

CAMP ECHO LAKE

TRAIL

MAY 2006

As of May 24th, there are 31 days until Summer 2006 begins at Camp Echo Lake!!!



Winter Address - Before May 24:
 3 West Main Street
 Elmsford, NY 10523
 Tel: 914-345-9099
 Fax: 914-345-2120
www.campecholake.com



Summer Address - After May 24:
 PO Box 188, Hudson Street
 Warrensburg, NY 12885
 Tel: 518-623-9635
 Fax: 518-623-3316
www.campecholake.com





ATTENTION CAMPERS AND PARENTS...
Rain Drops Are Falling on Our Heads (Well, we hope not too much this summer!)

There may have been some confusion about the **2006 Packing List in the Cloz Catalog** as the majority of the Packing list was printed on a page in the FRONT of the Cloz Catalog but there were a few items printed on a page in the BACK of the Cloz Catalog. The most important item on the list in the back of the Cloz Catalog is a **Rain Jacket or Poncho**. All campers and staff must bring some type of waterproof jacket with a hood to wear in case of rain at camp. Please check the packing lists in both the front and back of the Cloz Catalogs and if you have any questions about specific items and / or the packing list, please call our office anytime!!

As for this summer...Let the sunshine; Let the sunshine in, the sun shine in!!

New Kids On The Block

Our final batch of new campers is a stellar bunch! Joining big brother **Jake** is **Drew Meklinsky**, who is sure to be seen on the ballfields and courts this summer. You'll recognize Drew by the big smile on his face! Another spirited new camper is **Sophie Kaplan**, a native of Scarsdale. Sophie looks pretty ready for camp to start now and she is going to bringing with her a whole lot of pep! From the Island comes **Rachel Weiss**, who is a terrific young lady and is ready for everything "The Lake" has to offer! **Valerie Aber**, whose mom Carol was a camper back in the 60's and 70's, makes her debut at Echo Lake, traveling all the way from Hallandale Beach, FLA! Also making the move to Warrensburg this summer is **Sophie Queler**, an outstanding all-around girl from the Upper West Side of the Big Apple.

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From the Clipboard of Tony Stein...

So I just got an e-mail last week from Lauren Weissbrod, who as you all know was an LIT last summer. Lauren is writing an article for her school newspaper about the camp experience and asked me for some input. Notably, she asked me to comment on why I think camp is important and what I think the benefits of the camp experience are.

Of course I could probably talk for days in answering these questions – and they are two of my favorite things to ponder.

Back when I was a kid, my mom used to tell me that one of the key things she loved about camp for me - and my brothers Eric and George - was that we had such wonderful role models each summer in the form of our counselors. Of course I never quite got the being-away-from-my-parents' experience, which I also think is an enormous benefit of going to camp. When you are away from your mom and your dad, you learn how to make friends, learn how to live and share as part of a cabin and a group, learn how to make decisions on your own and you learn that you can do great things on your own without your mom and dad right there with you. The great thing, of course, is you have the help of such wonderful counselors and role models who are with you every step of the way.

I think every child in America – hey, even the whole world – should have the opportunity to go to camp. It's what my mom and dad always believed in as well, which is a big reason why we run the Echo Lake Idea and support Morry's Camp so whole-heartedly. I truly believe that if every child had the chance to go to camp, the world would, in fact, be a better place. Imagine EVERY child going to a place where he or she is made to feel special, or can experience the successes of new accomplishments AND the character-building of things that don't always go in their favor. Imagine EVERY child being in a place where he or she can make new friends and keep them for life. Imagine EVERY child earning a fuzzy for reaching out to a friend, or someone who is not yet a friend; or earning a fuzzy for outstanding effort during the course of his or her day. Imagine EVERY child trying something they never had, failing at first – and then succeeding. How amazing would that be???

All these things, and some others too, are what I hope to see happen everyday at Echo Lake while all of our incredible campers are with us. When they happen like this, the results are happy, friendly and confident young people. That's what makes me happy!

And last I checked, there were less than 50 days to go until camp starts!!!! T



Hey Gang,

It's that time of year for me and for all of you out there. It's May 1 and we're doing the big countdown until we meet at camp for Summer 2006! It's time to close the door on winter in Florida, heading north to the Big Apple and then veering toward Warrensburg.

I get as excited as all of you do. It's like I'm the oldest camper we have -- actually I guess that I am. When I think of gathering together once again, as a most special family, welcoming you all at camp, watching activities, seeing the joy on all your faces, I get as tickled as when I was a Frosh girl many, many moons ago.

Concentrate on the best academic performance you can for the remainder of your school year. Be proud of your work. That's your job. Then, after you've closed the last book, taken your last test and written that great paper, hug and kiss your moms and dads, get on that bus and come on back up. We'll be waiting for you! Actually, I can hardly wait!



See you really soon,

Much love,

Amy



Head Counselor Chatter

Theo



'Neath the Pines

Last week, my friend Max Henin asked me an important question that reminded me just how right Amy Stein is when she tells us on the first night of camp that “only the Best and Brightest campers come to Camp Echo Lake.” Max pointed out that he was taught that he’s not supposed to talk to strangers. Having learned that important lesson about strangers, Max wanted to know what he was supposed to do at camp to develop friendships when he knows only a few people and everyone else seems like a stranger. I thought this was a brilliant question to which everyone deserves an explanation. First of all, the Best and Brightest campers come to Camp Echo Lake, AND the Best and Brightest parents SEND their children to Camp Echo Lake. Parents send their children to Camp Echo Lake understanding that you may not know many people at first. Most parents LOVE this opportunity for you to make NEW friends! Echo Lake is the summer home your parents have chosen for you as a SAFE place and with staff who CARE about each and every one of our campers. Echo Lake parents know we fill camp with people who may LOOK like strangers at first, but at Camp Echo Lake a stranger is just A FRIEND YOU HAVEN’T MET YET! Upon arrival at camp you are greeted by Echo Lake Staff wearing Echo Lake staff shirts. If you arrive by bus, Tony, Laurie, JP or I will get on the bus to say “Hello!” and call you off the bus individually. We will immediately introduce you to your Counselors for the summer! With their excitement, you will know right away that this is going to be an important friend for the summer! Throughout the summer you will see new faces of “friends you just haven’t met yet.” I encourage you to say hello and play with all these people throughout the summer. Everyone you meet during the summer at Echo Lake is part of your “Summer Family” and they are excited about getting to know YOU! I’m especially excited for all the campers to meet

the AMAZING and FUN staff we’ve assembled for Boys Camp! Here are just a few of my special “friends you just haven’t met yet!” =New friend and Assistant Head Counselor Cory Dawson! Cory is eager to say hello to all the “friends he just hasn’t met yet!” Cory helps to keep Boys Camp running smoothly every day! Cory has been in the Senior Village for the past 2 summers and spent 2 summers in Boys Camp as a Baseball Activity Specialist. You will see Cory at lunch in The Grove, singing the birthday song at evening line-up, and even dancing with everyone in Canteen in the evenings! Cory is excited to join Boys Camp morning line-up again, cooling off at general swim with Boys Camp, and having a catch with new friends during free play! =New friend and Program Coordinator Richie-B! If you haven’t yet had the privilege of getting to know the wacky Richie-B, you are in for a treat getting to know this “friend you haven’t met yet!” Richie-B has more fun energy than 10 ordinary humans! Richie-B helps all of us in Boys Camp schedule our elective options every week... a MOST important job! Richie-B is also a great friend who is incredibly talented! Ask him to demonstrate his famous “Richie-B-toe-touch”, to show you how well he dances, and to show you his “knock-out” skills during free play! =New friends and local heroes, the LIT’s! The LIT’s or Leaders In Training, were once campers just like YOU! These guys are going to join your group as Counselors for a few days each week and on Sundays they are going to lead the entire camp in our Tribal competition. These LIT’s know soooooo much about camp and can’t wait to share their love for Camp Echo Lake with all of Boys Camp! =New friends for life... Your fellow campers! Some of the MOST important “friends you haven’t met yet” are the other campers in your group! The great part of every summer is the opportunity to get to know campers your age that seem like strangers but are actually “friends you haven’t met yet!” Every Echo Lake camper is Amazing in their own way! Be sure to play with everyone in your group, find out why they are each unique and special and see what Amy Stein means when she reminds us that Echo Lake campers are truly the Best and Brightest!

I look forward to all the campers arriving on June 24th and everyone meeting all the “friends you haven’t met yet!” It all starts with this simple line “Hi! My name is (your name here)! What’s your name?” THAT, my friends, is how the Best and Brightest start to make a friend of someone they haven’t met yet! Thanks for asking the important question, Max! Everyone remember your water and sunscreen... it’s going to be an AMAZING Summer 2006! - Theo

Laurie



Gabbing With Girls Camp

During the summer I start my mornings with Tony, Theo, JP, Clive, and Glenn in our morning meetings. While it is certainly no substitute, during the year I start my mornings with Matt and Katie of NBC’s the Today Show. Recently Katie interviewed a fascinating psychologist named Jean Twenge, PhD, author of the book, “*Generation Me: Why Today’s Young Americans Are More Confident, Assertive, Entitled – and More Miserable than Ever Before.*” The segment caught my attention because Dr Twenge was talking about how using research from the largest intergenerational study ever conducted, results show that “people born in the 70s, 80s, and 90s (Generation Me) are more tolerant, open minded, confident, and ambitious, but also more cynical, depressed, lonely, and anxious.” It dawned on me that not only did Generation Me represent our campers AND our staff, but having been born in 1975, it represented my friends and me too. Needless to say the social worker in me and the Associate Director / Girls Head Counselor / Staff Coordinator in me made me run out to buy the book that held a key to better understanding our campers, our staff, my peers, and myself. A fascinating read, Generation Me, quickly drew me in. Dr Twenge talks about the fact that “GenMe-ers” have been born into a world where they are told

from birth to “put yourself first,” “they can accomplish anything,” and that “they are special.” Sounds great except that GenMe-ers have also been born into a world where it is more difficult than ever to get into college, find a good job, afford a place to live, and succeed in a life long marriage. Talk about clash between reality and expectations. Many of us GenMe-ers are bombarded by the notion that “we are special, just for being born” and that if we do not want / get / have everything we seek, we are not getting what we are “entitled to for being so special.” Sounded pretty yucky and as if we were destined for disappointment. As I continued to comb the pages of the book I came to a belief that sounded very familiar to me. Dr Twenge says that “It doesn’t do much good to encourage a child to feel good about himself just to feel good; this doesn’t mean anything. Children develop true self-esteem from behaving well and accomplishing things. Children should feel good when they are being good to others and trying hard at something.” Wait just one second here! Ok campers, can someone tell me the two main reasons that we give and receive FUZZIES at Camp Echo Lake?! (All together now...) We give and receive fuzzies because you are a good friend/do something nice for someone and try hard at activities!!! Dr Twenge should come research US!! For 61 summers Echo Lake has been centered on the belief that to truly feel good about yourself and build self-esteem, you have to be good to others and try hard at something! Yes, it’s true, you are Diva-tastic and Fuzzy Worthy and you certainly will come to believe that this summer. The best part campers is that you will not be Diva-tastic and Fuzzy Worthy just because you are at camp, but you WILL BE Diva-tastic and Fuzzy Worthy because of the way you treat the campers and staff in your group; because you will be part of a group and a community bigger than yourself; because you will try new things and participate fully in activities; and because you will spend two months in your summer home, surrounded by your summer family who will tell you that you are Diva-tastic and Fuzzy Worthy because you are good to others and try hard at something! That, my GenMe friends, is what true self esteem is all about!! I encourage all of you parents, staff, and alumni to read the book “Generation Me” but as you do, think about Camp Echo Lake. I personally, do not need Dr Twenge to tell me that Camp Echo Lake may just be the antidote to the Generation Me syndrome. How lucky are we?! We get to be inoculated for the entire summer in Echo Lake Diva-tastic, Fuzzy Worthy goodness and there are no needles or shots required! For us, instead of Generation Me, we are “*Generation CEL: Why Echo Lake Campers, Staff, and Alumni are More Giving, Respectful, Dedicated, Empathetic, Group Oriented, Spirited, Responsible, Diva-tastic, and Fuzzy Worthy!*” Doesn’t it feel good to be us?! Bring on the summer, camp cannot start soon enough!!! Lots of Love and Hugs, Laurie

Head Counselor Chatter

JP



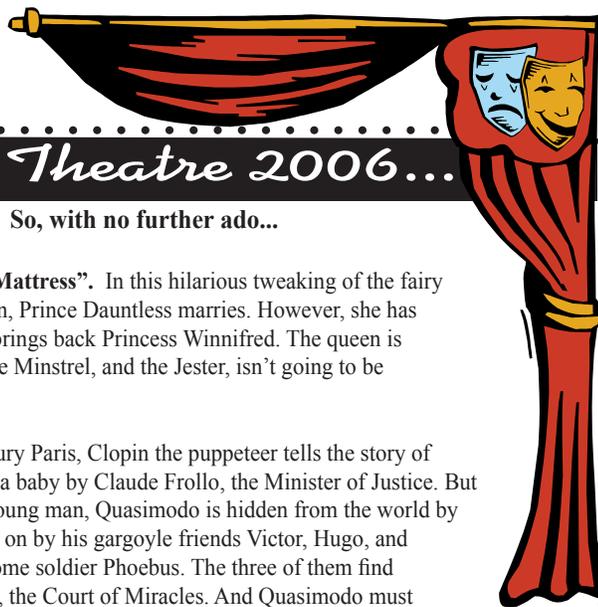
The Village Voice

Hey everybody! I hope the May Trail finds you all well. I'm doing great and working hard here in upstate enjoying the nice weather and longer days. Nelson has been working hard too. Digging holes, playing with his buddy's at the dog park (look out Keema!) and sleeping. He's really excited to get back up to camp to get his 3-year shirt! It's been a great couple of weeks since I last wrote to everybody. Jamie and I have lots of good things planned and Jacko has been racking his brain for some fun and exciting events for the village! I just spent this past weekend following the NFL draft and I have to say I'm pretty pumped with all the fresh new talent coming to Cleveland this fall. Speaking of talent we have some newcomers to the Senior Village this year. Now I'm not sure how fast or strong they are but what I do know is that they are pretty smart for making Camp Echo Lake their summer home! Laurie has also kept me in the loop about all the great staff we have coming to camp this summer. It looks like we will have a

solid crew up in Warrensburg!

I'll be up at camp in a few weeks with Tony, Laurie, and Theo. It's a great time for me to finish up all my winter work and really concentrate on the summer. The hardest part about it is staying behind a desk and not going out and having fun on camp! Don't worry I get out there at some point during the day to go for a walk or shoot some hoops. The one thing I don't like is how quiet it is. It's just not camp until all of you guys get up there. Well, the 24th is just around the corner. See ya soon Senior Village!!!

Stay gold,
JP



Lights, Camera, C&P Theatre 2006...

It's time to announce the summer's theatre line-up. So, with no further ado...



In the first show of the summer, the **Inters** search for a princess in **"Once Upon A Mattress"**. In this hilarious tweaking of the fairy tale, "The Princess and the Pea", Queen Aggravain has ruled that none may marry until her son, Prince Dauntless marries. However, she has managed to sabotage every princess that comes along. Sir Harry goes off to the swamps and brings back Princess Winnifred. The queen is horrified and immediately begins to scheme, but Winnifred, with some help from Sir Harry, the Minstrel, and the Jester, isn't going to be easy to get rid of.

The talented **Juniors** will bring to life Disney's **"Hunchback Of Notre Dame"**. In 15th century Paris, Clopin the puppeteer tells the story of Quasimodo, the misshapen gentle-souled bell ringer of Notre Dame, who was nearly killed as a baby by Claude Frollo, the Minister of Justice. But Frollo was forced by the Archdeacon of Notre Dame to raise Quasimodo as his own. Now a young man, Quasimodo is hidden from the world by Frollo in the bell tower of the cathedral. But during the Festival of Fools, Quasimodo, cheered on by his gargoyle friends Victor, Hugo, and Laverne, takes part in the festivities, and meets the lively gypsy girl Esmeralda and the handsome soldier Phoebus. The three of them find themselves ranged against Frollo's cruelty and his attempts to destroy the home of the gypsies, the Court of Miracles. And Quasimodo must desperately defend both Esmeralda and the very cathedral of Notre Dame.

The **Frosh** will tell one of the most well known stories, **"Cinderella"**. When Cinderella's cruel stepmother prevents her from attending the Royal Ball, the delightful Fairy Godmother appears! With a wave of her wondrous wand and a bouncy "Bibbidi-Bobbidi-Boo," the Fairy Godmother transforms a simple pumpkin into a magical coach and Cinderella's rags into a gorgeous gown. At the ball, Cinderella falls in love with Prince Charming, but must flee before the stroke of midnight breaks the spell!

The theatrical fantasy of **"Pippin"** will be told as our **Benefit Show** performed by the **Senior Village and LITs**. Pippin is a young prince whose search outside himself for total fulfillment leads only to failure. When his attempts fail to bring him the happiness he so desperately seeks, he turns to the one place he's forgotten to look...his heart. Based on the legendary son of the 8th Century King Charlemagne, the show tells the tongue-in-cheek coming-of-age story of Pippin who, on a quest for fulfillment, samples politics, religion, war, love and other pursuits before finding his true calling.

A special treat this year, **the staff** will sing and spell their hearts out in **"The 25th Annual Putnam County Spelling Bee"**. The hilarious musical tells the story of six obsessed word lovers, their families, and the judges. These outsiders use competition to define themselves, while their struggle to escape childhood is overseen by grown-ups who never completely succeeded in escaping it themselves.

Remember, start getting ready for the shows now! Watch the movies, listen to the soundtracks, read the books, and get to know the shows as much as you can. It's going to be another great summer at theatre and I cannot wait to see all of you audition. Curtain goes up in June!

Love, Your friendly Neighborhood Theatre Director,
Kristofer Kauff



Spanning the World...



Adam Liebowitz has taken this year off from life to indulge his love of and thirst for travel, that he attributes to that first taste of traveling he received during the 4n4 in '95. Adam has been backpacking around South America since October and is now in Buenos Aires. Adam has a website where you can see photos and read entries about his trip <http://statravel.mytripjournal.com/adamliebowitz>.

Amy Cadge works for Lindblad Expeditions, an expedition travel company based in NYC and Seattle, WA. Amy is in the NY office in the Communications department (she used to be out working on one of the ships in Alaska and the Pacific northwest, but she decided to come to land for awhile!). Her company offers small ship expeditions to wild places including Alaska, Antarctica, Galapagos, Baja and more. They are allied with National Geographic and Amy will be traveling to the Galapagos Islands in a few weeks with the First Ever National Geographic Kids Expedition Team -- 15 kids who won a photo/essay contest about exploration in their own backyards.

Speaking of National Geographic, **Mark Katz** has been named President of National Geographic Magazine. He is in charge of their IMAX film division. He travels to Washington DC each week and lives in Greenwich, Ct.

Eric Falkenstein's producing star is definitely rising as a result of his affiliation with another Broadway big hit, "The History Boys." Way to go, Eric.

Gabe Rotter sold his first novel to Simon and Schuster recently to be published by summer 2007!! **Emily Rotter** ran into Laurie Rinke at a Cardio Sculpt class at Crunch gym. Emily lives in Greenwich Village and teaches pre-k on the lower east side. Emily is still in touch with good friends and roommates, **Jackie Yermus and Katie Rappaport**. Jackie is the assistant shoe designer at Mark Jacobs.

Cody Porten, Nick Potok, and Justin Blatstein will all be attending Arizona State University in the fall of 2006. Congrats guys.

GHI created a series of commercials about great doctors in their network. While watching the YES network on TV, our SV Head Counselor, **John Pezzolla** saw the wonderful TV commercial featuring **Dr Joseph Zuckerman**, Professor and Chairman of the Department of Orthopedic Surgery at the NYU Hospital for Joint Diseases. I actually saw the commercial on the YES network. In addition to TV star, Dr Joe is also father of Scott and Matt Zuckerman and one of our favorite camp doctors!! You can see Dr Z's commercial at http://www.ghi.com/great_doctors.html.

Former Group Leader, **Leon Sterling** moved to Bucheon (suburb of Seoul), South Korea! He's teaching English to middle school Korean kids and absolutely loving it. Leon wishes everyone an awesome summer at camp!

Congratulations to **Danielle Turner** on her graduation from Quinnipiac University from her very proud family- **Dennis, Judy & Jared Turner** and your Echo Lake family too!

Cousins and long time camp friends **Lauren Zelekowitz and Valerie Failing** are graduating from college this spring and moving to NYC! Lauren has been accepted to NYU's Master's in Education program and Val has been accepted to NYU's Master's in Social Work program. They truly are two of the best and brightest!

While having dinner with **Laurie Rinke, Corey Frimmer Dockswell** showed Laurie a recent episode of TLC's "A Makeover Story," that featured a fellow Echo Lake alum! **Cheryl Kramer**, beauty editor of Redbook Magazine was featured with her friend on the TV show, "A Makeover Story!" Cheryl, you look fabulous in both the before AND after shots!!! You never know what, or WHO, you might see on TV!

Alumni & Staff Happenings



Celebrations...

Congratulations to **Adam Cohen** who was married on April 2 to **Jaclyn Mintz**. Adam is a physical therapist and clinic supervisor at Burke Rehabilitation and Sports Medicine Clinic in Purchase. He is also an all-around nice guy and brother of equally nice **Heidi Cohen**.



Keira Quitoni, oldest daughter of Jason and Linda Quintoni, recently announced her engagement to **Ryan**. They're getting married next year.

Lisa Piken, Director, Apparel & Accessory Licensing for the NBA, got engaged to her boyfriend of three years, **Andy Koper**, who also works at the NBA. They are very excited!

Margie Cader also recently got engaged to a Torontonionian named **Daniel Shields**. Margie has relocated to Toronto and would love to connect to any CEL alums in the area!

Echo Lake Campers 20??...

Another future star is born!!!! On March 16, 2005, **Vicky Nowosielski** gave birth to their second son, **Rory James Nowosielski**. Rory weighed in at 8lbs 10 oz! Proud Papa, **Matty Nokes**, could not be more thrilled! Big brother **Will** can't wait to play with his new brother Rory! Congratulations to the entire growing Nowosielski family!!!



On March 31st **Pam Heller and Erik Hartog** welcomed their daughter to the world **Charlotte Heller Hartog**. Mazeltov Pam and Erik!

Julie Scott-Shapiro, Doug and Naomi of Chappaqua, NY joyfully announce the birth of their beautiful daughter and sister, **Leah Sally**, on April 6, 2006. Leah arrived at 12:34 PM with a head of lustrous black hair, weighing 6 3/4 pounds and measuring 19 1/4 inches. Proud Uncle Kenneth Scott of Los Angeles is delighted to welcome Leah Sally to the family.

Ellen Babby contacted us with exciting news that her neice, **Heidi Cohen Chizzik**, had a baby girl in April, **Alexandra Molly Chizzik**!!! We can't wait to welcome Alexandra to Echo Lake!



AT HOME DO - IT - YOURSELF ACTIVITY AREAS

FUN WITH FINE ARTS!!!

Your Favorite Thing to Do.. Your Favorite Place to Visit



Some artists like to paint and draw pictures of the things they like to do and of the places they like to visit. In doing so, they reveal something unique about themselves to others.

In this project, you will think about your favorite activity or place & then show it to others in a drawing or painting.

Materials You Need: 12x18 inch white paper; an assortment of markers, crayons or cray-pas. You may also use watercolor paints if they are available. A photograph of your favorite place may be helpful.

The Project: On a large sheet of white paper, draw a picture of yourself doing something you like to do or in a special place you like to visit. You can use markers, crayons or cray-pas to do your drawing. Outline all the shapes in your drawing with a black color. Fill in the shapes of your drawing using bright colors. If you have watercolors available, use dark colors in the background to make the figures & shapes stand out. When your picture is finished, sign, date and title it in the bottom right-hand corner.

Want to Do More? Write a short story to go along with your picture. Share your picture and story with others.

See how many paintings you can find on the web or in art history textbooks that show special places and people engaged in favorite activities Do you have a special place around your home that you like to go to?

Artistically Yours,
Sara Gold, Fine Arts Head Specialist

Balance: The Key to Success on the Courts

Balance is the most important aspect of learning to play, and win, in Tennis. It is difficult to master the sport of Tennis. It requires athletic as well as mental skills. We must learn to balance our minds and let us learn the physical aspects of Tennis.

Footwork is the most important method of keeping our balance on the Tennis court. We must take small steps to help maintain our balance. This is important because when we strike the ball we must drive through the ball, and hit the ball deep into our opponent's court. This is how we gain control of the point. This is the basis of learning how to play advanced Tennis.

This summer you will have the opportunity to learn as much about Tennis as you would like. We will break all aspects of Tennis into basic and understandable terms and demonstrations. And we will also learn how to balance Tennis into our activity filled Summer Camp program, to create a great OVERALL camp experience!

We really want to teach you to love Tennis and enjoy it for the rest of your life. We call Tennis the sport of a lifetime. My oldest Tennis student was 94 years old. She played in the 1918 U.S. Open Juniors. She would always say to me "when I play Tennis in the morning I feel better the rest of the day." Looking forward to seeing all of you on the Tennis Courts this summer!

Thomas McCarthy
Tennis Head Specialist



TOP NOTCH TENNIS!!!

WHAT'S COOKIN IN THE KITCHEN!!!!

There is always something chocolate and I promise that this is a very ooey gooey chocolatey recipe! Can you believe that soon you will be sitting with new and old friends around the campfire at Trek, singing songs, and putting together everyone's favorite-two graham crackers, a roasted marshmallow and Hershey chocolate -to make a delicious "smore"? Well, to hold you over until that time, you can get in the camp spirit preparing this version at home. You will definitely want to eat more than one!! "GIVE ME A "S", GIVE ME A "M", GIVE ME AN "O", GIVE ME A "R", GIVE ME AN "E"...WHAT'S THAT SPELL? smore. I CAN'T HEAR YOU. Smore. LOUDER...SMORE!!!!

Gimme S'more - No-Bake S'more Fudgies

Ingredients (Makes 40 fudgies): 1-14-ounce (450 ml) can sweetened condensed milk; 2 1/2 cups graham cracker crumbs; 1 cup semi-sweet chocolate chips; 1/4 cup butter (1/2 of a stick); 2 cups miniature marshmallows; 1 cup milk chocolate chips

Directions: In a large bowl, combine the condensed milk and graham cracker crumbs. Set aside. In a small microwave-safe bowl, heat butter and semi-sweet chocolate chips, stirring every 30 seconds until melted. Pour chocolate mixture into graham cracker crumb mixture. Stir well. Fold in marshmallows and milk chocolate chips. Transfer to a 13 x 9 x 2 inch pan sprayed lightly with non-stick cooking spray. Spray a 13-inch sheet of wax paper with non-stick cooking spray; lay it over the chocolate mixture and compress fudgies by hand. (wax paper prevents sticking during this step). Chill 3 to 4 hours in the fridge and serve.

Comments These are so easy to make, although you need a lot of muscle to mix together all the ingredients. The batter is very thick! Trust me, this recipe is a winner! The end result is simply addictive and will have everyone asking for "s'more"!!!!!!!

Snapple Fact #34 - If you keep a goldfish in a dark room, it will eventually turn white.

Bon Appetit! Get psyched to stir things up at the Echo Lake Café, Summer 2006! It will be a truly delicious and mmm..memorable summer!

Renee Pearl-Sigler, Cooking Head Specialist



Staff Bulletin Board

Shout Outs from the Most Amazing Camp Staff Ever...

At first I want to make new friends, learn about their countries and traditions. I'd like to share with my experience with others, tell them about my country. I've never seen mountains and I've never been abroad. I dream to find myself in your wonderful camp. The main thing is to enlarge my knowledge about kitchen, cooking & food servicing. I'm sure, it would be the best summer in my life. -**Maria Tyaglova**, Food Service



Hi!! I'm Terry White, RNFNP; This will be my first year at camp (working as a nurse.) I hope to get to know all of you and I am very excited about the prospect of being part of "the family". I will be bringing my sidekick "HARRY" to allow him to enjoy camp, too!! See you in June!! -**Terry White**, Nurse

After camp ends, I will start working at Hillels of Westchester, living on Long Island and working with Jewish students at Pace University and Manhattanville College! I am very excited to be back in NY come August, with my immediate and extended family, and much closer to my CEL family as well. -**Ruth Kleinman**, 4N4 Staff

I'm looking forward to the challenge of doing familiar work in an unfamiliar environment. As an Aussie, I can't wait to see America and share our similarities and learn from our differences. As a tennis coach, I hope to share my experience and skills and watch children gain self-esteem through this fantastic sport! -**Jordan Goulding**, Tennis Activity Specialist

Hi everyone, I am very happy that I am going to Camp Echo Lake. I'm looking forward to new friends and fantastic experiences. Have a nice day. -**Estera Csankova**, Laundry Staff

I graduated with my BFA in Drama With Distinction from the University of Calgary last June, and have been spending the last year teaching kids Drama classes. At the end of February, Annie Tanasichuk and I had coffee at a Starbucks in Calgary after not having seen each other for a good 3 years! We were both surprised to find that we slipped back into conversation like time had never passed. Admittedly, most of our time was spent sharing our enthusiasm over returning to camp after such a long hiatus. Last but not least, I have to give a shout out Kara, Brooke, Rachel, Carly, Brandi, Chelsea, Alie & Becca -- the Froshies of '02! I am SO excited to see them again and to see how they have grown from goofy girls into lovely young ladies! -**Allison Duthie**, Group Leader

I am looking forward to an amazing summer adventure of living, loving, and learning at Echo Lake! I hope to reach, introduce and excite many campers about the lifetime sport of tennis. It has been a fun and positive force in my life, and I hope to share and introduce the excitement of the sport to others. I am in the process of finishing my freshman year and spring tennis season at University of Hartford. I have years of great camp experiences, and I am counting the days! - **Liz Weiner**, Tennis Staff

Tara, Ethan and I have just returned from our Spring Break travels. The Stoulig's spent five days in Tennessee enjoying the Smoky Mountain National Park. Ethan went on his first hike and got to see a great waterfall. Prior to this excursion, we spent New Years Eve in Warrensburg and got to spend some time with our great friends the Leopolds. We also had a blast ringing in the New Year with guys from maintenance and the kitchen. We are anxiously awaiting the next trip which will be the one up to camp. We will be seeing the sights from a Soap Box Derby Race to the beautiful Canadian Seacoast of Nova Scotia. - **Nick Stoulig**, Tour Director

Being a first timer the excitement and anxiety is overwhelming, I genuinely cannot wait to experience American camp life first hand, meeting the kids and other staff members and just having an adventurous, exciting but very different summer '06. I look forward to meeting you all. -**Dominic Mundy**, Tennis Activity Specialist

I'm looking forward to meeting new people from around the world and making some great friends. It will be a great opportunity to experience American culture...and improve my sun tan! -**Mark Timmins**, Food Service

Campers Corner

Exciting News from CEL's Best and Brightest!!!

Sounds like a great idea! I guess I could just shout-out to my whole bunk. Oh, and I also hope the music program is still going on! Thanks. -**Ethan Geron**, UVB '06

While in Florida for Stu's dad's 90th birthday, Sara Gold ran into **Sophie Krieger** and her family. Sophie thought she recognized me and sent a waiter over to make sure. It was really cute. **Alexa Krieger**, Sophie's sister and new camper to CEL is really excited about camp!

My shout out is to Bunk 8 from 2005. Hi bunk 8 I really am looking forward to seeing you this summer hope it is so much fun just like last year luv ya all! Xoxoxox -**Paige Dubicki**, UJG '06



Michael Ascher won 1st Prize in a national Latin essay contest for which he was awarded an authentic Roman coin. The essay contest was sponsored by Ancient Coins for Education and Latin students from all over the United States participated. His essay entitled "Commix" can be found on their website: www.bitsofhistory.com under Student Contests. It is called "They Call Us Barbarians." It is the story of a 12-year-old boy who fought in the army of a Celtic leader against the Romans in 50 AD. -**Michael Ascher**, UIB '06

I would like to give a shout out to all the UIGs 06! You guys are awesome and I can't wait to see you again! Summer 05 was fantastic but summer 06 is going to be spectacular!! -**Jessica Tucker**, UIG '06

Over vacation I went to Park City, Utah. I went skiing on 8 levels I was in Level 6. My parents and Lily thought that was very good. I also got a letter from my camp big sister Lily Mars! -**Hilary Minkoff**, LJG '06

I am very excited to be a new camper at Echo Lake! I really wanted to come to sleep away camp. My wish came true. My parents let me. I am excited to meet new friends at camp. My favorite things to do at camp are archery, art, soccer, and baseball. I am looking forward to getting fuzzies and making s'mores. -**Cole Butchen**, LJB '06



I can't wait for camp!!!! It will be so awesome being a lower inter!!! -**Josh Landman**, LIB '06

Hey! I am so excited for 4n4 06!!!! Its gonna be awesome! A couple of weeks ago a group of us (4n4 06) got together at Rachel Leopold's house and hung out. It was great seeing everyone!!! I can't wait 'til this summer! - **Sam Leopold**, 4N4 '06

Jason Goldstein and Noah Brook, new Echo Lake campers, met in NYC in April. They can't wait until camp! -**Jason Goldstein**, LJB '06

Can you believe that there are only 62 days til camp?! It's is such a good feeling (and a relief!) knowing that soon you'll be in camp - in the lodge watching movies, playing tennis on the SV courts with your friends and favorite counselors, etc. Recently I saw Emily, Shelby, Rikki, Todd, Matt, Will, and Russell in Livingston/Short Hills, which was amazing. Words cannot describe how much I am truly looking forward to getting off the bus and breathing in the Camp Echo Lake air. Only a few more days until SUMMER 2006, I LOVE YOU ALL! -**Rachel Pecker**, 4n4 '06

On March 11th I was in a play with Lizzie Coleman. Also, I went to a party and saw Isabel Greenberg there. --**Rachel Neuburger**, UJG '06

Lindsay Eller can't wait to meet all her new friends at Echo Lake and her camp big sis, Shayna Ehrlich! -**Lindsay Eller**, LJG '06

Will Ezor and Erica Moser went out to NJ to see **David Kabakow's** school production of *Guys and Dolls*. The even brought him a cake! Bravo David!!! -UV '06

As I sifted through a box of summer 05 memories, I came across my journal from upper village summer. The temptation was unbearable; for the next hour I read it cover to cover and smiled, frowned, laughed, cried, reminisced, and missed anything and everything about camp. I came to the conclusion that if I were to go back in time to be an uvg-mvg-etc. all over again, I wouldn't change anything about my previous summers because everyday I learned, said, did, or felt something new and unique. My advice to everyone is to definitely keep a journal, at least for one of your summers at echo lake- because the memories are priceless. Reading your own words, remembering your exact thoughts, and feeling the same feelings you once felt at camp is such an intense rush that if you close your eyes... you're there...63 days. -**Rikki Gothelf**, 4N4 '06

Hi guys! I have been busy going to all of my friends Bar and Bat-Mitzvahs, but I haven't forgotten about Echo Lake!!!! I love you guys!!!!!!!!!! See you next summer LVG's! "A wellla wellla, UGH!" (Group sing rocked!) -**Hannah S. Lemkowitz**, LVG '06

There was a talent show at my school to raise money for cancer research. I did a dance routine with my friend to "We're All in This Together" from the album "High School Musical". Our talent show was shown on local TV. It was so cool! -**Jessica Uris**, LIG '06

Hi everyone, I'm looking forward to camp! I can't wait to see all of my friends again. I've been doing a lot of dance and hopefully I will win my competition this week. -**Rachel Feldman**, UIG '06

Camp is so soon and I hope everyone is out buying camp clothes...always my favorite part!! I cannot wait for summer 2006, it's going to be unforgettable!! I want to send some love to 4n4 '06 best friends for life...west coast here we come!! - **Shelby Jackowitz**, 4N4 '06



Meet Your Summer 2006 Group Leaders...

Group Leader



Name: Allison Zucker
Age: 20
Years at Camp: 10
Hometown: Glen Ridge, NJ
Looking Forward to at Camp: I'm exciting for everything! The surprises, the challenges, new friends and old, and of course the campers!
Favorite Camp Memory: There are too many memories to just pick one, but a recent funny memory was watching Dan Ain fall into a garbage dump while filming interviews for Echo Mania!

Group Leader



Name: Anthony Vincener
Age: 24
Years at Camp: 3
Hometown: Halifax, Nova Scotia
Looking Forward to at Camp: To see how my kids have grown over the winter; meeting lots of new people this summer.
Favorite Camp Memory: Any Trek trip where we get to swim, hike, canoe, etc. with the kids

Group Leader



Name: Chole Barrett
Age: 24
Years at Camp: 3
Hometown: Lockport, NY
Looking Forward to at Camp: Seeing how much everyone has grown! And of course the Chicken Patties.
Favorite Camp Memory: I think my favorite memory is when a certain group of Upper Junior Girls Got me Good at Morning Line Up. "Chill your Melons Chole" - need I say more?

Group Leader



Name: Drew Vinson
Age: 23
Years at Camp: 2
Hometown: Halifax, Nova Scotia
Looking Forward to at Camp: Getting back to the lake, seeing the kids and staff again and of course a few Hotti Tottis.
Favorite Camp Memory: Hearing Adam Hicken sing every word of the song "White Houses" by Vanessa Carlton, it was amazing.

Group Leader



Name: Lea Marin
Age: 19
Years at Camp: 10
Hometown: New York City, NY
Looking Forward to at Camp: EVERYTHING!!!!
Favorite Camp Memory: The Fourth of July in 2002 when skydivers broke Tribal!!!

Group Leader



Name: Emily Tinawi
Age: 20
Years at Camp: 2
Hometown: New Brunswick, NJ to Arlington, VA
Looking Forward to at Camp: I am looking forward to every part of camp. There is nothing better than being in one of the most amazing places in the world, with some of the most amazing people!
Favorite Camp Memory: While practicing for services & we wanted to end with a song. The UGJW decided to do Ain't No Mountain High Enough. We were all singing & dancing & everyone was laughing. Everyone was in on the song & having lots of fun. There are a lot of good UGJW singing & dancing moments, but this particular one always makes me smile.

Group Leader



Name: James Delaney
Age: 26
Years at Camp: 3
Hometown: Halifax, Nova Scotia
Looking Forward to at Camp: I'm looking forward to everything about camp....but mostly bonding with great friends in such an amazing place.
Favorite Camp Memory: My favorite camp memory would have to be my first ever mudslide with the UIB's (plus Laurie Rinke & Mark Freeman) from the summer of 2005...wow.. what a blast!!

Group Leader



Name: Jessica Uze
Age: 21
Years at Camp: 2
Hometown: Washington, DC
Looking Forward to at Camp: Meeting all the new campers and seeing the old campers again!
Favorite Camp Memory: The big hiking trip that the frosh girls went on at the end of last summer: We had to do some pretty serious rock climbing but the girls cheered each other on and every single girl made it!

Group Leader



Name: Landon Miller
Age: 22
Years at Camp: 3
Hometown: Corvallis, OR
Looking Forward to at Camp: I'm looking forward to making a whole set of new memories!
Favorite Camp Memory: Man, that's a hard one, to pick just one memory of the two most amazing summers of my life...I can't pick just one...so, water fights, swimming in the Hudson river, baseball games, Friday Night Live...

Group Leader



Name: Jessica Harris
Age: 22
Years at Camp: 1
Hometown: Houston, TX (Born and Raised!)
Looking Forward to at Camp: My first, exciting summer at Camp Echo Lake!
Favorite Camp Memory: Doing a ropes course when I was 12 and terrified. I climbed the wall all the way to the top. Coming down the wall was amazing and felt like such an accomplishment.



Meet Your Summer 2006 Group Leaders...

Group Leader



Name: Hugh Brodie
Age: 26
Years at Camp: 2 (with 5 years in between)
Hometown: Sydney, Australia
Looking Forward to at Camp: Having fun in the sun with new friends!!
Favorite Camp Memory: That rush I got -equal parts excitement and nerves-when the busloads of campers drove through the Echo Lake gates at the start of summer AND When Jeff Probst broke Tribal in 2001 and the crazy jubilation of the campers which followed...no one got much sleep that night!

Group Leader



Name: Michelle Rinke
Age: 21
Years at Camp: 11
Hometown: Port Washington, NY
Looking Forward to at Camp: I'm so excited to meet a new group of amazing campers and staff! (I'm also looking forward to spending another summer with my "diva-tastic" sister, Laurie).
Favorite Camp Memory: One of my favorite camp memories as a counselor, was from 2004, when my Upper Village Girls stepped off the buses and nearly tackled me to the ground when they found out I was their counselor again!

Group Leader



Name: Eric Davis
Age: 20
Years at Camp: 12
Hometown: Thiells, NY
Looking Forward to at Camp: Another great summer at the lake. Every year offers new and exciting experiences, and I can't wait to go through them with some awesome people!
Favorite Camp Memory: Its tough to pinpoint one specific memory after over a decade's worth, but my favorite memory from last summer was definitely the time I would just spend chilling with the LVB. I can't wait to see what great memories summer '06 brings.

Group Leader



Name: Allison Duthie
Age: 23
Years at Camp: 2
Hometown: Houston, TX
Looking Forward to at Camp: All the smiles, laughter, warm inner glows, challenges and triumphs...meeting and bonding with new campers and staff... being reunited with old friends and my wonderful Frosh Girls from Summer '02!...eating banana cream pie and camp cookies...seeing how we all grow older and wiser in only a few weeks... These are only a few things I am looking forward to. The truth is, I can't wait for absolutely EVERYTHING!!
Favorite Camp Memory: One memory I still can't believe existed was the Tribal Break the last summer I was at Camp. We had all gathered in the hot hot sun to watch a USA vs. The World soccer game, only to find that it was all a hoax. We watched in confusion and awe as parachuters appeared in the sky and sprinkled green and gold leaflets down onto the field. TRIBAL! TRIBAL! TRIBAL! What a moment!

Group Leader



Name: Ronnie Williams
Age: 22
Years at Camp: 2
Hometown: Houston, TX
Looking Forward to at Camp: I look forward to seeing all of my old upper junior boys and how they have grown.
Favorite Camp Memory: There are many memories at camp but one of favorites would have to be playing world cup and making it to the finals.

Group Leader



Name: Jenny Wilson
Age: 23
Years at Camp: 3
Hometown: Belfast, Northern Ireland
Looking Forward to at Camp: Looking forward to seeing last summers LVGs and meeting everyone new to camp this summer.
Favorite Camp Memory: Vermont trip 2005 rocked! The tents flooded but it was awesome!!

Group Leader



Name: Ryan Davis
Age: 21
Years at Camp: 2
Hometown: East Lansing, MI
Looking Forward to at Camp: I am most looking forward to blue skies, warm weather, the lake, and acting like a kid again!
Favorite Camp Memory: With the Lower Village Boys last year when I was able to help coach the roller hockey teams and the Ryder cup matches.

LIT Group Leader



Name: Laura Knapp (AKA Lo)
Age: 25
Years at Camp: 4
Hometown: Hilton Head Island, SC
Looking Forward to at Camp: I am looking forward to finally being in Main Camp, Tribal, LIT's 06 - everything!
Favorite Camp Memory: There is no way I could possibly name just one memory - although 4n4 was pretty amazing!

LIT Group Leader



Name: Sadiki Ellis
Age: 27
Years at Camp: 3
Hometown: Southeast San Diego, CA
Looking Forward to at Camp: My 3rd year with this awesome group and adding to the rich tradition of Echo Lake.
Favorite Camp Memory: Last year on 4n4 every hike we had. I just remember everyone not wanting to go on the hike and me encouraging them. Everyone finished the hike and loved it.

4N4 Trip Leader



Name: Jeff Rondeau
Age: 25
Years at Camp: 6
Hometown: Truro, Nova Scotia
Looking Forward to at Camp: I am really looking forward to heading out west again on the amazing 4N4 trip!
Favorite Camp Memory: My favorite camp memory couldn't possibly be narrowed down to one moment. So I will go with the unbelievable LITs '05 and the month we spent out West with 4n4 '04...can't wait to do it again!

4N4 Trip Leader



Name: Sarah Heffernan
Age: 26
Years at Camp: 5
Hometown: Halifax, Nova Scotia
Looking Forward to at Camp: Heading out west & getting to know another amazing group of campers. I'm super excited to see the 4n4 campers from last year.
Favorite Camp Memory: It is hard to pick just one. My favorite memories have been on the last night of the 4n4 trips when we sit in a circle as a group, have our final shout-outs, & look back on the best 4 weeks we had just experienced.



The Magic of Camp begins with AMAZING Staff!! Here's a Sneak Peak at the 2006 Echo Lake Staff...

What are the MAGIC ingredients that make camp so special...amazing programs, beautiful location, incredible campers, and of course fantastic, out of this world, energetic, compassionate AMAZING STAFF. After going through extensive applications, interviews, references, and background checks, the stats are in on this amazing bunch of staff. The 2006 Echo Lake staff hails from **14 countries around the world, 23 states across the USA, and 6 Canadian provinces**. Staff are from the United States, Canada, England, Scotland, Ireland, Australia, New Zealand, France, Israel, South Africa, Slovakia, Poland, Belarus, and Russia. This summer 50% of our staff are new to Camp Echo Lake and a whopping **50% of our staff are RETURNING** to Camp Echo Lake for their 2nd, 3rd, 4th, etc... summer on staff!!! They just can't get enough of CEL and we love it!! The **average age of our staff this summer is 25.7 years old!** That's a lot of maturity and experience...not to mention love for camp! **Here is your sneak peak at the Echo Lake Staff for 2006...**

Head Counselors and Assistant Head Counselors: There are six individuals who cannot contain their excitement about playing with the kids, leading the staff, and soaking up every bit of camp fun...Heading up the Senior Village excitement: **John (JP) Pezzolla** from Albany, NY, is a full time employee of Echo Lake spending his 9th summer at The Lake. His partner in crime is, **Jamie MacDonald** from Halifax, Canada who is a high school teacher and will be spending her 6th summer at camp, her 2nd as Assistant SV Head Counselor. Girls Head Counselor in Main Village: **Laurie (LJ) Rinke** from New York is currently working full time in the Echo Lake office as Associate Director and staff recruiter. This will be her 21st consecutive summer at camp. Working hand in hand with Laurie will be **Julie (JJ) Jackson** from Cincinnati, OH, a former high school biology teacher who has spent the year working with animals at the Cincinnati Zoo and in Costa Rica. It is Julie's 6th summer at camp and 3rd as Assistant Girls Head Counselor. Boys Head Counselor in Main Village: **Theo Stoner** from New York, by way of Pittsburgh, PA is currently working full time in the Echo Lake office and will spend his 16th summer at camp. Theo's sidekick and line-up costar, **Cory Dawson**, from Ontario, Canada is finishing up his degree and will spend his 5th summer at CEL, his 1st as Assistant Boys Head Counselor!



Program Staff: What activity do we have second period? What is the Special Theme Day this week? Can we have canteen tonight? There is an incredibly dedicated and experienced group of people on camp who plan and carry out the day and evening programs for camp...With the ENTIRE staff returning to their positions for the 2nd Summer...The Program Director for 2006: **Clive Hickson**, from Canada, is a PhD Professor in the Education department at the University of Alberta and celebrates his 15th year at CEL. The Program Staff for 2006: **Cade Nethercott**, NH, Program Coordinator – Logistics & Admin; **Jill Hickson**, Alberta, Program Specialist - Off Camp Activities; **Katie Mastromattei**, Ottawa, Program Staff – Girls Camp; **Richard Beaudion**, Ottawa, Program Staff – Boys Camp; **Matt Jackowitz**, New Jersey, Program Staff – Senior Village.

Group Leaders: They carry the clipboards and set the tone for their groups...All of these individuals have outstanding leadership skills, wonderful management experience, and incredible personalities...the all important Group Leaders for 2006... **Chole Barrett**, NY; **Hugh Brodie**, Australia; **Eric Davis**, NY; **Ryan Davis**, MI; **James Delaney**, Canada; **Allison Duthie**, Canada; **Jessica Harris**, TX; **Lea Marin**, NY; **Landon Miller**, Oregon; **Michelle Rinke**, NY; **Emily Tinawi**, VA; **Jessica Uze**, VA; **Anthony Vincer**, Canada; **Drew Vinson**, Canada; **Ronnie Williams**, TX; **Jennifer Wilson**, Ireland; **Allison Zucker**, NJ.

LIT Group Leaders: We had to find two unbelievable people to guide our Leaders In Training...They will live with the LITs, judge tribal, be great role models, and are all around amazing people. The LIT Group Leaders for 2006: **Laura "Lo" Knapp** from Hilton Head, SC and **Sadiki Ellis** from San Diego, CA.

Cabin Specialists: Talk about in the trenches...Cabin Specialists live in the bunks with the campers, participate in all the activities, and become the role models for everyone on camp...the Cabin Specialists for 2006... **Philip Anwyll**, **Ally Begly**, **Shelly Benoit**, **Greg Berney**, **Elizabeth Bezgin**, **Eric Biddelman**, **Toby Bloom**, **Elizabeth Brot**, **David Cresswell**, **Eric Diehl**, **Christopher Eley**, **Corey Feldman**, **Gavin Foley**, **Jaimie Hale**, **Adam Haynes**, **Emily Hertzberg**, **Marissa Hicken**, **Brett Hirschberg**, **Patrick Hoefl**, **Dana Jackowitz**, **Lara Kahan**, **Mark Kenny**, **Charles Krarup**, **Lloyd**, **Anna Mackay**, **Lindsey MacRae**, **Melanie Mastrototaro**, **Joanne McGlinchey**, **Brendan McGuigan**, **Amanda Meeks**, **Johan Mervin**, **Sarah Messer**, **Andrew Morrison**, **Beth Newton**, **Amanda Nydell**, **Niall O'Donnell**, **Darren Ohesi**, **Kelly Peters**, **Natasha Phillips**, **Carly Pieper**, **Brittany**, **Prell**, **Meredith Pugh**, **Dan Rauch**, **Peter Reeves**, **Cory Rothbort**, **Julie Rotter**, **Andrew Schlanger**, **Jennifer Smith**, **Benita Swart**, **Keith Tabin**, **Amber Tanis**, **Amy Thibeau**, **Rachel Thibeau**, **Mary Pam Vincer**, **Neil Vinson**, **Thomas Wheatley**, **Zach Zelikovic**.

4N4 Staff: Go West young men & women...these lucky individuals get the pleasure of camp & four weeks traveling out west...the "Tremendous Ten" 4N4 staff for 2006: **Sarah Heffernan**, Nova Scotia (Trip Leading for the 4th time); **Jeff Rondeau**, Canada (Trip Leader); **Brian Babuata**, CA; **Theo Church**, England; **Juan Delgado**, Canada; **Melissa Diston**, Australia; **Ty Fleenor**, CO; **Laura Hutchison**, Scotland; **Ruth Kleinman**, NY; **Annie Tanasichuk**, Canada.

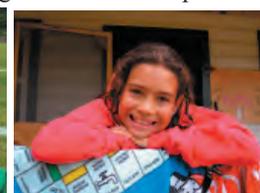




The Magic of Camp begins with AMAZING Staff!! Here's a Sneak Peak at the 2006 Echo Lake Staff...

Head Specialists & Activity Specialists: They teach, they instruct, they coach. We have gathered an outstanding group of people to help develop your skills in Land Sports, inspire you in Theatre Arts, motivate you in Water Sports, and encourage you in Outdoor Activities. The Activity Specialists for 2006: **Archery Head Specialist-Jacob Whitman; Baseball Activity Specialists-John Fitzgibbons & Darah Perini; Basketball Activity Specialists-J.P. Begly & Saeward Jones, Basketball Head Specialist-Glenn Begly; Boating Co-Head Specialists Mark Cook & Brendan Scott; Cooking Head Specialist Renee Pearl; Dance Co-Head Specialists Sharifa Vinson & Joanne Mackey; Fine Arts Activity Specialists Victoria Edwards, Ruairi McCallion, Sophia Tyler, Emma Neville, Courtney Tolley, Jay Hooper, Fine Arts Head Specialist, Sara Gold; Fitness Head Specialist Amy Belanger; Golf Activity Specialist, Patrick McNeece, Golf Head Specialist John Borley; Gymnastics Activity Specialist Paula Gilliland, Gymnastics Head Specialist Dawn Wylie; Hockey Co-Head Specialists Cory Chipman & Richard Purnell; Lacrosse Head Specialist David Bumby; Media Video Activity Specialist Kitho Park, Media Radio Activity Specialist Adam Moore, Media Web Head Specialist, Matthew, Fields, Media Yrbk/Nwsprr Activity Specialist Jamie Bold; Music Ascension Head Specialist Brett Green; Ropes Course Activity Specialist Charlotte Edwards; Soccer Activity Specialists Ben Helliwell & Christopher Kemp, Soccer Head Specialist Simon Blondel; Tennis Activity Specialists Jamie Adams, Euan Forbes, Jordan Goulding, Simon Lynn, Dominic Mundy, Mike Ngoma, Graeme Visagie, Elizabeth Weiner, Tennis Head Specialist, Tom McCarthy; Theatre Activity Specialists Rebecca Hancock, Anna, Taylor, & Rachel Whalen, Theatre Head Specialist, Kristofer , Kauff; Trek Activity Specialists, Kelly Chapman, Andrea Kelchlin, Michael Lodge, Annabel Smith, Simon Thorley, Jessica Underhill, Trek Head Specialist Richard Lee; Volleyball Head Specialist Elizabeth LaPorte; Waterfront Activity Specialists Laura Evans, Matthew Evans, John Finnigan, Amy Longobardi, Stacey O'Meara, Joseph Peyton, Andrew Quaglia, Sarah Richards, Andrew Smith, Waterfront Head Specialist Terry Begly.**

Support Staff: There is a super group of people that keep Echo Lake running like a well-oiled machine. Whether they are preparing the hundreds of meals at camp each day, putting a band-aid on a scraped knee, or fixing a broken door, our support staff are a crucial part of the Echo Lake picture. Tour Director: **Nick Stoulig.** Office Staff: **Amy Leopold, Tara Turley-Stoulig; Crystal Harper, Alicia Roberts, Elaine Arthur, and Catherine Luiggi** - Office Manager. Nurse Staff: **Joanne Dutcher, Danielle Smith, Dee Allard, Mary Ann Mackrodt, Terry White, Cathy Schloss, and Stephanie Smith** Health Center Director. Maintenance Staff: **Andrew Arnold, Chris Bills, Ryan Griffin, Ken Baker, Jason Weidman, Rick Bartlet, Kevin Chamberlin, Darren Langworthy** - Maintenance Director. Maintenance / Security **Eran Arbel, Yonatan Menachem, Gilad Shmaryahu;** Food Service: **Wiliam Bear; Jeff Mahler; Melissa Bear; Derreck Boisvert; Jay Boisvert; Cindy Mahler; Robin Mahler; Natalia Artamonova, Viktor Datsyk, Pawel Indyk, Natalia Karpova, Mark Timmins, Maria Tyaglova, Hanna Valantsevich, Yulia Zlobina.; Mike Squires** - Food Service Director. Housekeeping Staff: **Estera Csankova, Olga Kuznetsova, Olga Morozova, Oxana Simanova, Diane Simmes** - Housekeeping Director. Transportation Staff: **Frank Simone; Rachel Guyett; Harvey Dubb** - Transportation Director.



KINGS AND QUEENS AND BISHOPS TOO... WANNA WISH THE BEST TO...

CAMPER BIRTHDAYS...

Casey Stein 5/12	Andrew Kass 5/23	Zachary Karetsky 6/11
Michael Chavkin 5/13	Henry Weinberger 5/25	Robert Sternberg 6/11
Joshua Spector 5/15	Chelsey Travin 5/25	Jake Prell 6/12
Rayna Gittleman 5/15	Paige Dubicki 5/27	Marissa Rubenstein 6/13
Samantha Weiss 5/18	Jared Sichel 5/29	Jon Mackey 6/14
Jonah Stanley 5/19	Ethan Goldstein 6/1	Brandon Russo 6/14
Ryan Weir 5/19	Alexa Derman 6/1	Ben Kaplan 6/14
Jake Kessel 5/19	Sarah Morris 6/2	Adam Freindlich 6/15
Allison Silfen 5/20	Sammy Fischer 6/2	Rachel Neuburger 6/16
Harrison Okun 5/20	Max Bloom 6/4	Katie Shapiro 6/18
Bennett Rosenbach 5/20	Robyn Epstein 6/4	Lauren Thau 6/19
Todd Seideman 5/21	David Peters 6/5	Zachary Porges 6/19
Noah Thaler 5/21	Roslyn Peters 6/5	Morgan Thau 6/19
Jeffrey Visoky 5/21	Chelsea Golub 6/9	Caroline Marin 6/21
Isabelle Getto 5/22	Chloe Seltzer 6/10	Allie Chaves 6/21

STAFF BIRTHDAYS...

James Delaney 5/15	Anna Taylor 5/29
Carol Mosher 5/20	Sophia Tyler 5/29
Kelly Peters 5/20	Benita Swart 6/1
Sharifa Vinson 5/21	Joanne Dutcher 6/2
David Bumby 5/22	Olga Morozova 6/6
Ty Fleenor 5/22	Derreck Boisvert 6/7
Jeff Rondeau 5/22	Yulia Zlobina 6/9
Matthew Evans 5/23	Ruairi McCallion 6/14
Lara Kahan 5/24	Johan Mervin 6/14
Cindy Mahler 5/25	Chris Kemp 6/19
Yonatan Menachem 5/27	Estera Csankova 6/19
	Joanne Mackey 6/23

HAPPY BIRTHDAY TO YOU...UH UH!!!

CAMP ECHO LAKE
3 WEST MAIN STREET
ELMSFORD, NY 10523



*** AFTER MAY 17, PLEASE MAIL ALL CAMPER & STAFF FORMS TO OUR SUMMER ADDRESS:
CAMP ECHO LAKE PO BOX 188 WARRENSBURG, NY 12885! AFTER MAY 24, PLEASE CALL US
AT OUR SUMMER OFFICE: 518-623-9635! SUMMER IS JUST AROUND THE CORNER!! YIPPEE!

Camp Echo Lake 2006 Dates

Camp Meds Orders Due	Wednesday, May 24
Staff Forms Due	Thursday, June 1
CEL Baggage Registration Due	Thursday, June 1
CEL Baggage Drop-Off	Sunday, June 18
Camp Echo Lake 2006 Season Begins	Saturday, June 24
Parent Visitation	Saturday, July 15
Sibling Day	Sunday, July 16
Fantasy Camp	Sat-Sun, July 22-23
2005 LIT Alumni Weekend	Friday, August 4-6
Camp Echo Lake 2006 Season Ends	Sunday, August 13
CEL Baggage Pick-Up	Tuesday, August 15
Echo Lake Idea	Tue-Sun August 15-20

