



CAMP ECHO LAKE TRAIL OCTOBER 2008

As of October 24, there are 247 days until Summer 2009 begins at Camp Echo Lake!!!



Winter Address (Before May 21):
3 West Main Street
Elmsford, NY 10523
Tel: 914-345-9099
Fax: 914-345-2120
www.campecholake.com



Summer Address (After May 21):
PO Box 188
Warrensburg, NY 12885
Tel: 518-623-9635
Fax: 518-623-3316
www.campecholake.com





BIG NEWS! We have just received our first registration for the Frosh Boys group of 2015! Evan Matthew Stein, born October 24th at 11:25 AM is already looking forward to meeting everyone at Echo Lake this summer! Evan tilted the scales at 8 lbs 12 ozs and measured 20 1/2 inches. Mom and Dad Stein are overjoyed with Evan's arrival and we can't wait to watch him grow up at Camp Echo Lake!!!



We also wanted to announce that from our birthday contest conducted at the end of camp, four campers picked Evan's correct birth date of October 24th ... Ali Chalfin, Lindsay Eller, Mikaela Norris and Andie Migden. The big winner was Ali, who was only three hours and eleven minutes off the actual arrival time; Lindsay, believe it or not, was off by three hours and twelve minutes! Ali's first place prize will be awarded at the NY reunion in December! (We might even have a second place prize for Lindsay, since she was only one minute from a tie).



In this Issue... October 2008

- * Baby Stein Announcement
- * New Kids On The Block
- * Directors Letters: Tony's Clipboard and Amy's Letter
- * From the Desk Of...Village Directors: Laurie & JP
- * 2008-2009 Off Season Events Calendar
- * Going Green is the New Green & Gold!!
- * Page Six Alumni & Staff Happenings
- * Project Morry: 2008 Recap; Autumn Elegance Info; Swimathon & Marathon; Kids that Give
- * Echo Lake Idea 2008
- * Staff Bulletin Board: Shout Outs
- * Fall for Camp Echo Lake...
- * Campers Corner: Exciting News from the Best & Brightest
- * At Home Do-It-Yourself Activity Areas: Fine Art, Softball, Trek, & Cooking
- * CEL Alumni Reunion 2008
- * Happy Birthday Wishes
- * Important Dates to Remember...

New Kids On The Block

We are SO excited to welcome the following "New Kids on the Block" to the Camp Echo Lake family!!! The following campers will be joining us for summer 2008 and we can't wait for them to experience the magic of camp!!

Welcome to "The Lake"...

Alexa	Asch	Logan	Gross	Ellis	Paull	Morry	Stein
Samantha	Barbara	Dayna	Hornung	Chloe	Perline	Will	Stein
Chelsea	Barich	Jackie	Hornung	Brooke	Perlman	Jonathan	Steinberg
Max	Berenbaum	Jonas	Intner	Jaclyn	Perlman	Sydney	Stewart
Lila	Bortniker	Thomas	Jackson	Zoe	Pigott	Matthew	Templeton
Drew	Brodsky	Ezra	Keiser	Jordan	Pollack	Perri	Thaler
Zoe	Butchen	Sophie	Kellner	Danielle	Pollner	Sasha	Thaler
Noah	Caspar	Lily	Kessler	Margot	Present	Brian	Volk
Hannah	Coleman	Caroline	Kintzer	Justin	Pressman	Sydney	Weber
Sam	Cooperman	Jeremy	Klausner	Jacob	Rose	James	Wechsler
Julia	Davis	Eric	Koenig	Jordan	Rosenberg	Ryan	Weiner
Alec	Diamond	Danielle	Koslow	Danielle	Rosenblum	Alexis	Weisblum
Emily	Dugoff	Brooke	Kozek	Jilly	Rosenthal	Harris	Whiteson
Joshua	Feldman	Jason	Krakower	Samantha	Rothberg	Oscar	Worob
Grant	Fields	Ryan	Krakower	Dylan	Rothstein		
Jack	Getman	Tori	Krieger	Jack	Saperstone		
Thomas	Getman	Austin	Lazarus	Julia	Schwartz		
Noah	Ginsburg	Alex	Leventhal	Olivia	Serlin		
Jack	Goldsmith	Natalie	Lifson	Samantha	Serlin		
George	Goldstein	Ben	Lurie	Lily	Shapiro		
Sydney	Golub	Lila	Mazie	Danielle	Silver		
Jonah	Goodman	Leah	Mazie	Noah	Silverman		
Drew	Grauer	Sarah	Mazie	Justin	Simms		
Jessica	Greene	Adam	Neuburger	Ethan	Sims		
Gabby	Greer	Rebecca	Pall	Liza	Spector		



From the Clipboard of Tony Stein...

It is the fall, and again this year there is major alumni fever going around. On Friday, October 17th, Lauren Ostrin and Steve Solomon put together an alumni bash in New York City. Attendance was well over a hundred alums, spanning several decades of summers in Warrensburg!



It is the coolest thing when a simple exchange of e-mails or photos among alums turns into a great event attended by so many others who all share that common bond of having spent their camping days at Echo Lake!

Connections to Echo Lake new and old - and running into them when I least expect it - is always a highlight for me. To give you an idea of how many people I run into, I'll just mention those from the past few weeks ...

There were the Lutvak boys (Charles, Spencer and their dad Paul), as well as my old camper Eric Levin, who I saw at the Meadowlands for Brett Favre's debut as a Jet. Emily and I then ran into David and Shelley Katz, parents of Caroline, Danny and Jared, while out one night in NYC. Jenna and Jamie Shapiro live in the same 'hood as Emily and I do, so we see them walking around from time to time. And there was Mickey Shapiro, an Echo Lake alum who grew up at camp and ended up being a counselor as well. Saw him the other night as well! Every once in a while on my drive to work, I pass by Arielle Chaifetz's school and I give her a wave hello when I see her (I hope I am not embarrassing her in front of her friends). Emily and I also ran into big sister Sasha one day while we were walking around in Greenwich Village! Corie Weisblum, mom of Jakob and his younger sister Alexis (who will be attending CEL for the first time in 2009), was in the Big Apple celebrating a friend's birthday when Emily and I saw her last week.

And a week or so ago, I even crashed a bowling party at Chelsea Piers, where I hung out with Ben Langer, Graham Kessel, Gavin Jablonski, Matthew Bernstein, Max Paull and Davis Haupt from last year's LJBE! So much FUN!

Is there anything that brightens up your day like seeing an old friend or a new friend from camp? I just don't think so. What is so cool about it for me, is that depending on who it is, I can immediately be transported to the 60's, 70's, 80's, 90's, or 2000's. And sometimes seeing some really little ones, I think about the 2010's! Like who is going to be joining Evan Matthew Stein in the Frosh Boys of 2015?

Enjoy all of your camp connections - they are precious! Enjoy autumn and I can't wait to see all of you in December at our reunions.

Tony

The weather smells of football, the leaves are changing color and I spent the fall (thus far) being a "Helicopter Grandparent". This meant I was hovering waiting for the birth of Baby Stein. Was it a girl - an interesting idea for me. Could it be a boy? I am surely used to boys. Whatever it was I prayed that it would be healthy and come soon. Talk about a Main Event.....wow!

Needless to say, I totally knew that this baby would spend all summers at Camp Echo Lake. So I also knew for sure that the little one would automatically be happy, feel loved and certainly be well-adjusted. This goes without saying! Baby Stein would be so lucky to enjoy great friends, superb staff and the healthy ethic of Our Favorite Camp!

Then (drum roll please).....last Friday after what seemed like an extended wait....Baby Stein emerged - crying, squalling, kicking - a really active little BOY, yes a BOY, another little Stein BOY!!! It was all a surprise, really, because Tony and Emily decided that they didn't want to know the sex of Baby Stein. What self-control!

So it's Evan Matthew Stein the newest of the best and the brightest that populate this amazing camp! Welcome, Evan!

You have been eagerly waiting as you are our extended family who rejoices in each other's big deal events! This was and is a big deal! We're so happy to share and celebrate as that's what a good family does!

Much love to all of you, Grandma Amy



From the Desks of...

Laurie



Main Village Director

Laughter is the shock absorber that eases the blows of life. ~Unknown. It was a Friday night and I had only been home from camp for about a week. I was out with a friend wearing an outfit I really liked. There I stood in the median on 79th St in NYC, waiting for the green light when my friend said, “hey we should step back from that puddle.” Not a split second after that sentence was out of his mouth, a very fast moving car drove through the gigantic puddle of recently deposited rain water mixed with street grime and doused me from head to toe. I looked like I had just gone swimming. I was soaked, dirty, and quite surprised. My friend and a few others on the street looked at me in horror waiting to see my reaction. I’m sure they anticipated anger, frustration, disgust, and maybe even tears. What came out from the depths of my soul was unstoppable laughter. Not just a chuckle mind you, but body shaking, uncontrollable, uproariously loud laughter. I’m not sure why I found it so funny as there are many other valid reactions when you are on your way out for the evening and get completely drenched with filthy water from the street, but there I was practically rolling on the ground in hysterics. I’m laughing out loud right now just thinking about it!

At the height of laughter, the universe is flung into a kaleidoscope of new possibilities. ~Jean Houston. Research has shown health benefits of laughter ranging from strengthening the immune system to reducing food cravings to increasing one’s threshold for pain. There’s even an emerging therapeutic field known as humor therapy to help people heal more quickly and find more happiness. Humor also has several important stress relieving benefits. Laughter reduces the level of stress hormones, increases the number of antibody-producing cells and enhances the effectiveness of T cells. Laughter provides a physical and emotional release. Not to mention that a good belly laugh exercises the diaphragm, contracts the abs and works out the shoulders, leaving muscles more relaxed. It even provides a good workout for the heart. Laughter creates distraction in difficult times, provides perspective in tricky situations, and has the magical effect of connecting us with others. On top of all of this, laughter feels good, uplifts your mood, and creates fun memories that you hold on to for life!

What soap is to the body, laughter is to the soul. ~Yiddish Proverb. Think about camp and your favorite summer memories. I would bet that most of these memories contain some laughter. Think about a time when you laughed so hard that your eyes watered, your abs hurt, and you felt like you could not stop laughing no matter what. I bet that felt amazing and positively affected how you felt all day. My question is, if laughter feels so great and impacts us so positively, wouldn’t we want to find ways to increase the laughter in our lives?! Let me be clear, however, even laughter has a time and place. There are times when laughter is not appropriate and can even be offensive. Also, laughing AT someone (i.e. making fun of someone or making a person feel badly) is never ever fun, funny, or OK. That said, laughter can bring such joy to every one of us and help to turn a potentially upsetting situation into an opportunity to find perspective and to grow.

The most wasted of all days is one without laughter. ~E. E. Cummings. At camp, laughter seems to be a built in part of our daily schedule, from line ups to bunk time to silly things that campers and counselors do and say. Over the summer we embrace laughter as part of the camp magic and boy does that feel great! I encourage you to continue to embrace that magic all year long and find laughter in your life every single day. Share jokes, watch comedy, smile just for fun. Think about situations differently and don’t be afraid to laugh at yourself. In those lucky moments when you find yourself laughing, don’t censor yourself, let it rip! I think the world might be a little better if we all took more time to embrace laughter. Here’s hoping that when you are standing on a street corner and unexpectedly get soaked, that you too will find a way to laugh out loud! *A laugh is a smile that bursts. It is a spark to the soul. ~Mary Waldrip*

Hugs and Kisses always, Laurie

JP



Senior Village Director

The Village Voice

Hey everyone! It’s been a while since I said “GOOD MORNING SENIOR VILLAGE!” I sometimes say it at home but Nelson is the only one who responds. It takes a while to adjust back to “the real world”. I guess it’s taking me a bit longer than normal!

So, I hope everyone is enjoying this wonderful fall weather. It may be difficult watching it through a classroom window or perhaps an office window. I’ve been busy on the weekends apple picking, making pies, and going on fall foliage trips...O.K., I’ll be honest, I spend most of my time sitting on my couch taking in as much football as possible! I usually have a good cry after I watch my Browns play on Sunday. It’s sad I know....

Have you guys had a chance to flip through the Trail and look back at all the great times we had up in Warrensburg? It brings back lots of great memories for me. Things around here have been quiet compared to camp but that will soon change again as the summer gets closer. I can’t wait to see you all at the Reunion!

Stay Gold,
JP

Camp Echo Lake 2008-2009 Off Season Events Calendar

**Save the Dates and JOIN US for the following Camp Echo Lake Off Season Events...
Don't miss out on the fun! Details to follow.**

Montreal Reunion

Sunday December 7th, 2008

New York Area Reunion

Saturday December 13th, 2008

Senior Village Winter Weekend

Saturday January 24 – Sunday January 25, 2009

Main Village Winter weekend

Saturday February 28 – Sunday March 1, 2009

New Parent Night

Wednesday April 22, 2009

New Camper Picnic

Thursday May 7, 2009

Camp Echo Lake 2009 Season Begins

Saturday June 27, 2009

Parent Visitation

Saturday July 18, 2009

Camp Echo Lake 2008 Season Ends

Sunday August 16, 2009

Echo Lake Idea

Tuesday August 18 – Sunday August 23, 2009



Going GREEN is the New Green & Gold!!

In addition to passion for Fuzzies, Tribal, and Big Al, this summer the Echo Lake community added major passion and excitement for GOING GREEN! Here's a quick fact: Just by using recyclable red baskets instead of using Styrofoam plates at lunch this past summer we saved over 30,450 Styrofoam plates from ending up in a land fill! WOW!!! Reducing the use of Styrofoam products was just one of the many steps that the campers and staff took towards making Echo Lake a more environmentally friendly place to live and play.



By successfully adding motion detector lights in common areas, reducing garbage, and recycling paper/office materials, cans, and bottles, we made simple changes that had a large impact on the planet and all of us at camp. The 2008 LIT's did an amazing job of not only collecting soda cans (the deposit money benefited the Echo Lake Idea) but also inspiring all of the campers to be more aware of environmental issues and the ways they can make a positive change in their behavior for the good of the planet. Forget Mohawk or Iroquois, everyone wins when we go green!



Another successful "green" initiative was asking our camp families to donate books so we could create an Echo Lake library. Again the 2008 LIT's stepped up to the challenge and put together the first annual camper named "Fuzzy Wuzzy Library." Campers were able to utilize a growing collection of books, magazines, and fun resources. The LIT's helped to reuse donated books, shelves, and furniture to create a fun place for campers to read and enjoy.



Thanks again to all of our 2008 LIT's, campers, and staff for all the hard work and dedication to such a great cause as going green. Remember to find ways to continue to reduce, reuse, and recycle at home and school and hold on to your recyclables because we plan on adding even more green initiatives to camp for summer 2009!!!



Page Six

Alumni & Staff Happenings



***Alumni...turn to page 14 for pictures & a recap of the Oct. 17 CEL Alumni Reunion in NYC! Don't miss it! Spanning the World**

I wanted to update you on a get together I had with the English ladies from summer 05. This was our first reunion since we were all at camp together and it was fantastic. The spirit of camp was very much on our lips because we all have such amazing memories that bind us together. We reminisced about the love, fun and amazing people that touched our lives. Camp is such a special place to have that effect on thousands of people all over the world. **—Katy Akinson**



I was working as an Art Specialist in 1998. I have repeatedly recounted that summer as one of the best summers of my life as it was an amazing and rewarding experience as much for the counselors as I believe it is for the campers. I walked away from that summer having gained life-long friends and memories to carry with me for just as long.” **- Cortney Van Jahnke**

Andi Saxe Castillo and Andee Springer Bassel, Echo Lake alums from the 60's and early 70's reunited at CEL this summer having not seen each other for more than 25 years! They toured camp with their husbands and Andi Castillo's daughter in tow. They loved seeing the “old” camp they remembered along with newer buildings and the swimming pools, finding old bunk and tribal plaques, and visiting with Amy Stein and other staff members. Talk about “Memories of Echo....” Glenn Begley made an appearance too and filled them in on former campers they all knew and all the changes made to camp since they were there. A GREAT time was had by all and both Andreas highly recommend a similar walk down memory lane to any alums that haven't visited Echo Lake in a while. **-Andrea Saxe Castillo** (a Mohawk through and through!)

An alumnus, **Craig Ostrin**, is a sophomore at Washington University in St. Louis where the first US Presidential debate was held this year. Craig wrote two articles relating to the debate that were published in Wash U's student newspaper, “Student Life.” Nice job, Craig!

A lovely dinner dance was held at The Lodge, CEL's off-season banquet hall located at the Senior Village, in honor of **Ken and Claire Demas** on August 24. Ken and Claire, yet another wonderful WE-MET-AT-CAMP-COUPLE now live in Wevertown, NY just up the road from Warrensburg. The dinner was for no good reason except that they felt like celebrating! Echo Lake alumni at the event were **Corey and Colin Demas, Linda and Jason Quitoni, Vicki Kaunitz, Campbell and Henry Campbell, and Amy Medine Stein**. Our very talented kitchen stuff outdid themselves in the food department!



Nanci Levi Hellinger visited with **Ivy Ostrin Delaney** and had a great time! **Lauren Ostrin** joined the group, as well as, kids **Ruby & Rowen Delaney and Matthew & Scott Hellinger**.



Passings: Our deepest sympathies go out to **Daniel Zezulinski** and his family on the recent passing of his mother, Ruth.



Alumni & Staff Happenings



Celebrations



On May 24 alums **Josh Male** (director of Gatehill Day Camp) & **Ali Muskat** tied the knot! After a heartfelt wedding ceremony the wedding reception featured a performance by a Guns N Roses cover band. Attendees included **Jake Muskat, Jenny Muskat, Lori Rothstein, Victoria Venantini, Laurie Rinke, Michelle Rinke, & Lindsey Cohen**. This wedding truly rocked!

On July 5 **Jason Weingast** married **Megan Gilman** on the top of beautiful Vail Mountain in Colorado. Sister **Keri Weingast Greenseid** was in the wedding party. Jason, who started a company with his bride, called Active Energies, Inc (an energy consulting firm), has been living in Vail for 10 years. The day after the wedding Jason and Keri ran into **George & Mary Stein** in the town of Vail. Best wishes to you both!

Former Group Leader, **Michele Belanger** & former Trek Director, **Alun Young**, got married this summer in Canada, after meeting & falling in love on staff at Echo Lake!

On August 30 at the Hammerstein Ballroom, **Joe Appelbaum** married **Lindsey Douglas** in a stunning affair. The wedding was unbelievable, 350 guests, 16 gospel singers from New Orleans, gorgeous flowers, & an amazingly good time. Echo Lakers in attendance were **Amy Medine Stein, Eric Stein, Michael Cohen** (whose wife was 9 months pregnant), **Michael & Abby Oringer, Doug Oringer, Marshal Salomon, Noah & Margaret Cooper, David, Josh, Jeremy, & Shane Applebaum, Adam Roberts, Becky Zichlin, Emily Levine Preceruti, David Heim, Keith Klein, Tom & Michele Coleman, Peter & Nancy Saperstone, Jeff & Andi Ackerman, Dawn Ewing, & Gillian Dinstein**, part of the party planning team. Wonderful news, Joe!

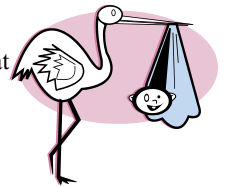
On a gorgeous sunny day in East Hampton, NY, former camper, counselor & former SV Head Counselor, **Julie Taubes** said, "I do" to **Guy Hillel** on the beach, by the ocean. In attendance at this chic wedding were camp friends **Margie Cader, Claudia Levine, Allison Klein, Lauren Ostrin, & Laurie Rinke**. Mazel tov, Julia!

Kimberly Dennin & her long time boyfriend, **Chris**, are engaged! In June, Chris took Kim on a hot air balloon ride & proposed. Kim also just recently completed her first half marathon & is planning on running the full marathon in Philly this November! Wonderful news, Kim!

This past August, **Lauren Goldberg's** boyfriend, **Nick** proposed at sunrise on top of Cadillac Mountain in Acadia National Park in Maine during their camping vacation. Mazel tov on your engagement, Goldie!

Campers 20??

Alums **Michael & Carol Rinke** are thrilled to announce the birth of their second son, **Noah Jonathan Rinke**, born on May 13 at 6:08PM. He weighed 8lbs 6oz. Big brother, **Coby**, is doing great! He & aunts **Laurie & Michelle** could not be more proud!



Scott Penner & Rebecca Rakow-Penner gave birth to **Benjamin Joseph Penner** on June 16, 2008.

Clayton McCook & his wife, **Cindy**, are proud to announce the birth of their daughter, **Elizabeth Fallon McCook**. She was born on June 18th & weighed 7 lbs. 4 oz. They are still living in College Station, Texas.

Joshua Maynard Babby was born on June 24 shortly after 7:00 am. He weighed 6lbs, 15 oz. Parents, **Jill & Ken Babby** are doing well. **Lon & Ellen Babby** are thrilled to be grandparents!

Rhoda Reisman Alexander (**Ellen Babby's** twin sister), emailed us recently to say that her son, **Jamie Schouela**, who spent 7 years at The Lake, recently had his first child, a girl, **Claire Olivia**, & that has made Rhoda a grandmother for the first time!

Ari Logan Frimmer was born on July 3rd at 7:57am. Weighing in at 8lbs. 6 oz and 19 1/2" long. Dad, **Ben**, mom, **Heather**, & big brother, **Jonah** are all on top of the world. Ari and Jonah's alumni aunt, **Corey Frimmer Dockswell**, and alumni grandmother, **Joan Frimmer** are over the moon.

Alumni **Dan O'Leary & Jacquelyn MacDonald O'Leary**, who met at CEL, gave birth to their first son, **Owen James O'Leary**, on July 10! Aunts **Jamie & Julia MacDonald & Jen & Maura O'Leary** (all Echo Lakers as well) could not be more thrilled!

After 40 hours of labor, **Amy**, wife of **Eric Falkenstein** gave birth to **Elijah Max**, weighing 6 lbs, 10 oz on August 3. New dad, Eric is also the lead producer for the show "All My Sons" opening October on Broadway, starring Katie Holmes! Two wonderful accomplishments!

Amy Elpern Low and her husband **David** welcomed their second child, **Allison Mia Low**, to the world on August 4th. Big brother **Seth**, 2 1/2, couldn't be more excited about having her around. Amy says, "Now we've got two Echo Lakers to send your way!"



2008 at Project Morry

2008 was yet another remarkable year for Project Morry! The kids at Project Morry are asked to be a part of a community, to be a part of a team. That means that they must be responsible not only to self but also to those around them. Summer 2008 once again allowed our kids to show us through their actions that they ARE learning. We watched as through their efforts they exemplified the importance of patience, cooperation, organization, time management and commitment. They took risks with their newfound strengths. They climbed 70' towers, trusted swim instructors to support them as they floated on their backs for a first time, waited patiently for their name to be called during an activity, read a poem at a campfire, slept with no lights on, tried a food that they had never eaten before, wrote fuzzies and led by both their actions and words. We have already begun our school year program in all 6 of our community based locations and suffice it to say the kids are continuing to exemplify ALL those new found strengths. A continued thank you to all who continue to believe, support and hope!

Echo Lake's 2008

Swimathon & Marathon for Project Morry

We are so thrilled that Echo Lake parents have once again stepped up HUGE to the plate this year to support all of our campers in our swimathon and marathon!

The swimathon and marathon day was a wonderful and well-run event led by our 2008 LIT's. In between some clouds, we got in a terrific run and a refreshing swim – all for a terrific cause!

As of this writing, **Echo Lake Parents have contributed over \$16,000 to Project Morry.** Together, the 36 camps that participate in the Camps That Give Program remain an integral part of Project Morry's annual fundraising efforts. This year, the camps have raised over \$225,000! That is AMAZING. And even more amazing is that these funds allow young people, who would otherwise not have the chance, to participate in a year-round program like Project Morry!

THANK YOU, THANK YOU, THANK YOU!!!!

Project Morry's Autumn Elegance Gala

Honors Michael A. Brown

Tuesday Nov 18, 2008 at 6:30pm

The Lighthouse at Pier 61 in New York City

Project Morry's Twelfth Annual Autumn Elegance Gala, their largest fundraiser of the year, will be held on Tuesday, November 18 at 6:30 PM at The Lighthouse at Pier 61 in New York City. It will be an elegant evening of cocktails, dinner, silent auction, and an opportunity to learn more about Project Morry and catch up with old friends.

Michael A. Brown is the Managing Director of Government Affairs at Edwards Angell Palmer & Dodge LLP. He is the founding member of the Ron Brown Foundation and is currently a Council at Large candidate for the city of Washington, D.C.

If you are interested in supporting this event by attending, purchasing a journal ad, or providing an item for auction please contact Laney Mulholland at laney@projectmorry.org or 914-592-3055.

Kids That Give-Spreading the W.I.G.

We salute the following kids who gave to Project Morry through their efforts of gifts and time! **Sidney Bibbico, Ali Chalfin, Jake Sussman, Ben Grayson, Rachel Leopold, George Frankel, Rachel Some, Amanda Saperstone, Carly Epstein, Lauren Koenig.** Some of them have completed their giving and others are on their way! Thanks to all of you from all of us!

If you are interested in contributing to events or if you are looking for more information, to make a donation, or get involved, please contact the Project Morry office by phone: (914) 592-3055, email: dream@projectmorry.org, or go online: www.projectmorry.org. Thank you for your continued support of Project Morry!



The Echo Lake Idea 2008

This past August marked the 39th Anniversary of the Echo Lake Idea program, the original inspiration behind Project Morry. Over their 30+ years in camping, Morry Stein & Amy Medine Stein came to realize the indelible impact camping has on children. In 1970, Morry and Amy established the Echo Lake Idea, a weeklong scholarship camping program for disadvantaged children. The "Idea" was then, and remains today, one of the first programs of its kind in the United States sponsored by a private camp. The Idea, has served well over 2,200 children during its 39-year history and has recieved awards of recognition form the American Camp Association.

The Idea 2008 was nothing short of a superb tribute to the 39-year history of this amazing program. 60 Idea campers swam in the pools, slept in the bunks, ran on the fields, performed on stage, and even went to Lake George's Skateland for a fantastic evening of roller skating! By the end of the week the Idea program had a tremendous impact on the campers who celebrated their success with fuzzies, campfire songs, and Idea wish candles on Echo Lake. You can even view an incredible video and some fantastic photos from the Idea week online at www.campecholake.com in the "Summer Website" section!

Much of the success of the Idea program is due to the abundance of energy and generosity of spirit of the staff that volunteer to work with the children during the Idea week. This year, Laurie Rinke, Echo Lake Idea Director, was truly blessed to have the magic of Patrick McNeece to assist in all aspects of creating a GREAT IDEA! Patrick is a genius, lifesaver, and one of the most insightful people Laurie has ever worked with! Alongside Laurie and Patrick were the very passionate staff whose heart and soul for working with children made it impossible to tell that they were volunteering for the Idea after a full summer of working at camp! Laurie, Patrick, and the Idea campers truly worship you!

A BIG thank you and MANY fuzzies to our volunteer staff....Patrick McNeece, Terry Begly, Glenn Begly, Joanne Dutcher, Sharifa Vinson, Annabel Smith, Matt Evans, Laura Ostler, Mark Kenny, Barry "Badger" Holleway, Ruth Kleinman, Kari Chambers, Kirsty Foyle, Fiona Turnbull, Caroline Clayton, Kat DeOcampo, Kim Dews, Kara Munsey, Carla Ammons, Brit Bajc, Janna Fraser, Danielle Gori, Darrren Dhesi, Adam Haynes, Matt Offen, Chris Taylor, Brad McGlaughn, Neil Vinson, Jon Mattock, Nick Wolf, Kris Kauff, Drew Vinson, Winston Badio, Sergio Arenas, and Providence David; PLUS CEL alumni, Eric Kronenberger and Chris Jones, brother of Janna, Blair Fraser, and all the way from Camp Iroquois Springs, Jon Kor-avec, Katie Greene, Ben Simon, and Matt Wilkins.

Thank you to all of the 2008 Idea campers and staff for making the Idea truly outstanding! We can't wait to see all you Idea campers and staff in 2009...our 40th Anniversary year!



Staff Bulletin Board

Shout Outs from Our Outstanding Staff!!

Ruthie Kleinman from 4n4 and **Rachel Glickenstein** from Media celebrated Sukkot at Purchase College in Westchester, NY! We love and miss everyone at Camp Echo Lake!!! Rachel invited **Winston Badio** from Tennis to our Shabbat in the Sukkah at Purchase and he came all the way from NJ! It was great fun!



To all my Lower Junior Boys East, I can't wait until I see you all again. Hopefully I will be able to return to camp in 2009. As I move house here in Australia I will always be calling Echo Lake "home." -**Adam Haynes**, Media Video Activity Specialist 2008



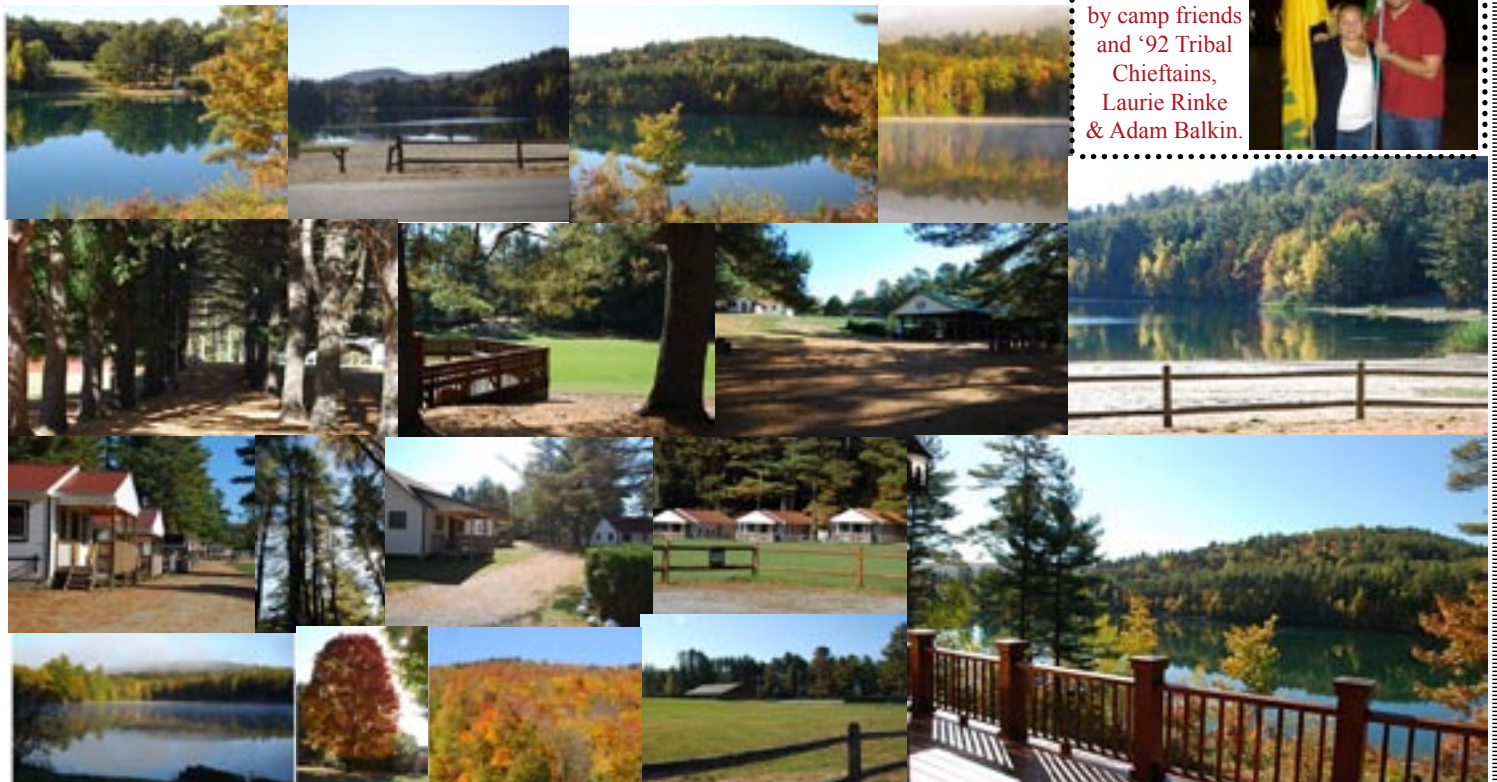
I have just started a new job teaching music in a high school here in Belfast, which is great, as I can keep my summers free to return to Lake for many more years to come! I want to give a big shout out to the Senior Village '08, especially the UVB's - The Cape Cod trip was the best 5 days of my life! Missing Echo so much and hope to be back next summer and for many years! Much Love, **Gareth Stitt**, Cabin Specialist 2008



Hey guys!! Just a quick letter to let you know what has been going on in my life after camp. I am home now back in Melbourne, Australia. I'm back at work. I miss camp so much! I miss the smiling faces and laughter all around. I also miss the love that the kids showed me and the love the staff showed me. After I left camp/the Idea I headed to New York City and then to Texas. I then was in Sydney for a week of fun! Danielle Gori and I live very close to each other so I am sure we will make it a regular thing to get together and talk camp all day through to night. I cannot wait to see everyone again next year and I look forward to hearing from everyone in the off-season. Hugs and kisses, **Kari Chambers**, Dance Head Specialist 2008



Fall for Camp Echo Lake...



Photos taken at camp this month by camp friends and '92 Tribal Chieftains, Laurie Rinke & Adam Balkin.



Campers Corner

Exciting News from CEL's Best and Brightest!!!

Hey LIBW '08! Wow it's been a while... I hope you all are enjoying middle school (OMG). I can't wait to see you guys at the reunion! "LIB What? LIB West!" -Theo Feldman

LIT **Jake Lever** sent in this group photo from his Frosh summer in 2000!



David Goldberg and his brother Harrison aka "Haz" went to pick pumpkins at Pumpkin Town in South Hampton, LI.



Hey Bunk 8 from 08! I miss you guys so so so so so much! Where's that sock of ours? Can't wait to see you! Sincerely, **Anna Schoenfeld**

Hi everyone! I hope you have a good school year! **Tara Feldman**

Caroline and Harrison Okun enjoying the last days of summer before school started



New Campers for 2009 had a fun get together recently....**Leah Mazie, Lila Bortniker, Julia Schwartz, Alexis Weisblum, Danielle Rosenblum.** Boy did they have fun!

Brandon and Monica Kramer are getting settled into life in tropical Panama and need some CEL visitors!!



I want to give a shout out to Sami b, Margo, Brooke, Elie, Elana, Rachel Casey, Sammy and Jordan. Thanks for a great summer and I love you all. -**Sarah Weill**

I wanted to give a shout out to Hannah Tell, Andie Bodian, Emily Rothman and Lauren Hurwitz for being really great friends. You guys rock! Another shout to Dalia Weinstein for a happy birthday on Halloween! Also this is how I celebrated Columbus Day... Emily, Hannah, Lauren, and I ate pancakes, played gaga, wrapped each other in toilet paper and played soccer. We had a great day with our camp friends!! -**Jen Leighton**



Hannah Lemkowitz & Alexis Henin had a double birthday party at Alexis's house & all their 4N4 08 friends were invited. I'm sure they re-created the 4x4 "magic."

Zach Saperstone's soccer team, the South Florida Elite is currently ranked the 3rd best U11 team in Florida and the 27th best U11 team in the country!



I'd like to give a shout out to all the LEADERS IN TRAINING 2009!! It's gonna be the most amazing summer yet!! -**Linda Tell**

OMG, I miss you all like crazy. We had so many good times and will have many more to come! All of you that I saw on the 13th of September, it was so much fun. Can't wait to be back for UVG!!!! -**Lauren "Pepe" Volpert**

Austin and Hunter Fields ran into Brandon Kramer at the Orthodontists office in Boca Raton. What a surprise!!!! Brandon was in from Panama and he had a couple of hours before he was to return, so he came home to Austin and Hunter's home and hung out for a bit. When you least expect it... expect it!!!!

Adam Schwartz has a new addition to his family - a puppy named Oreo! Adam celebrated his 10th birthday with Max Rumizen and Daniel Kozek, and they had an awesome time!



What up UJGdubs, I want to give a shout out to bunk 6 and 8. I miss u guys. -**Jackie Feldman**

Even without the hockey skates, **Derriek Sigler** is a dynamo! He scored the only two touchdowns to win the game!



Samantha Kapner and Zachary Kapner in Martha's Vineyard August, 2008, taking in a little bit of sun.



Hey LVG's 09 I can't wait to see all of you guys at all the Bar/Bat Mitvahs we are going to be having. I hope everyone is going to SV weekend so we all can hangout some more. Love you guys and see you soon, **Julia Haber**

I'd like to send some whistle tips to all the LITs 08! Also, as I said at the frosh & LJ campfire this summer, I want to thank every single camper in boys' camp. It was you that made LIT summer the best experience of my life! -**Zach Porges**

Hey LVGW! I can't believe that it has been like over a month since camp!! I miss you guys so much...if you jump I will jump too...do the mooshoo...scream it all around the world cause the geeks got the girl....no good deed goes unpunished....xoxox. I love you girls so much BF-FAEAE cant wait to see all of you. -**Danielle Meyer**



Both **Zach and Matthew Salomon** scored the first goal of the season for their respective soccer teams. Here is a photo from post-camp in Montreal. Zach and Matthew on motorcycle with CEL alums dad Marshal & uncle Justin.



I just wanted to give a HUGE shout out to the LITS 09... I can't wait to see everyone at the reunion and I'm already pumped up for the summer!! I LOVE AND MISS YOU ALL!! -**Erica Getto**

Brett Kleinfeld would like to give a shout out to: Jake Reitman, Brett Scherr and Daniel Weiss! He also sent in a picture of himself and Matthew Weill at the beach. Can't wait to see everyone at the Reunion.



OMG I miss all the UIG Dubs so much! Can't wait to see guys at the reunion! Yea LVG's 09! UIG Dubs, where are we from?! -**Alexa Derman**



AT HOME DO - IT - YOURSELF ACTIVITY AREAS

Hi ya campers!

I was trying to think of an easy idea for you to keep you crafting/art skills up until next summer. These cute paper bag pumpkins are perfect for table decorations for Halloween or Thanksgiving or, if filled with candy, a great party treat bag. They are easy to make with simple supplies.

What you'll need:

- 1 brown paper lunch bag
- Acrylic paint: orange and leaf green
- Paintbrush
- ¼ sheet brown construction paper
- 6- 12" pieces of green raffia
- Scissors

How to make it:

- Paint the outside of the lunch bag with orange paint.
- Paint the inside, top portion of the bag with leaf green paint.
- Paint a second coat of orange paint on the bag, only this time, paint the top outside portion with the leaf green-colored paint.
- When paint is completely dry, fringe the green section of the bag with your scissors, strips should be approximately ½" – 1" wide.
- Fill bag with crumpled newspaper (if using as a decoration) or candy and treats.
- Gather top of bag with your hand and tie a piece of raffia around it, just below the green section.
- Continue tying pieces of green raffia around the neck of the bag until all of it has been used.
- Cut a 1.5" wide strip of brown construction paper and roll up into a tube. Insert the tube of paper into the center of the green portion of the bag as the stem. If these bags are used as decoration, you can glue the stem in place.

Tips:

- To reuse these decorations at Halloween, add faces as jack-o'-lanterns by gluing on yellow construction paper facial features.
- If using these as party bags, you may want to grab all raffia pieces together and tie them into one knot to make them easier to remove rather than ripping the bag open.
- To give the bags some weight, especially if they will be displayed outside, add a cup of sand or clean cat litter to the bottom of the bag before adding the crumpled newspaper.

Have a great time and I look forward to seeing you all soon. Love and hugs,
Sara "Queen of Art"
Gold, Fine Art Head
Specialist



Strategic game decisions are skills that need to be practiced as much as the skills those decisions are used with. Practicing the decisions that often go along with using those skills is different, but that doesn't mean it has to be harder. Here's a great list of 9 Baserunning Basics that will help give you clues as a baserunner!



These rules can be practiced during batting practice by putting runners on base as one of the batting practice stations. Each player needs a copy of the rules, they need to have them explained, and they need to practice them a lot.

6 ESSENTIAL BASERUNNING RULES:

1. On Groundballs: -Must Go If Runner Behind You. -Go if ball hit behind you.
2. On Flyballs: -Ball in air behind you-Tag Up. -Ball in air in front of you-Go Far Enough To Get Back If the Ball is Caught.
3. On Basehits: -If in the Outfield, Go to Next Base. -If to the Outfield in a Gap, Run to Spot for Circle Path Around Bases & pick up 3rd Base Coach.
4. On Foulballs: -Tag On All Fouls.
5. If You Hesitate - Go Back!
6. At 3rd Base: -Lead off at least 1 foot foul. -Ball hit in air-tag immediately pick up the ball be ready to go on touch! -Ball hit on the ground, hold position and if the ball goes through the infield you score.

Once the Baserunning Rules have been learned and practiced another important element is learning When to Steal, When to Take Chances, and When NOT to Take Chances. Making copies of these Strategy Basics, and thoroughly understanding each one, in addition to practicing these will go a LONG way to helping you as a baserunners make the right decisions and take the right chances at the right times!

STRATEGY BASICS:

7. When To Steal: -Early & often if their team has a dominant pitcher and your chances to score against her are slim. -Against a pitcher who pouts and reacts a lot. -Against a dropball pitcher (since this is the hardest pitch for a catcher to throw from). -Against a catcher that likes to go down on her knees a lot. -Against a shortstop that's slow. -Against a middle infield that has to split their coverage against a slapper (meaning the SS goes toward 3rd base and the 2nd baseman moves toward 1st. That doesn't leave anyone covering 2nd). -Against a SS that plays a slapper in front of the baseline and the 3rd baseman has moved in in case of the bunt (great opportunity to steal 3rd since nobody is in position to cover 3rd)
8. When To Take Chances: -When your team is playing a pitcher that is awesome and your chances of scoring are slim! -When the batter's coming up don't have much of a chance of hitting you in. -When it's early in the game (1st-4th inning).
9. When NOT To Take Chances: -When your team is hitting their pitcher really well. -When the batters coming up are hitting really well. -When there are less than 2 outs and your chance of scoring is pretty good. -When you're the tying or winning run and it's the 6th or 7th inning.

While there are always exceptions to rules, if the players can learn these rules and strategy basics it will really help them make the correct decisions when the game is on the line and they have a split-second to decide whether they should stay where they are or take a chance advancing to the next base or two.

Enjoy and Have a great year.
Wendi Acey, Softball Head Specialist

AT HOME DO - IT - YOURSELF ACTIVITY AREAS

Deep thoughts from the 2008 Trek Staff:

The summer is gone, fall is here, and winter is on its way! It's super difficult for all you campers to go outdoors and recreate your TREK trips from this summer... unless of course you climb a building, go swimming in some cold water, or go out and walk ten miles down a busy road (none of these are recommended).

However there are a few things you could do during this time to share the Trekkie spirit!

1. Step out of your comfort zone and into your stretch zone. On each Trek trip you took with us this summer, campers challenged themselves in some way. Maybe you walked longer, climbed higher, paddled further, crawled deeper, or tried something that you normally wouldn't have done. You don't need to be at camp with the Trekkies to do this... Find some way at home to 'stretch' yourselves and you will learn more about yourselves than you could imagine. (We do not recommend playing 'Cougar Run' near busy roads.)

2. Enjoy the natural environment around you. You don't need the Adirondack Mountains and the woods to appreciate nature. Go outside and experience and respect the environment in which you live. This means more than getting the mail... (even though that is acceptable).

3. Share what you learned with your friends and family. Not everyone has learned about the things you've experienced this past summer. What do you know about forest animals? How do you build a shelter? How do you start a fire? How do I survive a night in a tent in the woods? We encourage you to share your experiences with others... the more you share the more you have learned. (We do not recommend starting fires unless it is in a safe place with adult supervision.)



Just remember, Trekkies always focus on safety so make sure you do the same so we all can continue our journey next summer!

~Dan Irwin,
Trek Head Specialist

Welcome back to Cooking! I sure do miss all of you in my kitchen! I know you must miss me too, so here's a new recipe that you can try at home. I don't want any of you to forget how to "beat and whisk", so go prepare all these ingredients on your counter, get ready to have F-U-N and eat something yummy!

During September, Rosh Hashanah (the Jewish New Year) was celebrated; apples are dipped in honey and eaten to signify having a sweet and healthy year. I wish that to you and your families. Apples are at their most abundant and delicious this time of the year, so this recipe has them. These muffins are great for breakfast or as a snack after school.



APPLE RAISIN MUFFINS

$\frac{3}{4}$ cup vegetable oil	$\frac{3}{4}$ teaspoon ground cinnamon
1 cup sugar	$\frac{1}{2}$ teaspoon salt
2 eggs	$1\frac{1}{2}$ cups diced apples
1 teaspoon vanilla	$\frac{1}{2}$ cup raisins
2 cups flour	$\frac{1}{2}$ cup chopped walnuts
$\frac{3}{4}$ teaspoon baking soda	

Note: Since I don't like walnuts or raisins in my baked goods, I omit them. That's okay if you want to too! Trust me, they still taste G-R-E-A-T without them!

Preheat oven to 400°F. Grease a twelve muffin cup tray or use paper liners. In a large bowl, beat oil and sugar with electric mixer for 2 minutes. Add eggs and vanilla; beat 1 minute. In another bowl, stir together flour, baking soda, cinnamon, and salt. Add dry ingredients to oil mixture; stir just to combine. Stir in apples, raisins, and walnuts. Spoon batter into prepared muffin cups; bake 20-25 minutes or until a cake tester inserted in center of one muffin comes out clean. Remove muffin tin or tins to wire rack. Cool 5 minutes before removing muffins from cups; finish cooling on rack. Serve warm or cool completely and store in an airtight container at room temperature. These muffins freeze well.

Renee's Kitchen Tips: Apples aren't just for eating! To prevent brown sugar from hardening, place an apple slice in the brown sugar bag; seal. The next day the sugar should be soft and slightly moist.

Snapple Fact #109: Smelling apples and/or bananas can help you lose weight.

Reminder: Check out all the recipes on the CEL "Summer Website". Have any cooking/baking questions? E-mail rpearl@videotron.ca - I'll do my best to help you out!

Bon Appétit!
Renee Pearl-Sigler,
Cooking Head Specialist

CEL Alumni Reunion 2008

It was a rip-roaring CEL alumni reunion that took place Friday October 17 at Social on 8th Ave and 48th Street. Many folks were culled via facebook. The love, bonding, memories, camp songs piped in through speakers and a slide show viewing from every corner of the room was something extraordinary. I loved "my camp friends mean so much more to me than the camp friends of my friends who went to other camps!" Wow, are we not surprised!

Kudos go to Lauren Ostrin and Steve Solomon (Board Member from Project Morry) who did a fabulous and creative job of pulling everyone together. I'm already licking my chops about the next year's version of this amazing wing-ding. It will be bigger, for sure, but it certainly can't be better!

For this director reconnecting with so many fabulous former campers who populated CEL during the 30 years that Morry and I directed camp was a dream come true. The love and joy in that room was beyond belief!

Your septugenarian camp director, Amy

In attendance for this wonderful event: Amy Stein, Lauren Ostrin, Steve Solomon, Stephen Borsuk, Rick Baiman, Jason & Linda Quitoni, Scott Mayerwitz, Matt Stein, Dana Matthew Stein, Lindsey Cohen, Meredith Cohen, Jenny Lazarus, Robbie Lazarus, Lissy Kates-Goldberg, Lisa Mittelmark-Lazarus, Elissa Domansky-Tauber, Scott Domansky, Jenny Brett, Dana Brett, Susan Grobman, Daisy Richer, Randy Brandman, Jen Levy-Rothberg, Miriam Lieberman-Doremus, Naomi Lieberman-Bush, Ivy Ostrin-Delaney, Laurie Rinke, Audrey Rosenberg, Jessica Brodsky-Miller, Lee Brodsky, Wendy Lehmann-Buchanan, Keri Wenigast-Greenseid, Adam Balkin, Sandy Balkin, Joe Dubin, Sandi Greene-Dubin, Michael Seeve, Andy Brenits, Dave Nadel, D.J. (David) Schwartz, Lesley Shorr-Klein, Karen Pressman-Ferleger, Adam Pertofsky, Eric Falkenstein, Pam Heller, Cheryl Kramer-Kaye, Jodi Schaiman, Thad Slade, Jeffrey Kates, David Heim, Steven Kent, Mickey Gross, John Saroff, Jonathan Wanicur, Tom Piken, Lisa Piken, Bethany Eppner, Meredith Gertler, Wendy Katz, Dana Eigner, Stephanie Shorr, Rebecca Soloff, Matt Soloff, Debbie Dorman, Robyn Schoeman, Jeni Muskat-Klein, Lori Rothstein, Allison Muskat-Male, Josh Male, Barrie Lazar-Schwarz, Rachel Lazar, Emily Rotter, Ellen Jane Erbstein, Matt Nowosielski, Rachel Rosenberg, Raina Krasnow, Dawn Ewing, Brenda Seifried-Levine, Jason Levine, Corey Frimmer-Dockswell, Evan Levine, Rachel Turnowski, Lauren Wechsler-Horn, Danielle Caron, Samantha Liebman, Adam Pittsburg, Stacey Becker, Danny Cohen, David Wegweiser, Steven Locke, Scott Locke, David Plotka, Sheri Grossman, Ellen Feinberg-Winters, Joey Appelbaum, Jennifer Radowitz, Marni Wise, Julie Taubes-Hillel, Lesley Kahn-Berkowitz, Ana Sawicki-Johnson, Lauren Goldberg, Susan Goldberg, Jackie Vermus, Katie Rappaport, and Julie Rappaport.



KINGS AND QUEENS AND BISHOPS TOO...WANNA WISH THE BEST TO...

CAMPERS...

CAMPERS...

STAFF...

STAFF...

Tara Feldman	Aug.	21	Alexis Henin	Oct.	13	Darren Dhesi	Aug.	21	John Pezzolla	Oct.	14
Liana Pavane	Aug.	21	Isabelle Jacobs	Oct.	13	Neil Vinson	Aug.	21	Brittney Moore	Oct.	16
Matthew Steinberg	Aug.	21	Lauren Berlinger	Oct.	14	Jennifer Johannes	Aug.	22	Meaghan Loraas	Oct.	17
Julia Davis	Aug.	22	Henry Goldman	Oct.	14	Thomas Fulk	Aug.	23	Lauren Hillman	Oct.	21
Hallie Whitman	Aug.	23	Paige Goldstein	Oct.	14	Verity Hunt	Aug.	23	James Farrell	Oct.	23
Michael Greenwald	Aug.	24	Casey Linder	Oct.	15	Jaimie Hale	Aug.	25	Emily Stein	Oct.	25
Drew Berger	Aug.	25	Hillary Minkoff	Oct.	15	Dan O'Connell	Aug.	28	Mark Laurie	Oct.	26
Sarah Berger	Aug.	25	Matthew Bernstein	Oct.	16	John Borley	Sept.	2	Alex Wilson	Oct.	26
Erica Getto	Aug.	27	Brooke Kozek	Oct.	17	Kris Kauff	Sept.	3	Nadeen Allard	Oct.	27
George Goldstein	Aug.	27	Matthew Grossman	Oct.	19	Jamie MacDonald	Sept.	3	Fiona Turnbull	Oct.	27
Adam Tollin	Aug.	29	Ezra Keiser	Oct.	21	Jennifer Sudgen	Sept.	3	Stephani Smolucha	Oct.	28
Alexandra Mantz	Aug.	31	Julia Schwartz	Oct.	21	Jessica Williams	Sept.	4	Barry Holleway	Oct.	31
Hannah Romney	Sept.	2	Julia Deutsch	Oct.	22	Ian Symons	Sept.	7	Amy Bullock	Nov.	3
Brooke Bolnick	Sept.	3	Andrew Giles	Oct.	22	Paul Chapma	Sept.	9	Sari Turner	Nov.	3
Jonathan Fox-Goldberg	Sept.	3	Stephanie Aaron	Oct.	23	Carlos Tlachi	Sept.	9	Providence	Nov.	6
Danielle Koslow	Sept.	4	Jake Reitman	Oct.	23	Ruslan Vaskin	Sept.	9	Brittany Bajc	Nov.	8
Rachel Scheinfeld	Sept.	4	Drew Weiss	Oct.	24	James Barker	Sept.	10	Missy Baer	Nov.	11
Adam Schwartz	Sept.	6	Graham Kessel	Oct.	25	Fred Curtis	Sept.	11	Casey Clum	Nov.	11
Zachary Bloomgarden	Sept.	9	Charlie Albert	Oct.	26	Dora Scsavinszki	Sept.	12	Renee Pearl	Nov.	11
Jordan Cohan	Sept.	9	Justin Goldberg	Oct.	26	Mark Kenny	Sept.	13	Anastasia Begisheva	Nov.	12
Logan Cohan	Sept.	9	Max Paull	Oct.	28	John Onjack	Sept.	14	Sarah Lockhart	Nov.	13
Jacob Silverman	Sept.	9	Lilly Wiederkehr	Oct.	30	Laura Capucilli	Sept.	17	Eric Berschback	Nov.	15
Julia Skutch	Sept.	9	Teddy Kreutzer	Oct.	31	Carla Ammons	Sept.	20	Rachel Glickenstein	Nov.	15
Molly Leopold	Sept.	10	Cory Oringer	Oct.	31	Ruth Kleinman	Sept.	20	Charles Gerstman	Nov.	16
Justin Simms	Sept.	10	Dalia Weinstein	Oct.	31	Wendi Acey	Sept.	24	Tara Stoulig	Nov.	19
Danielle Meyer	Sept.	12	Danielle Luntz	Nov.	1	Abigail Stead	Sept.	25	Kelly Knoop	Nov.	20
Matthew Salomon	Sept.	12	Natalie Lifson	Nov.	2	Brad McGlaughn	Sept.	26	Eric Hack	Nov.	22
Spencer Lutvak	Sept.	13	Jake Henin	Nov.	3	Kari Chambers	Sept.	27	Nick Wolf	Nov.	23
Aaron Scherr	Sept.	13	Andrew & Jen Woolf	Nov.	4	Mark Kronenberger	Sept.	29	Robin Mahler	Nov.	26
Abigail Carignan	Sept.	15	Evan Aaron	Nov.	6	Toby Bloom	Oct.	5	Andrew Arnold	Nov.	27
Linda Tell	Sept.	15	Paige Herer	Nov.	7	Kelsey Stephens	Oct.	8	Ronnie Williams	Nov.	29
Rachel Feller	Sept.	16	Max Cohan	Nov.	8	Patrick McNeece	Oct.	9	Sergio Arenas	Nov.	30
Tess Greenberg	Sept.	16	Jason Green	Nov.	8	Jonathan Glickman	Oct.	10			
Lauren Whitman	Sept.	16	Katie Hirsch	Nov.	8						
Alexandra Gluckman	Sept.	17	Claire Schwimmer	Nov.	8						
Max Keiser	Sept.	17	Jared Eisenberg	Nov.	9						
Danny Katz	Sept.	20	Jordan Thaler	Nov.	10						
Ethan Feller	Sept.	21	Alex Peckman	Nov.	11						
Ryan Press	Sept.	21	Ira Ganz	Nov.	13						
Jordyn Miller	Sept.	22	Hannah Kaplan	Nov.	13						
Scott Ostrin	Sept.	22	Ethan Volk	Nov.	13						
Sam Cooperman	Sept.	23	Lindsay Gittleman	Nov.	15						
Casey Landman	Sept.	23	Ben Langer	Nov.	18						
Jilly Rosenthal	Sept.	24	Zoe Kreutzer	Nov.	19						
Jessica Silfen	Sept.	24	Rachel Aaron	Nov.	21						
Benjamin Rauch	Sept.	26	Talia Bloom	Nov.	22						
Jake Berman	Sept.	27	Zachary Lavin	Nov.	22						
Caroline Kintzer	Sept.	27	Hannah Tell	Nov.	22						
Jack Dubicki	Sept.	28	Sarah Stettin	Nov.	23						
Isabelle Longert	Sept.	29	Alexa Kamberg	Nov.	24						
Lindsay Eller	Oct.	2	Peri Mendelsohn	Nov.	24						
Gabrielle Schiller	Oct.	2	Harrison Prevor	Nov.	24						
Jessica Uris	Oct.	2	Casey Goldberg	Nov.	25						
Sydney Weber	Oct.	3	Alex Sims	Nov.	25						
Gabby Gottschall	Oct.	4	Theo Feldman	Nov.	26						
Eliot Sernau	Oct.	6	Lucas Goldman	Nov.	26						
Cody Lavy	Oct.	7	Sophie Krieger	Nov.	26						
Gaby Gerstman	Oct.	8	Jessica Davis	Nov.	27						
Hannah Lemkowitz	Oct.	9	Anna Schoenfeld	Nov.	28						
Samantha Robins	Oct.	11	Olivia Serlin	Nov.	29						

HAPPY BIRTHDAY TO YOU, HAPPY BIRTHDAY TO

YOU, HAPPY BIRTHDAY DEAR ---,

HAPPY BIRTHDAY TO YOU!

KINGS, AND QUEENS, AND BISHOPS TOO. WANNA

WISH THE BEST TO YOU. SO WISH DAY, WASH

DAY, WHAT DO YA SAY? BIRTHDAY! HAPPY

BIRTHDAY TO YOU! THERE'S LAUGHTER IN THE

AIR, PEOPLE SMILING EVERYWHERE. HAPPY

BIRTHDAY. UH! HAPPY BIRTHDAY. UH! HAPPY

BIRTHDAY TO YOU! UH! UH!

H AND AN A AND A P, P, Y B AND AN I AND A R,

T, H! D AND AN A AND A FINAL YHAAAAAPPY

BIRTHDAY.

THIS IS YOUR BIRTHDAY SONG, IT ISN'T VERY

LONG, MY NAME IS ALEX SCHIFF, HEY!



CAMP ECHO LAKE
3 WEST MAIN STREET
ELMSFORD, NY 10523



***ATTENTION 2008 CAMPERS, PARENTS, AND STAFF...PLEASE JOIN US FOR OUR MONTREAL REUNION ON DECEMBER 7 AND OUR NY AREA REUNION ON DECEMBER 13! SAVE THE DATES...DETAILS TO FOLLOW. WE CAN'T WAIT TO SEE YOU!

CAMP ECHO LAKE 2008 – 2009 DATES

MONTREAL REUNION

SUNDAY DECEMBER 7TH, 2008

NEW YORK AREA REUNION

SATURDAY DECEMBER 13TH, 2008

SENIOR VILLAGE WINTER WEEKEND SATURDAY JANUARY 24 – SUNDAY JANUARY 25, 2009

MAIN VILLAGE WINTER WEEKEND SATURDAY FEBRUARY 28 – SUNDAY MARCH 1, 2009

NEW PARENT NIGHT

WEDNESDAY APRIL 22, 2009

NEW CAMPER PICNIC

THURSDAY MAY 7, 2009

CAMP ECHO LAKE 2009 SEASON BEGINS

SATURDAY JUNE 27, 2009

PARENT VISITATION

SATURDAY JULY 18, 2009

CAMP ECHO LAKE 2008 SEASON ENDS

SUNDAY AUGUST 16, 2009

ECHO LAKE IDEA

TUESDAY AUGUST 18 – SUNDAY AUGUST 23, 2009