Goldring** can not wait for her first summer at the Lake. Here she is in her home in Greenwich showing off her CEL duds. Very cool Paige!



4n4 staff member **Corey Begly** went all the way to New Zealand in search of some CEL themed basketball kicks... or maybe it was to visit the great **Matt Hosking**!

Renee Pearl is no stranger to CEL Pride. No surprise to see her rocking these awesome Echo Lake shades in Montreal. We're beyond thrilled to have her back at camp for Summer 2013!



Hey Guys!

As I type this I bet all of you are getting so excited for June 22nd! Spring has finally arrived in Warrensburg and I have to say things are coming together nicely. The familiar sights and sounds are filling up camp and it's starting to look like the place we all know and love. Soon the nets on the hoops will be up, the trees will bloom, and pollen will be everywhere!

It never gets old watching camp wake up from a long winter. We have a whole bunch of eager staff coming up soon that will help us get camp looking great. Darren and the maintenance crew have been going full throttle to get all the new buildings and renovations finished. It's nothing short of a miracle all the work they do to get camp looking great for you guys. I can't wait to see you all in a few short weeks!

Stay Gold,

JP

ADIRONDACK FUN FACT: Did you know that this year is the 10th anniversary of Lake George's Elvis Festival? From May 29th to June 2nd over 5,000 people flock to Lake George to watch and judge hundreds of Elvis impersonators!

From the Desks of...

Brenda



Senior Village Director

At this time of year I often finding myself worrying about everything that has to be checked off my on-going 'To Do' list before I head to camp. If I stop thinking and worrying about how to get it all done – and just start doing it – I am much less stressed because the anticipation is far more daunting than the actual list of tasks! I now also see my own kids worrying about how to juggle school, athletics, extra-curricular activities, end of the school year events and finding time to just relax and be a kid. I realize that we all need to find a way to let go a little bit, and I think the following story illustrates exactly what I'm trying to say...

A psychologist walked around a room while teaching stress management to an audience. As she raised a glass of water, everyone expected they'd be asked the "half empty or half full" question. Instead, with a smile on her face, she inquired: "How heavy is this glass of water?" Answers

called out ranged from 8 oz. to 20 oz.

She replied, "The absolute weight doesn't matter. It depends on how long I hold it. If I hold it for a minute, it's not a problem. If I hold it for an hour, I'll have an ache in my arm. If I hold it for a day, my arm will feel numb and paralyzed. In each case, the weight of the glass doesn't change, but the longer I hold it, the heavier it becomes."

She continued, "The stresses and worries in life are like that glass of water. Think about them for a while and nothing happens. Think about them a bit longer and they begin to hurt. And if you think about them all day long, you will feel paralyzed – incapable of doing anything.

Now here is where I write advice that I struggle to follow myself! It's important to remember to let go of your stresses...put all your burdens down. Don't carry them with you constantly. Remember to put the glass down! Also, don't be afraid to pass your glass to someone else every now and then. Your friends and family are there to help carry 'your glass' when you have been holding it for too long.

As we all wrap up the school year, and juggle 5, 10, 15 balls at once, remember to put down your worries. And as amazing (and as close to perfect) as camp is, there may be worries there, too. Remember that there are countless people there to remind you to put down your glass and then give you a big hug!!

By the time you read this, I will have checked off most of my list and be waiting for you to get to camp for the most amazing summer yet!!

Until then... Lots of Love & Big Hugs, Brenda

Jacko



Program Director

What an exciting time of year with camp just around the corner. I don't know about you but it makes me want to sing! Only two camp songs make regular appearances at evening line-up. For this debate we have **The Tooth Losing Song vs Happy Birthday CEL Style!** Our guest debater will be none other than Sarah Giacomini, our Senior Village Girls Head Counselor and the songbird of her generation... truly the voice of an angel. Let the Debate Begin!!!

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It's no coincidence that we chose the CEL Birthday song to lead the charge on everyone's favorite day...
The reason I love the Tooth Losing Song is plain and simple... we hardly ever get to sing it in Senior Village! That makes it even more special to me because it's always a treat when I hear it at Evening Line-Up. Plus, each lost tooth, whether it happens in Senior Village or Main Camp, brings us one point closer to winning the Greater Adirondack Tooth Losing Competition! Friendly competition between other camps (even over something as small as a lost tooth) is always great to see. I look forward to Tony announcing the score updates at Line-Up and seeing how Echo Lake is doing. So bring all those loose teeth to camp and maybe Summer 2013 will see Echo Lake finishing strong in the Greater Adirondack Tooth Losing Competition!



their own birthday! You only need to look to the song itself to realize all of its true virtues. Where else do you have kings, and queens... and bishops too with a sincere desire to wish you the very best. Laughter in the air... people smiling everywhere... that sounds like a place I want to be a part of! The song isn't even very long! But the best part is the one we save for last. As someone who knows Alex Schiff I can tell you that his presense in this song alone makes it the clear winner of any and all debates. One of our best and brightest!

So which side of the Great Echo Lake Debate do you choose? Is it The Tooth Losing Song ... Is it Happy Birthday CEL Style!!!...
Whichever it is the most important thing is that you let your voice... your singing voice... be heard... because if there is one thing that isn't debatable it's that we all love Echo Lake! Cant wait to see you all in the 12885! -Jacko



SPANNING THE WORLD

Howard Gertler, was nominated this year for an Oscar! He produced *How to Survive a Plague*, which was up for Best Documentary Feature. While he didn't win it was a tremendous experience for him to walk the red carpet and hear his name read when Ben Affleck read the list of documentary nominees before he announced the winner. Sister and fellow CEL alum **Meredith Gertler** was there to root him on as well. The following week ABC announced that they are developing the documentary into a scripted miniseries, with Howard acting as executive producer.

Jacob Berk and Noah Tucker faced each other in an AAU tournament recently. Stories of sachem glory were relived on the court that day for sure.



We got a great **Peters** update from **Frannie D** about what **Roslyn, David** and she were up to. Roslyn (USFSP class of 2016) has earned a 7-week internship with the Vermont Youth Conservation Corps from June 21st - Aug 11th. She will be based out of Richmond, VT. David (UNF class of 2016) will be working in an engineering-related field, which is his major, in the Jacksonville, Florida area. Frannie D is pumped that she will be in Warrensburg/Lake Placid area from Parents' weekend for a week.



Corey Feldman, long time camper and staff, is finishing up his three years of service with the Israel Defense Force. He recently had a reunion with a friend in the south of France to enjoy some skiing.

Jimmy Pitofsky reports that he is relocating from the west coast to the Philly area. He will be Managing Director of Strategic Alliances at the John Templeton Foundation. Jimmy asks if any CEL alums live in the Philly area. He'd like to hear from them.

When it comes to the CEL Universe, the world can be a really small place. **Steve and Leslie Berger** were just in Rome visiting son **Zach Berger**, who is doing a semester abroad. Walking around Rome they ran into **Jenna Libson** and her family and just days later, **Ethan Berman** and his parents. Great stuff!

CELEBRATIONS



Theo Church and Laura Hutchinson, aka Theo and Hutch have great news! Theo recently asked Hutch to marry him on her 30th birthday and she accepted! For both of them Echo Lake is a place they hold so dear in their hearts as it's where they met in the summer of 2004.

Former staff member **Allison Duthie** got engaged in September 2012 to **Joel Goundry** and they are tying the knot in a tiny town in the beautiful prairies of Alberta, Canada this coming August! It was a pretty epic proposal story involving a piano in a field in Golden, B.C..



Passing



Steve Leeds and his sister Sandie attended CEL in the 50's as did his niece **Tracie Shaktman** many years later. He reminds us that his mom, **Shim Leeds**, was so proud to have been the matriarch of a two generation camp family. Condolences to the family on the death of Shim, a proud 94 year old Echo Lake mom and grandmother.





Like "Project Morry"
on Facebook!



Contact Us
Phone: (914) 592-3055,
Email: dream@projectmorry.org,
Website: www.projectmorry.org.

Summer 2013

Our 18th Season begins on Friday, June 28th! Over 350 kids will be making their way to Morry's Camp this summer FILLED with the same nervousness and excitement that all of YOU have! A continued thank you to ALL of our amazing Camp Echo Lake families, staff, alumni and friends who support us in so many ways.

Don't forget to check out our website www.projectmorry.org, or friend us on our facebook page to see what we are up to this summer. What we are up to!

Kids That Give – Spreading the Warm Inner Glow

Whether over the summer or during the rest of the year, our amazing Echo Lake campers keep finding ways to give their time, energy, money, and stuff to Project Morry!! **Danielle Jacobs, Sammy Gold, Sofia Girvin, Emily Rothman, Phoebe Weinstock, Ben Lurie, Margot Present and Max Berenbaum** - thanks to you ALL!

Gifts In-Kind

Project Morry welcomes gifts of "STUFF". Bat and bar mitzvah gift idea are created by folks looking at wish lists of equipment and items that are used both during the school year and the summer. If you are interested in knowing more about gifts in kind simply email dream@projectmorry.org or call 914-592-3055 and Project Morry will supply you with current lists.

Coaches

When a Project Morry child enters their junior year of high school they are assigned a full time mentor known as a Coach. Project Morry Coaches are adults who understand the Project Morry mission, meet the Coach criteria (which includes making a personal commitment of two years, participating in a training session and orientation prior to being assigned to a Project Morry Post Grad and making contact with Project Morry Post Grad at least once a month). They are interested in assisting young adults successfully navigate through the demanding task of finishing High School while preparing them for their post graduation experiences.

Our kids who participate in the Coach program are from the Project Morry communities of the Bronx, Manhattan, Long Island, Westchester County and Fairfield County in Connecticut. Interested? Contact Lori at lori@projectmorry.org or call 914-592-3055. This program, that boasts a LONG list of former Echo Lake alums and parents as participant coaches, continues to insure that our kids achieve their goals. Doesn't get any better than that!

Dare to Dream Event 2013

Nearly 200 Young Professionals joined us on April 25, 2013 at our 2nd annual Project Morry Dare to Dream event. Held at Crimson, it was an evening of celebration, seeing old friends, meeting new ones and all to benefit Project Morry. A GREAT NIGHT TO BE CERTAIN!



A very special "thank you" to everyone who helped make the event possible, including event co-chairs **Matt Jackowitz and Rachel Max**, and the steering committee; **Dani Ackerman, Rachel Andreus, Saul Arvelo, Sheri Askinazi, Adam Baranker, Jackie Brethel, Onyebuchi Chilaka, Dana Jackowitz, Ruth Kleinman, Erica Lazarow, Scott Mayerowitz, Lauren Mirsky, Katie Pfeifer, Alyssa Montalvo, Danielle Parkes, and Meredith Wilk.**

A special thank you to our Event Sponsor, CampSite by EZ Facility, our event liquor sponsor, Stolichnaya Premium Vodka and H & H Purchasing Services for supplying the chipwiches!!



DARE TO DREAM

**APRIL 24th, 2014
@CRIMSON NYC**

SAVE THE DATE!!!

Important Camp Medication Reminders

Camp families must send ALL medications pre-packaged to camp through Group Rx. This does not apply to Canadian campers. The ONLY exceptions for medications are those that Group Rx does not supply (insulin, growth hormone and allergy shots.)

If your camper will need to take medication this summer that needs to go through Group Rx please contact them immediately. To fill out the online registration you can visit <https://grouprx.net/registration>. You can also contact them via phone at (877) 230-6030 to register or get answers to any questions.



Please remember that if you send an inhaler and/or epi-pen to camp with your child (one of which travels with your child on the bus), a back-up inhaler and/or epi-pen must be sent to camp through Group Rx.

Medication for Canadian campers or any medications for camp not supplied through Group Rx should be sent to the attention of the Health Center to be received no later than June 14th.

Any medications sent up to camp in duffels or with campers on the bus will be returned to parents, so that they can be re-sent to camp via Group Rx.

CAMP COMIC CENTRAL

Josh Nadel is back with another edition of “Bunk 29!” He has sent us yet another comic strip creation. The comic you see below depicts another great interpretation of life at CEL. We encourage Josh, and anyone of you that has something awesomely creative to share, to keep it coming!

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New Activity Areas at CEL

We are not quite sure that we can properly express how excited we are about our 3 new activity areas we are rolling out for Summer 2013! Here goes our best attempt!

Gardening - Back by popular demand, we will be opening the CEL Garden this summer. Nestled in our Trek compound, campers will have an opportunity to see fruits, vegetables and all sorts of plants grow throughout the summer. They will also learn how to tend to the garden and develop their green... and gold thumb.



Fitness / Aerobics- Our fitness activities have grown so much in popularity that this summer Fitness/Aerobics will be it's very own dedicated activity period. Here campers will be able to engage in different classes from aerobics to zumba to step classes. Being active is a key part of the CEL experience and this new area will help campers do just that!



Hobbies - Echo Lake is full of campers with a diverse collection of hobbies. From rocketry, to model kits, to legos, to soap box derbys and so much more we figured it was about time we gave these interests a home. This summer we will have a dedicated area for campers to explore and create in ways never seen at camp before. Our Hobby Center in the SV will serve as an innovative hub of hobbies.



2013 LIT Training Day

Bring on summer...On Sunday May 5, Tony, Laurie, and LIT director, Richie B, spent the day with the 2013 Leaders In Training! This summer we will have 55 amazing LITs who will be lead by Richie B., Jake Glickman, Mark Kronenberger, and Vicki Neal. The day was spent talking about the LIT program, inspiring the LITs to be fantastic leaders and role models for camp, and getting them psyched up for an amazing summer.

Our LIT program is a multi-faceted program with many leadership opportunities, including:

- * Working with campers in their groups and activity areas
- * Leading the Mohawk and Iroquois teams in our Tribal competition.
- * Running our Visiting Day Food and Clothing Drive
- * Facilitating our Swimathon and Marathon to benefit Project Morry
- * Participate in the Habitat for Humanity program in Schenectady, NY
- * First Aid and CPR Certification Training
- * College Visits
- * Making a visit to Project Morry,
- * Taking part in leadership training workshops,
- * Organizing our camp library and recycling programs,



We, as a camp, are beyond lucky to have 55 terrific LITs to give back to camp and to lead us!

Staff Bulletin Board

Shout Outs from Our Outstanding Staff!!

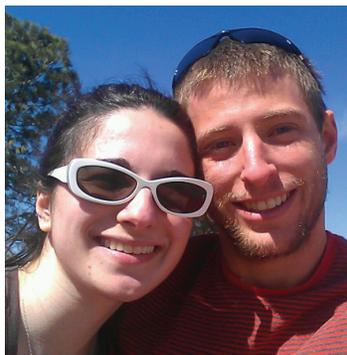


March Madness at CEL! The basketball staff never rests!



Stu and Sara Gold met up with former staff Emma Neville and Ruari McCallium in London for some fabulous catching up.

Adam Heidebrink (4n4 counselor) recently became engaged to Sarah Bruno (Summer 2013, first year staff member!). They celebrated by taking a cross-country road-trip from Phoenix Arizona, through the March blizzards of the Midwest, and ultimately arrived in Northern Pennsylvania, just three short hours from camp, where they are waiting for another great summer to begin!



Tony and Jordan Zides pictured here at Brandeis University last month.



Life long camp friends Corey Frimmer Dockswell, Julie Taubes Hillel, Brenda Levine, and Laurie Rinke had a wonderful dinner and of course talked all about camp, past and present. Julie is a NYC public school teacher, Corey is a director of Wicosuta camp, and obviously Brenda and Laurie are heavily involved with CEL.

Congratulations to our awesome office staff member Laurie West, whose daughter is getting married on June 15th!

The Magic of Camp begins with AMAZING Staff!! Here's a Sneak Peak at the 2013 Echo Lake Staff...

After going through extensive applications, interviews, references and background checks, the stats are in on this amazing bunch of staff for 2013.

2013 Echo Lake Staff Stats

- *Our staff hail from 12 countries, 21 states across the USA, and 4 Canadian provinces.
- *Our staff come from these home countries: USA, Canada, England, Scotland, Ireland, Australia, New Zealand, Czech Republic, France, Poland, Hungary, and Mexico.
- *50% of our staff are RETURNING to CEL for their 2nd, 3rd, 4th, etc... summer on staff!
- *Which means 50% are brand new to CEL to offer their fresh perspectives to camp.
- *The average age of our entire camp staff this summer is 26 years old. The average age of our staff that lives with the campers is 23 years old.

The staff begin arriving at camp in early June and go through staff training that lasts a minimum of 7 days.. Get ready, campers, because the lineup of amazing role models, outstanding coaches, compassionate listeners, super fun comedians, insightful leaders, and all around spectacular staff are ready to give you a BIGGER Warm Inner Glow than you could possibly imagine!

Campers Corner

Exciting News from CEL's Best and Brightest!!!



Jacob Mazie, Max Keiser and Ben Jacob are seen here catching up in Florida over spring break.



Here is a picture of **Sarah Green and Maya Milrod** heading to school in the morning but dreaming of camp!



Florida football in the pool! **Lewis Brandman, Isaac Moss, Joshua Feldman and Michael Feldman** seen here having a blast!



Rachel Bienstock sure does look ready for camp!



Melanie Victor and Maya Scheinfeld were together recently at Maya's house.



Emma Schwartz on her way to a camp themed bday party! Her bracelets say Echo Lake too!



Sam Weisenfeld, Lewis Brandman and Josh Felman were over the moon happy after playing hockey, basketball and baseball the entire day. Sounds like an action packed day at CEL!



Amanda Abbe can't wait for her first summer at CEL! Here she is decked out in her green and gold!



Alexa Goldberg was excited to help **Dani Nierenberg** celebrate her 10th birthday in Montreal!



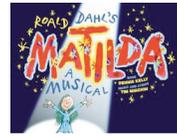
Meet Your Summer 2013 Group Leaders...

Group Leader	Group Leader	Group Leader	Group Leader	Group Leader
 <p>Name: Daniel Bollana Hometown: Albany, NY Age: 21 Years at camp: 1 Currently: Graduated from SUNY Albany with a Bachelors in Anthropology and History. I will be a "1L" at Albany Law this fall! Leadership: I believe that a great leader works to bring the best out of the people they lead. I plan to encourage campers and staff to step out of their comfort zone and try new things with confidence.</p>	 <p>Name: Justyn Calestini Hometown:Castro Valley, CA Age: 22 Years at camp: 1 Currently: I play golf and baseball in between going to Chabot College and being a Notary Public. I'm an Economics Major. Leadership: I think a good leader is confident: a person who conveys confidence towards a proposed objective inspires confidence in others and draws out the trust and best efforts of the team.</p>	 <p>Name: Rob Cooper Hometown:Fort. Lauderdale, FL Age: 23 Years at camp: 2 Currently: Go to Florida Atlantic University, studying Psychology. I teach tennis and I string racquets. I also go skateboarding, paddle-boarding, boating, camping. Leadership: A leader is not only someone who can guide and assist others, but someone who can adapt to new and unknown situations and learn more along the way.</p>	 <p>Name: Rachel Conort Hometown: Columbus, GA Age: 23 Years at camp: 2 Currently: Graduated with a major in business admin. & marketing. Buy kayaks, clothes, & accessories for an outdoor store. I take people on kayak trips, instruct paddle board, & teach repeling. Leadership: Someone with a continuous smile, a relaxed attitude, and one who can still command respect from people, or in this case a group of camp-</p>	 <p>Name: Hayley Beth Curbishley Hometown: Manchester, UK Age: 30 Years at camp: 1 Currently: Teach technology to secondary students mainly Food and Textiles. Run an on-line Textiles business making giraffe tshirts and bunting. Leadership: Getting to know your group and finding ways to bring out their many talents. Give everything you've got as you really will be surprised at what you can do if you put your mind to it!</p>
Group Leader	Group Leader	Group Leader	Group Leader	Group Leader
 <p>Name: Drew FlynnDavis Hometown: Plainview, NY Age: 24 Years at Camp: 3 Currently: Graduated from SUNY Potsdam with a Communications degree in Dec '12. Interned with American Camp Association NY-NJ. Leadership: Someone with a sense of humor, confidence, a positive attitude and the ability to inspire others. A good leader should communicate effectively with his/her team.</p>	 <p>Name: Hamish Grundy Hometown:London, England Age: 21 Years at Camp: 3 Currently: Studying in University, playing tennis in my spare time. Leadership: "Of all the things I have done, the most vital is coordinating the talents of those who work for us and pointing them towards a certain goal." - Walt Disney</p>	 <p>Name: Adam Hotson Hometown:Griffithstown, Wales Age: 29 Years at Camp: 2 Currently: Worked at NHS in the UK as a Project Manager and as a chalet host in a ski resort in France. University in Sept to be a Primary Teacher. Leadership: Clear communication, guiding a team towards the same goal. A sense of humor and the idea that there is nothing we won't be able to accomplish!</p>	 <p>Name: Kaitlyn Jorgensen Hometown: Princeton, NJ Age: 23 Years at Camp: 4 Currently: I am working for Anthropologie. I graduated from Cabrini College and majored in Elementary and Special Education. Leadership: I hope that this summer all my campers and staff will create lasting friendships and memories with one another and consider camp their summer home.</p>	 <p>Name: Mary Ann Lane Hometown:Alpharetta, GA Age: 21 Years at Camp: 1 Currently: Rising senior at the UGA, majoring in Middle Grades Education. I love tennis, traveling, and meeting new people. Leadership: Teach what it takes to work well together in a group/community environment. I can share ways to effectively communicate with and learn from others.</p>
Group Leader	Group Leader	Group Leader	Group Leader	Group Leader
 <p>Name: Michelle Kessler Hometown: Tucson, AZ Age: 23 Years at Camp: 2 Currently: Graduated in '12 in Elementary Edu & have been traveling the world teaching English. Plan on getting a teaching job after camp. Leadership: Brings out the good and utilizes the potential of every member of the team. I am so excited to see what talents and greatness I get to work with this summer!</p>	 <p>Name: James Mahone Hometown: Chesterfield, MI Age: 24 Years at Camp: 3 Currently: Central Michigan U. majoring in Economics' with Minor in Finance. I am a community assistant for Central Mich. students. Leadership: Have the ability to inspire others with confidence & influence others positively. Willing to be a kid and have fun and still hold his or her leadership at the end of the day!</p>	 <p>Name: Amanda Mcilroy Hometown: Watertown, NY Age: 22 Years at Camp: 1 Currently: Receiving my BA in Communication & Social Interaction from Oswego. Leadership: Communicate effectively, be assertive, take into account the perspectives of others. In order for a team to be successful, the members have to feel appreciated and respected, which will lead to a healthier and happier working environment.</p>	 <p>Name: Georgia O'Brien Hometown: Manchester, UK Age: 22 Years at Camp: 3 Currently: Graduating from university where I study International Fashion Marketing. Leadership:A leader should lead by example...their actions should inspire others to dream more, learn more, listen more, laugh more, do more and become more. I hope my co-staff, campers and I can learn from each other and make it another unforgettable experience!</p>	 <p>Name: Kayla Rector Hometown: Parrsboro, Nova Scotia, Canada Age: 23 Years at Camp: 2 Currently: I am a Fitness & Health Promotion student at George Brown College in Toronto, Ontario. Leadership: A great leader is an individual who is capable of working with others, by listening and molding them to reach a common goal.</p>

Meet Your Summer 2013 Group Leaders...

Group Leader	Group Leader	Group Leader	Group Leader	Group Leader
 <p>Name: Caroline Rhodes Hometown: Liverpool, UK Age: 25 Years at Camp: 2 Currently: As a holiday nanny I travel and stay with families on their holiday whilst looking after their children. Leadership: My job takes me to places such as skiing holidays in the French Alps and Disney world. I work with children from 4 months to 17 years old.</p>	 <p>Name: Mark Roberts Hometown: Aberystwith, Wales Age: 25 Years at Camp: 3 Currently: Working in construction and working to become an actor. Leadership: As a leader, one of the ways you show respect is by taking your responsibilities seriously and meeting what is asked of you even if it's an administrative task.</p>	 <p>Name: Todd Seideman Hometown: Short Hills, NJ Age: 23 Years at Camp: 11 Currently: Grad from Ithaca '12. Searching for a job in Health Edu at secondary school. Leadership: Know all group members, build chemistry & make sure your group shares a common goal. "Live your life, take chances, be crazy. Don't wait cause right now is the oldest you've ever been and the youngest you'll ever be!"</p>	 <p>Name: Corey Skipper Hometown: Windsor, Nova Scotia Age: 24 Years at Camp: 1 Currently: Major in biology and focus in marine genetics at Acadia U. Working as a gymnastics and cheerleading coach. Leadership: People naturally gravitate towards you and look to you for direction. Gain respect by giving it, not demanding it is key. The best leaders are those who aren't trying to lead, but fall into the role naturally.</p>	 <p>Name: Sean Weber Hometown: West Palm Beach, FL Age: 32 Years at Camp: 1 Currently: English teacher. Formerly an English teacher in Korea. Leadership: A great leader is a great listener. Allowing oneself to understand the people around him or her can make a great leader.</p>
Group Leader	Group Leader	4n4 Trip Leader	4n4 Trip Leader	Leadership Stats for 2013
 <p>Name: Jane Wither Hometown: Chesterfield, MI Age: 21 Years at Camp: 2 Currently: Rising senior Michigan State U, studying psychology & sociology. Leadership: Understands everyone as an individual and is always open minded to change and different perspectives. I hope the campers and staff have an amazing, memorable summer and that they can learn just as much from me and I from them.</p>	 <p>Name: Julie Zucker Hometown: Montclair, NJ Age: 20 Years at Camp: 11 Currently: Studying Communications and American Culture at the U of Michigan. Leadership: A great leader is someone who can see the positives instead of the negatives, someone who can bring out the best in those around them and most importantly, know how to balance fun and responsibility.</p>	 <p>Name: Robin Smith Hometown: Auckland, NZ Age: 27 Years at Camp: 5 Currently: Outdoor instructor in NZ. Instructing children in outdoor activities such as rock climbing, biking & kayaking. Leadership: I aim to give the 2013 4n4 campers the best summer of their lives!! Help the campers learn about themselves & others, as well as learn to appreciate the beautiful country they live in.</p>	 <p>Name: Ronnie Willians Hometown: Austin, TX Age: 29 Years at Camp: 9 Currently: I am a Visual Merchandiser. I currently work in the retail store Anthropologie. Leadership: A great leader is someone who doesn't think they know everything and has the ability to delegate, is honest, inclusive and can communicate effectively.</p>	<p>The 2013 Group Leaders, 4n4 Trip Leaders, and LIT Leaders hail from 9 states across the US, Canada, the United Kingdom, and New Zealand. The leaders listed on these pages are an average age of 24.4 years old, have a collective 117 years of CEL experience and have been at CEL an average of 4 summers! One thing they all have in common is that they are chomping at the bit to get to camp and start leading their groups of campers and staff in the summer experience of a lifetime!</p>
LIT Head Counselor	LIT Group Leader	LIT Group Leader	LIT Group Leader	LIT Group Leader
 <p>Name: Richard Beaudoin Hometown: Niagara, Canada Age: 31 Years at Camp: 8 Currently: Certified Teacher currently volunteering at a high school with 10th graders. I also work for a major American wireless company. Leadership: A great leader knows how to bring out the best in everyone around them, I hope to bring out the very best qualities in every single camper and staff member that I work with this summer!</p>	 <p>Name: Mark Kronenberger Hometown: Ardsley, NY Age: 23 Years at Camp: 14 Currently: PE teacher in the Bronx. Leadership: John Wooden's pyramid of success and 7 point creed make an impact on people: "Be more concerned with your character than your reputation, because your character is what you really are, while your reputation is merely what others think you are."</p>	 <p>Name: Victoria (Vicki) Neal Hometown: Plano, TX Age: 23 Years at Camp: 4 Currently: Student teaching this semester, graduating in May from Texas A&M (WHOO!) Majored in Kinesiology. Leadership: I think that camp should be a safe place where everyone (campers and staff) is encouraged to be their BEST selves, and give back to the CEL community while having a BLAST</p>	 <p>Name: Jake Glickman Hometown: New York, NY Age: 22 Years at Camp: 9 Currently: Graduating in May with a degree in finance from the University of Delaware Leadership: A great leader is a person who can make decisions under pressure, use good judgment at all times and know when to step back. They need to listen to those they are leading to learn from them, and to try and find their own weaknesses that they can look to improve on.</p>	 <p>Name: Tara Stoulig Hometown: New Orleans, LA Age: 36 Years at Camp: 13 Currently: Spending time with my husband and kids... traveling, camping, swimming, going to the park. I've been teaching biology and genetics at Southeastern Louisiana U for 8 years. In college I majored in biology for my B.S. and Human Genetics for my Ph.D. Leadership: I hope every LIT will learn something new about themselves.</p>

The Echo Lake Players Present...



Jessica here, the new Theatre Head Specialist for 2013. With great excitement and enthusiasm I am proud to announce the shows for this summer! With Natasha, Sam and Carrick we hope to make this summer a spectacular one for all children involved.

To kick off the summer, the Upper Inters will be doing "Annie"; the well-known musical about the gutsy orphan and her quest to find her real parents. With the world renowned songs such as "Tomorrow" and "Hard Knock Life" the Upper Inters will be acting, singing and dancing their little orphaned hearts out!

To give the Frosh a taste of theatre this year, they will be doing a very small revue called "Summer Holiday" with a group song of the same name by Cliff Richard. The boys will also sing "Come Fly With Me" and the girls "Sunshine Day" by the Brady Bunch.

The Lower and Upper Juniors this year, directed by myself, will be setting sail on a swashbuckling pirate adventure to "Treasure Island" in the 'pantomime type' adaption of the book of the same name by Robert Louis Stevenson. Including your pirate favourites like "Yo Ho Yo Ho, A Pirate's Life For Me" and "Over The Deep Blue Sea" we will soon get the audience joining in...or else ye be walking the plank!

This year the Lower Inters will be taking on the challenge of brand new "Matilda The Musical" which has been running in London and on Broadway! (I would highly recommend seeing it as it was incredible!) The musical is based on the wonderful Roald Dahl novel. The songs in this show, written by Tim Minchin, compliment this story perfectly; with titles such as "Miracle" and "Revolt-ing Children".

And to top off this stupendous summer, for the Benefit Show, we will be doing an all-time classic. "The Wizard Of Oz"!!! We will be thrilled to join Dorothy, the Scarecrow, the Tin Man and the Lion "Over the Rainbow" on their epic adventure "Following The Yellow Brick Road" through the magical land of Oz! We hope to pull out all the stops to make this CEL variation a fantastic success!

We are overwhelmed with excitement to get stuck in with these tremendous performances! We hope you are too and can start getting to know the story and music before camp.

See you soon!



We are looking for books to fill our Laker Library for the Summer 2013! All books should be in good to great condition and be appropriate for readers in 1st to 10th grades. Through the years the Laker Library, masterfully ran by our LIT's, has given campers a tremendous selection of books for them to read during rest hour and flashlight time.

Please feel free to pack your donated books in your camp trunks or carry-on. You can also mail them to camp at the address below prior to arrival day.

Camp Echo Lake - Laker Library
177 Hudson Street
Warrensburg, NY 12885



New Camper Picnic 2013

On Thursday, May 2nd many new campers and their moms, dads and siblings came out to join us for the New Camper Picnic. With the benefit of some truly terrific weather we had an awesome time!

We had relay races, human bingo, name games, and the mostest. We also had lots of laughs, fuzzies, a few May birthdays to celebrate and we even learned the tooth losing song! There was a tremendous spirit in the air! Helping **Tony, Amy, Laurie** and **Jacko** provide a fun time for all our new campers were a stellar band of staff and 2013 LIT's. A big shout out to **all of them** for reaching out to our new campers and helping them feel warm and fuzzy! Great job, guys!

We can't wait to officially welcome all of our new campers to Echo Lake on June 22nd!



Kings and Queens and Bishops too...Wanna Wish the Best to...

Campers...

Melanie Victor	May 15
Carly Kessler	May 16
Henry Statfeld	May 16
Sophie Brett-Chin	May 17
Alexandra Grundfast	May 17
Scott Panasci	May 21
Sydney Krata	May 21
Isabelle Getto	May 22
Jordan Weinstock	May 23
Jack Doremus	May 23
Daniel Shirvan	May 23
Jonas Intner	May 24
Ella Shapiro	May 25
Sammy Brett-Chin	May 27
Rachel Roberts	May 28
Ali Zarr	May 29
Maddie Erman	May 30
Lila Promisel	May 30
Alejandro Gutierrez	May 31
Jared Geller	June 1
Ethan Goldstein	June 1
Ellis Whiteson	June 2

Campers...

Lily Shapiro	June 5
Piper Goldstein	June 5
Elizabeth Wagman	June 6
Alexa Kass	June 8
Olivia Kass	June 8
Elijah McKillop	June 8
Emma Goldstein	June 9
Jillian Lifschutz	June 9
Zachary Lifschutz	June 9
Alec Diamond	June 10
Sydney Frisch	June 10
Jake Miller	June 10
Riley Miller	June 10
Lila Mazie	June 11
Maya Altman	June 11
Emma Satin	June 15
Molly Langer	June 16
Zoe Pigott	June 17
Lila Bortniker	June 19
Adam Margolis	June 21
Lauren Grauer	June 21
Max Lassner	June 21

Staff...

James Lewis	May 16
Clayton Bones	May 19
Ryan Weir	May 19
Bori Balogh	May 20
Louis Volclair	May 20
Todd Seideman	May 21
Dorottya Peller	May 21
Grant Smith	May 22
Jillian Kearns	May 23
Cindy Mahler	May 25
Jaromir Herman	May 29

Staff...

Alexandria Miglin	June 1
Derrek Boisvert	June 7
Bobbi JoFrye	June 11
Kristi Linder	June 11
Richard Bowman	June 12
Rozalia Gluszek	June 12
Corey Skipper	June 13
Attila Tikk	June 13
Brandon Russo	June 14
Danielle Leventhal	June 15
Nick Zaverucha	June 18



Happy Birthday to you, Happy Birthday to you, Happy Birthday dear ____, Happy Birthday to you!

Kings, and queens, and bishops too. Wanna wish the best to you.

So wish day, wash day, what do ya say? Birthday! Happy Birthday to you!

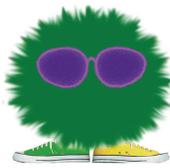
There's laughter in the air, people smiling everywhere. Happy Birthday. Uh! Happy Birthday. Uh! Happy Birthday to you! Uh! Uh!

H and an A and a P, P, Y B and an I and a R, T, H! D and an A and a final Y Haaaaappy Birthday.

This is your birthday song, It isn't very long, My name Alex Schiff, hey!



CAMP ECHO LAKE
3 WEST MAIN STREET
ELMSFORD, NY 10523



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*** DON'T FORGET CAMPER FORMS WERE DUE MAY 1 AND STAFF FORMS ARE DUE JUNE 1!! ***

CAMP ECHO LAKE 2013 SUMMER DATES

CAMP ECHO LAKE 2013 SEASON BEGINS

SATURDAY JUNE 22, 2013

PARENT VISITATION

SATURDAY JULY 13, 2013

CAMP ECHO LAKE 2013 SEASON ENDS

SUNDAY AUGUST 11, 2013

ECHO LAKE IDEA

TUESDAY AUGUST 13–SUNDAY AUGUST 18, 2013