

CAMP ECHO LAKE TRAIL MARCH 2006

As of March 16th, there are 100 days until Summer 2006 begins at Camp Echo Lake!!!



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*SPECIAL NOTE FROM TONY...

In my last clipboard article in the December Trail, I mentioned what a privilege it is to work with the gifted group of camp leaders who make up our Echo Lake Head Staff. It is especially nice at this time to let you know that **Laurie Rinke**, who will be spending her 21st consecutive summer at Echo Lake in 2006, has been named...

Associate Director of Camp Echo Lake.

Since she first arrived at camp in 1986, Laurie has been nothing but a positive force at "The Lake." Rising through the ranks from camper (including being 1992 Mohawk Chieftain) to Cabin Specialist to Group Leader to Program Director to Girls Head Counselor, Laurie has always brought great effort, creativity and love to everything she has done at camp! So this time Echo Lake is passing Laurie a big hug!!!



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New Kids On The Block

More news faces and names at Echo Lake in 2006 include **Andrew Woolf**, who got pumped about camp because twin sister **Jennifer** had already enrolled earlier in the year! Following in the footsteps of her dad Robert, her aunts, uncles and grandparents, **Danielle Grossman** becomes a third-generation camper from the Grossman clan! Another legacy camper and karate expert **Jordan Kaye**, whose dad Howie was a camper during the 70's, joins us this summer at "The Lake." Ironically, Howie came to Echo Lake as a camper with his good friend Ron Getto, whose younger daughter **Isabel Getto** is coming to see what big sis **Erica** has been raving about these last few summers! From Briarcliff Manor comes **Lea Stern**, who is such a super kid and will be a great addition to the UIG's! **Jordan Marks**, hailing from Rye Brook, is a great dose of positive energy and will be an awesome camper, we are sure! Big brother **Michael Volpert** will be joined at Echo Lake this summer by his younger sister **Lauren Volpert**, who, among her other talents, is quite a singer, so we hope to see her on the Echo Lake stage in 2006! **Jack Reiss** is getting pumped for camp and learned about camp when he came to see his older brother **Charlie** at previous visiting days! **Jessica Rothfeld** is so thrilled that her little brother **Eric Rothfeld**, who is just a whole lot of fun, smiles and laughter, is making the move to sleepaway this year – what better place than CEL??? **Ben Kaplan**, an Armonk native, is well-versed in all the Echo Lake details, and is full of enthusiasm as he makes his way to Echo Lake in June. **Alex Glickman**, **Jake's** little bro, is sure to be seen on the ballfields and courts this summer running at full-throttle! Out of Livingston, NJ, come the **Seltzer sisters, Emily and Chloe**, and both just can't wait to be in Warrensburg in June! **Casey Linder**, a super all-around girl from Rye Brook, makes her debut at "The Lake" this summer and we think she is going to flourish at Echo Lake! **Jay O'Donnell** started at camp as an Upper Villager and after two awesome years in the Village and out west on 4n4, he told his sister **Erin O'Donnell**, who will be joining the Upper Village Girls, that it's better late than never to get started at camp! **Jake Henin** told his good buddy **Tyler Nodell** about Echo Lake, and now Tyler is making the move north to the Adirondacks for some warm inner glows! And finally, who knew that Tony's wife Emily would be bringing a family member of her own to camp??? Emily's cousin (and now Tony's cousin, too), **Noah Brook**, will be out there shooting hoops as he becomes a green and gold Echo Laker in 2006! NOW THIS BUNCH IS A CREW WORTH WATCHING!!!

From the Clipboard of Tony Stein...

I was recently in Chicago for the American Camp Association's National Conference, the theme of which was "Partnering with Parents." Like the ACA, I see the concept of "Partnering with Parents" as paramount in everything we do at Echo Lake.

It is a primary goal of the camp experience to provide your children with opportunities to live independently of their parents, learn how to thrive in a community, pick up new skills and experiences and, of course, have tremendous fun. In those experiences for your children, we see ourselves in partnership with our camp parents, playing a role in helping you grow your children into happy and successful grown-ups.

Wendy Mogel, Ph.D., who authored "*The Blessings of a Skinned Knee: Using Jewish Teachings to Build Self-Reliant Children*," was one of the conference's Keynote Speakers. She was also the finest Keynote I have seen in my many years of attending camp conferences. (The book is wonderful, educational and enlightening and I would recommend it to all of our camp parents.) One incident Dr. Mogel shared during her talk was a conversation she had with the Dean at her daughter's college. The Dean, reflecting on the success and failure of freshmen to adjust to college life, remarked that she had always noted that the **students who had gone to summer camp had the greatest likelihood to succeed at college.**

I am not sure if there is greater evidence of the power of summer camp than that statement. What the Dean was saying, in effect, was that summers spent away from home and learning to operate on one's own under the guidance of wonderful role models and leaders - other than one's parents - have a positive lasting impact for children as they become adolescents, and then young adults.

And that is what we - as your partners - hope that Echo Lake provides for you and your children ... experiences that help you shape and grow your wonderful kids into happy and successful adults.

Warm Regards, Tony



There is a point in life, too, when we adults take stock. We look at our successes and are grateful for it. We also look at the bumps in the road and are grateful for what we have learned from them. If we are fortunate enough to have good health, loving friends and family we consider ourselves way ahead of the game. It is truly a time to give back and big-time if we possibly can.

When my dear friend Joan Gordon Langer, actually part of a three generation Echo Lake family, married Marc Levin in September this event received short press in the Trail. They were totally overshadowed by the hoopla and joy that accompanied the nuptials of Tony Stein and his lovely bride Emily Belkin.

To get back to Joan and Marc... They were seasoned adults who had each been married for many years, produced families, were subsequently widowed and, happily, found each other -- they decided to celebrate their union by asking each and every one of their many guests to forego the usual wedding gifts. (Maybe they had all the vases and candlesticks that anyone could want.) But more than that they wanted their marriage to have the special meaning that comes from celebrating a blessed event by giving to others. You can really call it a Warm Inner Glow that comes from making the world a little bit richer by what you bring to it and what you have received from it.

Joan and Marc requested that each guest designate as their ENTIRE wedding gift a contribution to Morry's Camp and to Morry's Camp alone. What a testimony to philanthropy, to the spiritual base of it. What a testimony to romance -- that it stands alone, that it needs no extra material goods because, maybe, love is enough. What a testimony of gratitude that the byways of life brought them to each other.

Needless to say, the coffers of Morry's Camp were SWOLLEN with this bounty. Every dollar goes so far in making a difference not only to its campers but also to the world-at-large because of how these campers now and ultimately make their mark in the world. We were overjoyed at how Joan and Marc's guests related to this. They did so in a truly magnificent way.

We wish Joan and Marc every happiness! Hooray for you! Hooray for Morry's Camp.
Hooray for Echo Lake!
Much love, Amy



Head Counselor Chatter

Theo



'Neath the Pines

Opening Day in Major League Baseball is one of the most exciting days of the year for baseball fans! Sunday, April 2nd is the day that baseball fans around the world celebrate as the New Beginning for their favorite teams. Each team will play 162 games in their regular season and on Opening Day, it is a New Beginning. It doesn't matter how well their team finished last season or how many challenges they experienced over the winter, because with the start of the 2006 season on Opening Day, each team will play their hardest and be the best players they can be for their team.

At the end of the 2005 baseball season, the Chicago White Sox won the World Series for the first time since 1917! The White Sox haven't had an incredibly winning ball club for the last 50 years. After winning the World Series in October, the Chicago White Sox proved to themselves, proved to Chicago, and proved to the world that they could do it! They stuck with it and played their best for 88 years to finally win a World Series championship again! On April 2nd, the White Sox and the 29 other teams will have a New Beginning...a chance to show the world all they have to offer!

A Camp Echo Lake summer season is just like a Major League Baseball season folks! We have a countdown clock on the Camp Echo Lake website that we talked about on the bus on the way up to our amazing Winter Escape to Lake George. The campers on the bus spoke with me about how excited they are for Echo Lake's Opening Day of Summer 2006 with the same excitement and enthusiasm as a White Sox fan! No matter what your experiences were last summer

and no matter what your experiences have been during the school year, we have a 51-day camp season in which each of us will have the benefit of a New Beginning. It will be a fresh start for each of us, as we show our friends, our counselors, and our biggest fans (our parents) all WE have to offer as baseball players, as photographers, as water-skiers, as bunkmates, as hikers, as stage performers, as tribal competitors or even as big brothers and little brothers to other campers, as well as to our siblings!

Campers returning for their second year of camp will return to Echo Lake ready for new counselors, new special events, and the opportunity to be the helpful teammates that welcome new campers to their group! First-time campers will experience the fun activities, amazing new friendships, and warm welcome from the rest of their Echo Lake team who will cheer them on in being their best all summer long! Long time campers, like the Upper Inter Boys, will show all of Boys Camp what it means to be on the Echo Lake team with their positive ATTITUDE, ATTITUDE, ATTITUDE in everything they try at camp, whether it's on the fields, on the stage, in the water, at morning line-up, or in the canteen! The Leaders In Training, or LIT's as we like to call them, will show us just how amazing this 61st season at Echo Lake can be if you put your heart, your effort, and your positive ATTITUDE into it! These guys are coming back to Main Village for their final season of league play at Echo Lake and they are out to prove how much they've learned, how much they've grown and how much they have to offer to all of Main Village and all of Camp Echo Lake as they give us what is sure to be our best Tribal Competition EVER!

We all have a camp season of 51 days to show the world what we can do! Cory Dawson and I just got our tickets this past week for Opening Day 2006! We are going to be right there for the first pitch of the season when the buses come rolling into camp on June 24th and we will be cheering so loudly for all of you, for OUR TEAM...for BOYS CAMP 2006, the best team we have EVER assembled!!! See you there! Theo

Laurie



Gabbing With Girls Camp

Stand up. Speak out. Believe. S.S.B. ...But we'll get back to that in a minute. The latest research on girls' performance and leadership in schools reflects the undeniable success of girls today. In school's advanced placement classes, which admit only the most qualified students, they are often 70 to 80 % girls. This includes calculus and biology. Typically 75% of the high school class leadership positions, including the class presidents, are girls. Presidents, editors, and leaders of school clubs and activities are most often girls and 75% of high school valedictorians are girls. Wow. Do we rock, or what?!

I recently had the honor of hearing two of my favorite authors (two amazing women in their own right) speak about important issues for today's youth. At the American Camp Association's National Camp Conference in Chicago, Wendy Mogel, PhD, author of important, value driven book, *The Blessings of a Skinned Knee*, spoke to a packed house about the stressed out, over anxious, highly pressure filled lives of young people today. Among many profound points regarding stressors young people face, Wendy described an alarming trend in college students as students who could be described as "teacups" and "crispies." These students leave the safety of their home and head off to college so overwhelmed with the pressure to be perfect and so incredibly anxious about the need to overachieve that they are often so fragile and/or burnt out that they cannot even stay

in college for more than a semester or two without falling apart.

Thanks to the generosity of one of our camp parents, Leslie Berger (mother of Zach and Alyssa), I was also able to listen to Rachel Simmons, author of the profound and truthful book *Odd Girl Out* as she spoke to the Woodcliff Lake and Montvale middle school parents, teachers, and students. Rachel names and labels the epidemic of girl bullying and how we, as strong women, have the power to change this ugly and hurtful dynamic. Rachel talks about the need for girls to learn how to identify and be true to your emotions and learn how to talk about them. Rachel spoke about all of us not only finding ways to identify meanness among girls but for all of us to emphatically say "we cannot behave that way" and "you cannot treat me or my friends like that."

It fills me with nothing but pride and joy to know that you diva-tastic ladies are finding success in academics, leadership, and extracurricular activities. Go girls, go! Keep it up! What frightens me for all of you ladies however, is in the midst of all this school related success, are we putting too much pressure on ourselves? Are we forgetting how to find the importance in the lessons of "losing gracefully" and "frustration tolerance?" Did we stop doing what we girls are SO good at, relating well to one another and not hurting each other's feelings? What about the ideas of "we're all in this together" and "together we can achieve anything?" Just when it seems that all hope is lost...the weather begins to warm and we all remember that we are about to spend two months together at camp.

Camp is a place where the female campers and staff can replenish their hearts, minds, bodies, and souls with the life lessons, the people skills, and the self esteem building moments that not only impassion us to succeed in school and hobbies and careers, but also remind us to stand up, speak out, and believe. S.S.B. As a group of girls and women at camp we form a community that encourages us to stand up for what we think is right, speak out for those who can't, and believe in who you are. This summer when you see someone saying something like "it's OK that we did not win that game, we tried hard, worked as a team, and had fun," tell them, "hooray for S.S.B." When you hear someone sticking up for someone whose feelings are being hurt or finding the courage to express how they feel, tell them, "That was a great S.S.B." When you find yourself proud of something you tried for the first time, happy about doing something nice for someone else, or really truly liking, no loving, how you look, sound, feel, move, behave, tell yourself, "It feels great and is important to practice S.S.B." This is the summer of S.S.B. ladies so get ready now.

We are going to spend the summer nourishing our hearts with good friends, challenging our minds with new experiences and improving our skills, trusting and honoring our bodies as the gifts that they are, and feeding our souls with the lessons of being a good person, being good to others, and being good to ourselves. When you see someone doing that, that is S.S.B. and we are going to celebrate it all summer long. That way, when the leaves start to change color in the fall and you go back to being the smart, capable, strong, leaders of your school you will never forget that under all of that, and maybe even more importantly, you are someone who Stands up. Speaks out. Believes. S.S.B. Lots of Love and Hugs to YOU, Laurie

Head Counselor Chatter

JP



The Village Voice

As I type this article in the gray of winter it's hard to believe that camp is just around the corner. I'm not one to complain or anything, in fact we have had a pretty mild winter here in New York but it's still a bit gloomy, cold, and depressing. Everybody needs things to look forward to on the horizon. Camp is one of those things for me right now. It's hard to imagine this past summer now. Remember how hot it was? I remember everyone out on the porches at night just trying to cool off. I'm jealous of those times now!

Camp seems to keep things in perspective for me. It's times like these that really make me appreciate camp for all it has to offer. I hope everyone is staying busy and eagerly awaiting camp on the horizon. The next

thing you will know it will be warm out and the sights and sounds of summer will creep back into our lives. Make a mental note of today so that when you are up at camp sitting on your porch, eating lunch in the grove, or playing tennis with a friend you can look back and smile and be thankful that you are exactly where you wanted to be so long ago. Hold tight Senior Village, camp will be here before you know it.

Stay Gold,

JP



Awards for Camp Echo Lake



Congratulations!

At the ACA National Conference in Chicago, Camp Echo Lake was named a 2005-2006 Spirit Award Winner by Camp Counselors USA (CCUSA). CCUSA is an international camp staff placement agency who helps us find some of our superlative international staff. The Spirit Award is given nationally to only five camp programs

and is in recognition of outstanding camp programs that create positive, supportive and meaningful communities and work environments for staff. The award is based on feedback from both the CCUSA staff and, more importantly, from the staff who have worked at Echo Lake.



Also at Chicago, as noted in the December Trail Newsletter, our very own Laurie Rinke received the Jack Weiner Young Leadership Award for her work creating and chairing the Emerging Professionals In Camping (EPIC) Program. Congrats to LJ!



Laurie with ACA National President, Ann Sheets, at the ACA National Conference in Chicago in February

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Alumni & Staff Happenings



Spanning the World...



Jim Pitofsky is excited to let us know that he accepted the position of Executive Director of Hands On Bay Area, the Bay Area affiliate of the Hands On Network (formerly City Cares), a national organization that supports an innovative alliance of volunteer management organizations across the United States, U.K. and other countries. He also continues to work, on the side, on integrating social issues into mainstream films and television. Keep up the great work Jim!

After working as a staff person on the British Virgin Island of Virgin Gorda for Visions Service Adventures, **Adam Leibowitz**, is backpacking around South America for eight months. He is excited to visit places like Brazil and travel the Amazon river. Bon Voyage Adam!

Barbara Lupovich Ovardia wrote to us to say that she is currently teaching piano and enjoys being the director of the children's theatre group she founded nine years ago. Barbara's three boys are studying political science, music, and commerce respectively. Barbara loves hearing alumni **James Gelfand's** music on the radio (jazz station) --he is so amazing and has many fond memories of the plays at CEL. Barbara feels that most of what she does as a director is based on what she learned from **Greg Suss**!

Big news from **Andrea Goodman and Jeff Ackerman**. ...Andrea had lunch with **Amy Berson** (her former camper) and saw two of her other campers, **Lauren Levy-Weisenthal and Liz Kaplow**, at Morrys Camp's Autumn Elegance event. **Bobby Finkle** is spending a day in Connecticut with Jeff, Andrea, **Dave Abbey and Debbie Goodman**. Andrea and Jeff and Debbie and Dave live on the same street, three doors away! Dave and Jeff were Head Counselors together at Echo Lake in the mid 70's and they often compare the street to the bunkline. Dave and Debbie have son **Jonathan** (16) and a daughter **Rachel** (20) who is a Junior at Lehigh. Andrea and Jeff's daughter **Danielle Ackerman** is teaching at the Windward School in White Plains and working as a Division Head at dad's day camp, Elmwood! Andrea and Jeff's son **Michael** is a sophomore at Vassar majoring in film and works as a group leader at Elmwood as well!

Joel Lieberman is very excited that his niece, **Emma Doremus** (daughter of **Miriam**) will be a camper at Echo Lake this summer. Joel lives in Florida with his wife and three children. They are expecting their fourth child this coming summer. Joel told us that while with his family in Disney World he turned around to find **Marc "Mickey" Gross** and his wonderful family walking by. Mickey emailed us about the same encounter and to say that he, his wife **Pam** and 2 boys **Kyle and Evan**, loved Disney and seeing Joel. It's a "small Echo Lake world" after all!

National Geographic announced that it has acquired the distribution rights to Destination Cinema Inc.'s giant-screen film portfolio and will serve as distributing agent for nWave Pictures' library of giant-screen 3-D films in the Americas. Film industry distribution veteran and Echo Lake alum, **Mark Katz**, has been hired as president of National Geographic's new giant-screen film distribution operation. Amazing!

Liz Kaufman Glozman, cousin of **Jeff and Peter Kaufman** lives in Manhattan Beach, California and is surrounded by CEL alums! Liz made Chanukah plans with **Marshall Soloman**, is in a Chavurah with **Talia and Jamie Resin** and is good friends with **Stuart Gold's** sister-in-law! Liz has triplets that are 7 years old (2 girls and a boy) and a nine month old boy. Liz hopes they will go to camp, because "the experience is unforgettable and unexplainable to those who have not ever gone!"

Daisy Richer told us that **Jen Levy Weiderkher** came up to Montreal in September with her two girls. Jen and Daisy spent time "hanging" with their best Echo Lake pals...**Jen Golfman and Randy Brandman**. All their kids got together and had a blast too...**Lily & Ben, Benjamin & Julia, Jackie & Josh, Lilly & Mia**. How fun!

Craig Alfred emailed us about the fact that he is a student at Tulane. Due to Hurricane Katrina he spent last semester at SUNY Binghamton but in January headed back down South. Be well Craig.

Robyn Zeigler let us know that she works at a Talent Management Company and her boyfriend of three years is in a band that has signed to a label...he will be on Taste of Chaos and the Warped Tours! Robin lives in NYC and plans to convince her friend **Susan Goldberg** to visit camp with her this summer!

Noah Plotnicki told us of his cool CEL college coincidence...Noah attends the University of Wisconsin-Madison and is having a blast! Not only do **Julie Silverstein and Matt Teichner** (both of whom were in Noah's group at camp) also both attend UW-Madison! Even crazier is that Matt and Noah live in the same dorm, and Julie lives across the street...it's the CEL magic that makes that happen.

Andrea Friedman shared the good news that she was promoted to Manager of Patron & Young Associates Programs at The Metropolitan Opera. Bravo!

In a successful operation at Montefiore Medical Center, **Dr Sam Weinstein** repaired an Iraqi teen's heart. Ali Abid Ali, the 14-year-old youngster from Iraq, had been waiting almost his entire life for the surgery. Ali finally was able to get help through an effort coordinated by a U.S. Army Civil Affairs Office in Amman, Jordan, and Gift of Life International, a charity affiliated with the Rotary organization. This program helps to provide heart surgery to Iraqi children unable to have the operations in their own country. Dr. Samuel Weinstein, the surgeon operating on Ali, said that in the United States, Ali's heart problems would have been corrected years earlier. Dr Sam is the director of pediatric cardiothoracic surgery at Montefiore and one of our wonderful camp doctors in addition to being a CEL alum! **Great work Dr Sam!**



Celebrations...

Attending the lovely wedding of **Joan Gordon Langer** and **Marc Levin** on September 10, 2005 were Joan's sons, **David, Robert and Jonathan Langer**, as well as **Adam, Paul and Seth Edelstein, Amy Medine Stein, and Tony and Emily Stein**. Additional guests enjoying the beautiful celebration were several parents of former campers...the **Josephsons, the Saroffs, and the Kamerlings** who are not only parents of former campers but also grandparents of **Sam, Carly, and Allie Stern**. Mazel tov to Joan and Marc and thank you for your incredible generosity on your special day! Mazel tov!



Jennifer Meyer let us know that she married **Gary Newman** on November 5, 2005 wedding in Palm Beach Gardens, FL. Her brother, **Daniel Meyer**, was a groomsmen and her dear friend **Alyse Michaelson-Kelly** was one of her bridesmaids. Also in attendance was **David Delbos**. Jennifer and Gary spent their honeymoon in Capetown, South Africa and on safari in Bostwana before returning to their home in NYC.

On November 13, 2005 to **Melissa Papel**, became, Melissa Moscot, when she married Echo Lake's own **Greg Moscot**! Cheers to the happy couple!

Steve Rotter contacted us to share lots of great news. Steve moved to Laguna Beach from NYC and got married in November. **Jay & Robin Varon** were at the wedding in NYC, as were Steve's three favorite CEL alumni, his children, **Gabe, Emily & Julie**!

Congratulations to **Ellen-Jane Erbstein** who was married recently in Montreal and celebrated by family and friends.

Mazel tov to **Zach Fink** who was recently married in NY. He is a television news reporter in Newark at NJN News.

Robin Shoeman got engaged in May to her college boyfriend, **Chad Doria**, and are getting married July 1st 2006. **Ellen Tobin** who will be a bridesmaid (Ellen, who recently passed the Bar Exam) and brother **Eric**, will help Robin and Chad celebrate.



Jarrold Davis is happy to announce that he will be married on Saturday July 8th at the Colonial Inn in Norwood, NJ with his brother **Eric** in attendance. Jarrold and his fiancé, **Heather**, are planning on spending their honeymoon in Aruba.

Echo Lake Campers 20??...

Mitchell Druckman has is happy hands full. His wife **Lani** gave birth to triplets on September 17th, 2005. The girl's names are **Alexa and Pacey**, and the boy's name is **Ira**. Mazel tov times three!

Lesley Malus Reed is proud to announce the birth of her son, **Max Reed** born November 9th, 2005. Dad, **Allen**, and mom, Lesley live in Washington, D.C and are very excited about their new addition.

Announcing the birth of **Jonah Simon Frimmer**. Born on Saturday December 10th, 2005 at 1:52pm, Jonah weighed in at 8lbs 10 oz at a length of 20.5 inch. Daddy **Ben Frimmer** and mommy **Heather** are overjoyed with their handsome bouncing baby boy and addition to the Frimmer clan! Congrats!

Andrew and Michelle Feifer welcome their daughter, **Julia Nicole Feifer** to the world. Julie was born on December 14th 2005. Another future Echo Laker is born!!!

Hot off the pressess...former Queen of the Jungle and SV Head Counselor, **Caroline Partridge Horner** and her husband **Greg** are thrilled to welcome **Zoe Amanda Horner** to the world! Zoe was born on March 5th, 2006 at 7:23am, weighing in at 7 lbs. 9 oz, 20 inches. Zoe, with the genes you have, you are destined for greatness!



Sympathies go to **Jon Chryk** on the sudden loss of his mother.

Our condolences to the family and friends of **Jim Suskin** who passed away this winter.



It was a dream for Morry...It is a dream come true for children



New and Improved Spring Blast 2006...

*Tomes-Higgins House in Greenwich, CT
 *Sat May 13, 2006
 *7:00 - 10:00pm
 *Band, Dancing, Food, & Fun!
 Go to morriscamp.org

Spreading a Warm Inner Glow...

Sam Schenerman had lots of sports equipment from table decorations at his recent Bar Mitzvah. Sam very generously decided that they are donating all the sports equipment to Morry's Camp.

Many CEL alums are asking their wedding guests to make generous donations to Morry's Camp on behalf of their happy occasions...

Joan Gordon Langer and Marc Levin asked their guests to donate to Morry's Camp instead of gifts and have donated over \$10,000 on behalf of their wedding guests. **David Heller and Hermine Riegerl, Ken Babby and his wife Jill**, and of course, **Emily and Tony Stein** also made very generous donations to Morry's Camp after their happy wedding celebrations.

Last month 2006 Cabin Specialist, **Zach Zelikovic**, organized a Swim-a-thon for Morry's Camp as part of training for his school's varsity swim team. Throughout the weekend the team collectively swam over 24,000 laps and raised \$2,200 to benefit Morry's Camp. Teammate and 2006 LIT **Henry Weinberger** hopes to continue this event for years to come.

"Winter Nights, Summer Dreams" (formerly the Young Professionals Event)

Thursday, March 30, 2006 - 7pm-10pm

Providence - The Triumph Room - 311 West 57th Street New York, NY

Three hours Open Bar, Food, DJ, Amazing Raffles and a Give Away for everyone!

For more Information and to Purchase Tickets Go to www.morriscamp.org



Special Attention for Echo Lake Families with Younger Siblings of Current Campers...

We are switching things up a bit this year to give our younger siblings a bit more special green and gold attention when they come to visit camp this summer.

On Sunday, July 16th, the day after Visiting Day, we will be running Sibling Day, a one-day powerhouse Echo Lake day for younger siblings of current campers who are entering the 1st through 4th grades. Sibling Day will start at 9:00 AM and conclude at 4:00 PM with Sibling Day Graduation. Parents will receive further information about Sibling Day details later in the spring.

Sibling Day will be a great day because it will be a day **JUST FOR YOUNGER SIBLINGS** of current campers (Fantasy Camp, which is for non-sibling prospective campers, will be held later in the summer), so it will be a smaller and more special group!

SENIOR VILLAGE WINTER WEEKEND 2006



We're sure most of you guys saw the pictures of the Senior Village winter weekend on our website and on this page. A picture can say a thousand words but here are a few more. We had a blast! The weather was outstanding, old and new friends were united, and more memories were created. We just wanted to thank all the 60 campers who braved the not so bad elements to have some serious fun up in Warrensburg. We also wanted to thank the staff (Janet Baker, Laura Knapp, Jamie MacDonald, Michelle Rinke, Richie Beaudoin,

Cory Dawson, Matt Jackowitz, & Cade Nethercott) for taking a weekend and spending it with the campers. Your hard work is truly appreciated. We have a feeling next years trip is going to be even better!



Main Village Winter Escape 2006

Three weeks ago Six Flags in Lake George, NY opened The Great Escape Lodge and Indoor Waterpark, a MASSIVE indoor water park and hotel. (Check it out at www.sixflagsgreatescapelodge.com) This past weekend 44 of the Main Village Campers of Echo Lake had a wet, wacky, wonderful time breaking in the awesome new place to play just ten minutes from camp! After over three and a half hours of boogie boarding, lazy river riding, inner tube sliding, and general splashing we settled into the gorgeous and gigantic, Adirondack decorated rooms! After dinner at the Echo Lake Lodge, an "incredible" movie, ice cream sundaes with birthday cake, AND lineup, our heads could not hit the fluffy pillows fast enough. Day two of our winter escape was spent brunching at the Echo Lake Lodge, enjoying a fake Tribal break, walking on a snow filled tour of camp and the new bunks being built in Main Village, ice skating at the Forum, and the coolest activity of them all...WALKING across our lake that was covered with twenty-five inches of frozen ice! Oh, and did we mention, we did this all with our amazing camp friends!! It does NOT get better then that! Thank you to Emily Tinawi, Sari Turner, Richie Beaudoin, Cory Dawson, Matt Jackowitz, & Cory Rothbort for helping the kids fall in love with camp when it's covered with snow. Thank you to all the campers who helped us make a splash on the 1st annual Main Village Winter Escape Weekend! We had more fun then we could possible imagine!!



Staff Bulletin Board

Shout Outs from the Most Amazing Camp Staff Ever...

Hi CEL! I am very busy at school looking for teaching positions in Denver. I'm teaching 7th grade reading and enjoying the rest of college. I hope school is going good for everyone.
–**Megan McCann**, GL '06



UH HUH, UH HUH, OH YEEEAH to Danny, Zack, Ethan, Zach, David and Jared. Miss you all! Looking forward to seeing Funbox and Princess in Leeds!! –**Simon Blondel**, Soccer AS '06

On the 8th of March we (in Russia) celebrate Women's Day. This holiday is widely spread all over our country and it is one of our favorite holidays. So I want to congratulate all the female members of the Echo Lake Staff and Echo Lake winter office with this day! I wish you great summer 2006!
–**Natalia Karpova**, Food Service '06

Amanda Nydell is working as a teaching assistant at a local primary school. I work with 3 and 4 yr olds. They are hard work but the job is very rewarding and the teachers that I work with are fantastic - they have made me very welcome. I am counting the minutes until I can return to camp this summer! –**Amanda Nydell**, CS '06

I'd like to give a shout out to my Upper Village Girls 2005. For those of you who went on the ski trip, I had the best time with you girls! You're all going to be wonderful LITS this summer and I can't wait to see you in June! –**Michelle Rinke**, GL '06

Julie Jackson has settled into her new home for the next 8 weeks at a beautiful place called Cano Palma in Costa Rica. We are surrounded by the jungle and monkeys come hang out in the trees all the time. We are right on a canal that has so much wildlife; including caiman...it's amazing. I've spent my days doing first aid training, learning 86 birds around the area, learning all about the vegetation, the animals, going on hikes through the jungle, walks on the beach and countless other things. We canoe and hike in the national park documenting the effects of tourism. We do 14-mile walks on the beach to see how much Jaguars are preying on the sea turtles. In March we will be tagging sea turtles. And we do so much more. Costa Rica is a beautiful country and I feel so lucky to be here doing the work that I am doing. –**Julie Jackson**, Girls Camp AHC '06

I was accepted to a study abroad program in London for the fall semester. I am going to Goldsmiths College and I am going to be studying theater until December.
–**Emily Tinawi**, GL '06

Matt Riker reports that LA is beautiful. The weather and the sceneries are perfect, you just can't beat it. Things are going well. I landed a job at the mailroom of a big talent management group whose clients include DiCaprio, Cameron Diaz, Justin Timberlake, Dustin Hoffman, Kelly Clarkson, Michelle Branch, Dustin Hoffman, Kate Hudson, and Scorsese, plus tons others. I see famous stars almost everyday, and I love every minute of that. Yesterday, Bruce Willis was next to me at a stoplight, Robert Downey Jr. was standing next to me, Matthew Perry walked by me, Mary-Kate Olsen and Justin Timberlake were at my office, as was Snoop-a-loop (he is a client too). It's very cool. –**Matt Riker**

In an Amazing Race of their own, Jamie MacDonald went to visit her sister **Julia MacDonald** in Europe. Our trip began when we met in London, England; from there, we flew to Barcelona, Spain, and then Rome, Italy and finally Paris France and Dublin, Ireland before returning to Julia's home for the semester in Strasbourg, France. –**Jamie MacDonald**, SV AHC '06

Amy Leopold would like to give a HUGE shout out to **Ellen Berk (mother of Sarah and Jake)** for being the FIRST PARENT to turn in their 2006 camper forms!!! Great job Berk family & thank you!

Campers Corner

Exciting News from CEL's Best and Brightest!!!

Lara Kahan ran into some Echo Lake campers on the slopes in Vermont...Lara saw **Emma and Max Boykin and Mitchell Heifetz**, while up in Stratton, Vermont. She even gave Emma a private ski lesson and says that she was such a pro in the bumps...Lara took her down some of the steepest slopes and she was incredible!



Emma and Ethan Goldstein visited camp recently during a ski trip to Gore Mountain. They really enjoyed seeing the camp with all the snow and ice.

I won a dance competition, and got a gold medal. I am looking forward to Echo this summer! **-Rachel Feldman, UIG '06**

4n4 II 2005 I miss and love you guys so much...LITs 2006-I am so beyond excited for this summer it is going to be incredible and I can't wait! I love all of you so much and can't wait to see you!!! **-Lindsey Hertzberg, LIT '06**

On October 29th, it was my Bar Mitzvah. I am so happy that I saw some of my camp friends. I wish it could be camp forever! I want to say hello to Virginia and all my other friends. See you next summer! **-Alex Myrah, LVB '06**

You never know who you might meet when traveling...on a flight from NY to Montreal, Canada **Laurie Rinke** ran into **Ashley Pollack** and her parents. Laurie got to sit next to Ashley and enjoy the flight to Montreal together. While on vacation in Puerto Rico in December, Laurie bumped into **Shana and Alana Smolinsky** and their parents while out to dinner. The girls told Laurie how much fun they were having on the sunny beach! It's a small world!

Samantha Gold is Maria in the Armonk Theater Arts Workshop performance of Sound of Music in March. Her soccer team also won the Wizard of OS Northern Westchester tournament. Sam did not give up a single goal all day. **-Samantha Gold, LJG '06**

I am going to be in my winter musical Cinderella as Cinderella! I'm SO EXCITED! **-Marissa Rubenstein, UVG '06**

Hi UJG West girls! It is Sydney. I can't wait for LIG'S 2006. It's gonna rock - **Sydney Bibicoff, LIG '06**



They shoot, they score! **Cory Oringer, Mitchell Heifetz, Andrew Giles, and Scott Ostrin** rip up the rink!!!

Athletes extraordinaire, **Lisa and Sydney Kapelus** are in soccer and basketball season, and just back from South Africa! Sydney recently made the Manhattan Soccer Club "A" team for U-9 Girls, and both girls are playing soccer and/or basketball four times a week!!!

Jenna Libson and I decided that gin rummy was too boring, so we made up a more difficult form of it that we could play at night called JEN rummy because we have cool names. It was enjoyable. Instead of having to get 3 cards of the same suit & 4 cards of the same suit you have to get 7 in a row of the same suit! It's intense. You should definitely spread it around. **-Jenna Reichenbach, UVG '06**

Hey guys! Just wanted to write a little note saying how much I miss everyone and how excited I am for the up coming summer! OMG, I can't wait everyone is going to have another amazing time! Can't wait for June...4n4 '06 LOVE U TO DEATH! **-Shelby Jackowitz, 4N4 '06**

A week ago there was a basketball tournament for 4th grade through six. I got second place and I was the only 4th grader. I can't wait till camp! Peace. **-Caroline Katz, LIG '06**

I want to give a shout out to 4N4 2006 I LOVE and MISS you all SO much! Winter weekend was incredible. I miss everything about camp so much! As of today (February 21) there are 123 days until CAMP ECHO LAKE summer 2006! Hang in there... it will come before you know it! **-Sammy Weiss, 4N4 '06**

I had a sleep over with some of my camp friends. They are Sydney, Annabel, and Becky. We had so much fun! I can't wait for camp. **-Andie Migden, UJG '06**

I was in Florida for Feb. vacation. I met up with Emily, Shelby, & Mel at the Boca Beach Club, which was so much fun. I'm excited for summer 2k6 **-Rachel Pecker, 4n4**

This weekend I went to Montreal. I saw Jennifer Udashkin and Julia Finkelstein and had the best weekend of my life. I can't wait for LITs 2006! **-Briana Tanzer, LIT '06**

On January 7, I had my Bar Mitzvah. It was great. Then in February, I went sledding and broke my collarbone. Now I have to wear a sling until it heals. The good news is that my dad was videotaping some of the runs and that happened to be one of them. So, now I get to look back and see myself crash. It was cool. **-Ben Berger, LVB '06**

Hi everyone! I miss everybody so much and I can't wait for June to come!!! Hope everyone is having a great time! **-Rachel Neuburger, UJG '06**

I'm participating in a Muscular Dystrophy Fundraiser for my Demo Team in Tae-kwon-do. **-David Weinstein, LJB '06**

I received the 4n4 packing list & itinerary today. I can't efficiently describe the anticipation I have for 4n4! It's all I can think about & I have plenty of time to do so while I'm spending at least 6 weeks in bed with a broken leg from cheerleading. I won't be skiing for the rest of the season, however I was able to attend the Winter Weekend & that trip definitely ended my season on a good note. All my love to 4n4 06. (only 122 days!!) **-Rikki Gothelf, 4N4 '06**

On Feb. 11th I had a birthday party and some of my friends from my group slept over. **Jake Sussman, Jordan Salant, Ethan Salant, and Matt Levy**. **Josh Landman** got stuck out on LI. It was the weekend of the big snowstorm and everyone got stuck. It was the longest sleepover ever. Since Willy Wonka Max has been bitten by the theatre bug. He tried out for Music Theatre of Connecticut's production of Your a good Man Charlie Brown and played Linus. He then tried out for a show called Working which is a musical with the music written by James Taylor and he is the youngest performer in the show. He discovered this part of himself at camp and it really is a wonderful thing. **-Max Freedman, LIB '06**

Shelby and I are in Florida together and it's been really fun! We went to visit Mel and Rachel today and it was great seeing them. We can't wait for this summer and to be on 4n4 with everyone it's going to be awesome! We miss everyone and are counting down the days till camp! Shout out to our 4n4 guys n girls we love u and are so excited! **-Emily Keisman, 4N4 '06**



Bari Hirschberg spent her winter vacation in Israel with some other Echo Lakers. **Brett, Bari, and Dean Hirschberg, Lauren and Justin Weissbrod, and Jason Sherry** had an amazing time in Israel and on the plane ride home we happen to be on the same plane as **Jay and Sammi Tompkins**.

I miss everybody so much! I recently got locked out of the ice rink that I was going to have hockey practice in at 7 AM. So my team ended up running around the parking lot chasing each other, blasting stereos from cars, and trying to break into the rink. It didn't work. Oh well. LVG's '06 are gonna rock our world! **-Rachel Catanese, LVG '06**

Lily Mars took a break from snow boarding and recently went to Florida. In the airport she saw Jackie Katz! **-Lily Mars, LIG '06**

AT HOME DO - IT - YOURSELF ACTIVITY AREAS

The Art of Camouflage



Animals and people hide things for various reasons. Animals in nature hide their young to protect them from predators. Pirates hide stolen treasure to protect it from being stolen yet again. One of the most effective ways to hide something is by camouflaging it. In this

project, you will get to explore how to use camouflage in making art.

Camouflage is the “art of concealment.” It involves disguising an object, in plain sight, in order to hide it from something or someone. We generally think of camouflage as being used during war. Soldiers often wear special camouflage clothing and smear mud on their faces at night to become less visible. But, camouflage exists in many other forms in the natural world. A chameleon, for instance, changes color to blend in with its environment. A white polar bear is hard to see on an ice hole, as is a striped zebra in the African bush.

Animals basically use one of two methods to conceal themselves in nature: general resemblance and special resemblance. With general resemblance, animals use color to blend in with their habitat so that they’re almost invisible. Besides chameleons, other animals that use color to match their surroundings include hares, tree frogs, flounder fish, grasshoppers, and lizards.

With special resemblance, animals use a combination of color, shape and behavior to help them appear like something in their habitat. They are simply mistaken for something else. The walking stick is a great example. This insect becomes almost invisible due to the shape of its body, its coloration and its slow movement. It looks and acts just like a twig on a bush or tree.

Some animals have special markings that help to disguise their shapes. The zebra, for instance, has markings that run off its edges into the background. This feature allows the zebra to fade into the background so successfully it’s difficult to see its overall shape. Just imagine how confusing a herd of zebras must be to a predator.

Other animals that use special resemblance to conceal themselves include giraffes, leopards, praying manatees, snakes, butterflies and moths, caterpillars, and spiders.

Materials You Need: assortment of construction paper; old science or nature magazines with pictures of animals, insects or reptiles; scissors; an assortment of textures cut from magazine illustrations; glue sticks; and colored markers.

The Project: Making your own “camouflage art” is easy. Here’s how:

Go through old science or nature magazines in search of cool pictures of animals, insects or reptiles. Choose one of the pictures and carefully cut away the background so that only the animal remains.

Next, glue the picture on a similar color of construction paper. Decide whether you will use general resemblance or special resemblance to camouflage your animal.

Then create an environment that your animal will feel safe to be in. You can use colored markers, colored construction paper and/or textures cut from magazine illustrations to create your animal’s habitat.

When your picture is finished, show it to a family member, classmate or friend to see if they can easily find the animal in your picture.

Artistically Yours,

Sara Gold, Fine Arts Head Specialist

Hey guys,

Here are just a few tips to keep up your golf skills before summer ’06 at the lake! First of all, any chance you get to either go down to your local golf course or the range, do it. Practice makes perfect at this sport and getting a ‘feel’ for the game while your young will help improve your skills no end. Pete and I played as much as we could when we were younger and we still do today, so either ask your folks to take you out golfing or if you ever get a chance to go with school, then this will be so helpful for your all round game. Secondly, try and watch the pros on TV, the likes of Tiger Woods are on every week and those no better man to learn off than this guy – he’s the daddy of them all!!! Just watch the little things that he does whilst playing and you’re bound to improve. Finally, try and get involved with a local club. Golf clubs tend to really welcome juniors and the pro will give you all the hints and tips you need. Keep golfing everyone and we can’t wait to see you all again this summer!

Lots of love,

John and Pete Borley, Golf Head Specialists



FUN WITH FINE ARTS!!!

GLORIOUS GOLF!!!

AT HOME DO - IT - YOURSELF ACTIVITY AREAS

STUPIDOUS SWIMMING!!!



I know, I know – you’re saying that it’s hard to imagine swimming at camp in the pool or the lake when you look outside your window

and see ice and snow! But in just three short months you’ll be hopping off the bus and getting ready for another fun-filled summer of swimming at Echo Lake, so it makes sense to spend some time getting ready for the water.

Fortunately, it doesn’t take much time to improve your skills so you will be able to get the most out of your lessons and free time at camp. Two or three times a week is more than enough to get the ball rolling. I would recommend that you ask your parents to get you a good pair of goggles so that swimming in the pool at home will be easier – especially if your eyes are sensitive to chlorine. You won’t need a lot of pool time to see significant improvement – each workout can be done in less than forty minutes.

Concentrate on the basic strokes: front crawl, back crawl, and breaststroke. Start out slowly! Work on your kick for three laps for each stroke – your local pool at home is sure to have kickboards available for lap swimming. Then put a leg float between your legs (they go above the knee!) and do three laps of each stroke using only your arms. Get ready, this is hard work! Now put it all together - three laps of each stroke with arms and legs. You will find that your endurance will increase rapidly.

If you can, enroll in a Red Cross swimming course at your community center. You’ll be way ahead when you get to camp and we will be able to help you even more! If you are between the ages of twelve and thirteen, ask your Red Cross office about Guard Start – a junior life guarding course. If none are available, don’t worry, we teach this at camp, and it is very popular.

One last thing –have fun and enjoy yourself! You don’t have to have Olympic level talent to become a good swimmer –it just takes patience and practice! I can’t wait to see all of you in June,

Terry Begly, Waterfront Head Specialist

What’s Cooking in My Kitchen?

Hey everyone! Forget about me...What have you been cooking in YOUR kitchen?????

If the answer is a lot -I’m very proud of you! You deserve a fuzzy! If it’s nothing, then you’re rusty and it’s that time again to get out your measuring spoons, mixing bowls and oven mitts. This is another delicious recipe for something we have yet to make together...m-m-m-m-muffins.

Muffins are great because you can really eat them at any time of the day or night! I like to make some regular size ones, as well as, miniature ones, because there always seems to be enough extra batter to make these two-bite tasters. Yummy for your tummy! This is a family favorite (there are so many!) which disappears faster than I can say, “There’s no place like camp!”

Rise and Shine Poppy Seed Muffins

- 2 cups all purpose flour
- 1/4 cup poppy seeds
- 1/2 teaspoon salt
- 1/4 teaspoon baking soda
- 1 cup sugar
- 1/2 cup butter or margarine, softened
- 2 eggs
- 3/4 cup sour cream
- 1 teaspoon vanilla

Oven Temp 375

Grease tin/use 12 - 3 x 1 1/4 inch (3 1/2 to 4 ounce) muffin cups

In a small bowl, stir together flour, poppy seeds, salt, and baking soda. In a large bowl, beat sugar and butter with electric mixer for 2 minutes. Beat in eggs, one at a time, until blended; beat in sour cream and vanilla. Gradually beat in flour mixture until well combined. Spoon batter into prepared muffin cups; bake 15-20 minutes, or until a cake tester/toothpick inserted in center of one muffin comes out clean. Remove muffin tin or tins to wire rack. Cool 5 minutes before removing muffins from cups; finish cooling on rack. Serve warm or cool completely and store in an airtight container at room temperature. These muffins freeze well. Bake 17 minutes for large muffins; 12 minutes for mini muffins

Tips: It’s difficult to resist freshly baked muffins, and they’re best when eaten right away. Always refrigerate muffins that contain cheese, and refrigerate all muffins during hot summer months. Most muffins also freeze well. To reheat muffins, wrap them in aluminum foil. Heat room temperature or refrigerated muffins at 250° for 5 to 10 minutes; heat frozen muffins at 350° for 15-20 minutes.

Snapple Fact # 74: You share your birthday with at least 9 million other people in the world.

BTW-If there are any parents, counselors or campers that have a favorite easy recipe which they think everyone else would love to make & of course, eat at camp this summer (that doesn’t take hours of preparation!), please share it with me at rpearl@videotron.ca. Watch out for my next Trail’s scrumptious recipe dedicated to the Trek Staff!

Bon Appetit!
Renee Pearl-Sigler, Cooking Head Specialist



WHAT'S COOKING IN THE KITCHEN???



Meet Your Summer 2006 Head Staff...

Assistant Head Counselor Girls Camp



Name: Julie Jackson

Age: 27

Years at Camp: 6

Hometown: Cincinnati, Ohio

Looking forward to at Camp: I'm so excited to see the returning campers & to meet the new campers. I love how supportive & excited everyone is & I'm anxious to get back to that amazing camp environment. I can't wait to give my first fuzzy of the summer!! I also am excited to share with everyone the wonderful experiences I've had in Costa Rica working with animals.

Favorite Camp Memory: As a GL for the LIG '03, we went on our 'Big Trip'. Halfway through the trip we were surprised to find out that...we were going to go to the American Idol concert! It was so amazing to see all the campers (and staff) get so excited for the show! We had such great campers and staff that the trip went off without a hitch. It truly was a great experience.

Assistant Head Counselor Boys Camp



Name: Cory Dawson

Age: 26

Years at Camp: 5

Hometown: Ottawa, Ontario

Looking Forward to at Camp: I'm looking forward to being back in main camp, morning lineup and the first big rain storm so I can do some mud-sliding (after four summers I have yet to give it a try).

Favorite Camp Memory: It's hard to pick just one, but I loved Group Sing with the UVBs in 2004 and both trips to Cooperstown were a blast!

Assistant Head Counselor Senior Village



Name: Jamie MacDonald

Age: 25

Years at Camp: 5

Hometown: Halifax, Nova Scotia

Looking Forward to at Camp: I look forward to working with JP again and implementing decisions that will make summer 2006 unforgettable! It is exhilarating to have the opportunity to form relationships and contribute to the success of so many people, both campers and staff, in such a short period of time. There is nowhere I would rather spend my summer!

Favorite Camp Memory: Traditional camp events like Tribal, Group Sing, and the theatrical performances are always favorite memories of mine because I know how much they mean to everyone. Some of my favorite camp memories from last summer include the times when I plugged into activity areas, and when I shared one-on-one conversations with campers and staff.

Program Director



Name: Clive Hickson

Age: 46

Years at Camp: 15

Hometown: Edmonton, Alberta, Canada

Looking Forward to at Camp: Two main things in 2006. First, I am excited to be working with the program staff again in providing a program that is both challenging and lots of fun for all the campers. Second, I am really looking forward to working with the activity staff to ensure that their activities are planned and taught so that campers improve in their skills.

Favorite Camp Memory: My favorite memory comes from my very first year at camp. I can still remember my first time seeing the camper buses driving into camp. As the buses rolled in, horns were blaring, lights were flashing, and camp was beginning. It sent shivers down my spine!

Program Coordinator



Name: Cade Nethercott

Age: 27

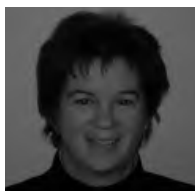
Years at Camp: 3

Hometown: Denver, CO & Jackson, WY

Looking Forward to at Camp: More glorious fun under the sun (I hope I see a bit more of it this year and get my rear end out of the office)!!

Favorite Camp Memory: The Gravy Baby.

Program Specialist Off - Site Programs



Name: Jill Hickson

Age: 42

Years at Camp: 12

Hometown: Edmonton, Alberta, Canada

Looking Forward to at Camp: Finding new and exciting trips and places for the campers to explore!

Favorite Camp Memory: I love camp, and the memories from the summer last throughout the long, cold winters here in Alberta. You can imagine the looks people give me when I start humming the 'Chicken Patty' song in the supermarket - our yelling 'marble call' when Crazy Frog comes on the radio!!

Program Specialist Girls Camp



Name: Katie Mastromattei

Age: 25

Years at Camp: 4

Hometown: Windsor, Ontario Canada

Looking forward to at Camp: I can't wait to see the rest of the program staff and start planning an amazing summer. I can't wait to see my friends from the past few summers, and I really can't wait to see the girls of girls camp come off the bus and hug each one of them!

Favorite Camp Memory: The Friday Night Services that I was fortunate enough to participate in as a GL. I will never forget sitting on the stage, looking out at my girls & just being so overwhelmed with sadness over the summer coming to an end, but happiness because of the memories & friendships that I formed.

Program Specialist Boys Camp



Name: Richard Andre Beaudoin

Age: 24

Years at Camp: 5

Hometown: Welland, Ontario

Looking Forward to at Camp: Morning line up, possibly a new Girls Camp Richie B theme song (hint, hint), chicken patties, finally getting Tim Hickson back for '02, Cory Dawson as Boys AHC, fabulous evening programs, campers smiling faces, lost teeth but most important the ENERGY of BOYS CAMP 2006!

Favorite Camp Memory: Singing Little Shop with Laurie on stage and the fab feedback, Tim Hickson cheating & being caught on video, seeing the buses roll in for the first time in '02, vote for Ruth, Ride the Pony with the LITs of '05 & Clive after fireworks, every second of every day at the Lake is a great memory.

Program Specialist Senior Village



Name: Matt Jackowitz

Age: 23

Years at Camp: 15

Hometown: Livingston, New Jersey

Looking Forward to at Camp: Getting another summer to hang out with Nelson!!

Favorite Camp Memory: No contest...Mohawk Sachem Hoops 1999! It was a classic! M and an O and an H and A and a W, K.... MOHAWK!!



Those Senior & Main Villagers who had a chance to join us for the very awesome Senior Village Winter Weekend or Main Village Winter Escape got a sneak peek at the goings-on in Warrensburg. They got to hear about the major plans for the Echo Lake waterfront, including our **Brand New polydock system and boating area** (after which they got to run around the lake). The 2006 LIT's were treated to a glimpse of the construction of the new **LIT Lounge**, located directly next to the admin. It is a **HUGE** and **COMFORTABLE** new space for the LIT's that they can use for meeting space, and a great place just to chill a little during some of their downtime. Also included in the tour was a look at the new **Bunk 9**. Bunk 9 completes our Boys Camp Cabin Renovation and we also are adding two new cabins to Girls Camp, **Bunks 38 and 40** located at the bottom of Girls Camp.

As soon as the snow melts, work will commence on our **three new Main Village Tennis Courts**. As tennis maintains its popularity at Echo Lake, as always, we are excited to upgrade these three tennis courts on camp, thus providing us with 16 hardtop courts – six of which are lit – and all in tip-top shape!

And don't forget about **Baggo!** (Baggo??? What's that???)

KINGS AND QUEENS AND BISHOPS TOO...WANNA WISH THE BEST TO...

CAMPER BIRTHDAYS...

Leigh Wolfson	3/13	Amanda Wolfson	4/7
Matt Levy	3/14	Adam Haber	4/7
Grant Bronfman	3/14	Andrew Glaser	4/8
Matthew Goldstein	3/15	Jacob Spitzer	4/9
Alex Cohen	3/17	Zach Gold	4/9
Brooke Gerstman	3/17	Jake Morris	4/11
David Kabakow	3/17	Andrew Jacobs	4/12
Harrison Ehrlich	3/18	Julie Zucker	4/14
Logan Jaffe	3/18	Katie Glick	4/15
Caroline Katz	3/19	Matthew Holtz	4/16
Danielle Weinstein	3/20	Russell Feldman	4/17
Natalie Karafiol	3/21	Daniel Bernstein	4/17
Jordan Glick	3/22	Jordan Weinberg	4/18
Jessica Rothfeld	3/22	Josh Aronson	4/18
Jarett Bienenstock	3/23	Noah Tucker	4/18
Daniel Gross	3/23	Shelby Jackowitz	4/19
Arielle Chaifetz	3/25	Taylor Cohen	4/19
Shana Smolinsky	3/25	Oliver Goldstein	4/21
Emily Lester	3/25	Eli Goldman	4/21
Robert Lowe	3/26	Jenna Libson	4/22
Sasha Chaifetz	3/27	Darren Lane	4/23
Charlie Friedfeld	3/27	Lauren Freedman	4/24
Bryan Schwimmer	3/28	Ali Chalfin	4/24
Zachary Hurwitz	3/29	Emma Goldstein	4/25
Melanie Jacobs	3/30	Rachel Leopold	4/25
Gresa Matoshi	3/30	Jeremy Berney	4/26
Michael Ascher	3/30	Todd Levy	4/27
Jared Katz	3/31	Ethan Geron	4/29
Sophie Nobler	4/2	Emily Jerris	4/29
Ethan Berman	4/3	Daniel Parker	5/2
Samantha Ferleger	4/3	Adam Parker	5/2
Max Klafter	4/5	Corey Begly	5/2
Josh Kaufman	4/5	Jake Glickman	5/3
Marisa Haber	4/7	Julia Haber	5/3

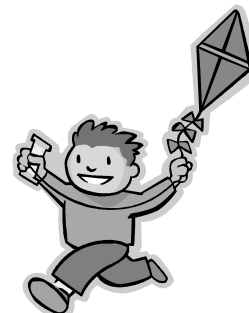
STAFF BIRTHDAYS...

Theodore Church	3/13
Laurie Rinke	3/14
Emma Neville	3/14
Jamie Adams	3/16
Peter Borley	3/17
Richard Lee	3/19
Amanda Nydell	3/20
David Mellor	3/25
Natalia Artamonova	3/29
Stacey O'Meara	3/30
Jason Weidman	4/2
Cathy Schloss	4/2
Elizabeth Bezgin	4/3
Matthew Fields	4/6
Matt Jackowitz	4/10
Tony Stein	4/11
Ryan Griffin	4/16
Flip Biddelman	4/16
Emily Tinawi	4/22
Ally Begly	4/23
Terry Begly	4/24
Laura Hutchison	4/25
Michelle Rinke	4/26
Amber Tanis	4/28
Cassandra Heath	4/28
Sarah Heffernan	4/29
Andrew Smith	5/2
Cory Chipman	5/8
Danielle Smith	5/9
Amy Thibeau	5/12
Rachel Thibeau	5/12



HAPPY BIRTHDAY TO YOU...UH UH!!!

CAMP ECHO LAKE
3 WEST MAIN STREET
ELMSFORD, NY 10523



*** REMEMBER TO MAKE AN APPOINTMENT FOR YOUR CHILD'S PHYSICAL RIGHT AWAY!
ALL CAMPER FORMS ARE DUE MAY 1ST!

Camp Echo Lake 2006 Dates

New Parent Night

All Camper Forms Due

New Camper Picnic

Camp Meds Orders Due

CEL Baggage Registration Due

Camp Echo Lake 2006 Season Begins

Parent Visitation

Sibling Day

Fantasy Camp

2005 LIT Alumni Weekend

Camp Echo Lake 2006 Season Ends

Echo Lake Idea



Wednesday, April 5

Monday, May 1

Thursday, May 4

Wednesday, May 24

Thursday, June 1

Saturday, June 24

Saturday, July 15

Sunday, July 16

Saturday-Sunday, July 22-23

Friday-Sunday, August 4-6

Sunday, August 13

Tuesday-Sunday, August 15-20